

PRE-TRAVEL CHECKLIST REQUIRED OF

ALL UMMS LEARNERS ABROAD.

University of Michigan Medical School

GLOBAL REACH

Please print name: _____

Position (e.g. student, trainee, faculty): _____ Year Started (student/trainee): _____ Dept: ____

Destination (s): _____ Travel dates: _____

Support for Travel from Global REACH requires obtaining a virtual 'travel badge' by submitting the following attestation:

I have completed the following steps in preparation for my upcoming trip:

- required on-line learning module, readings, and quiz
- Watched the [online video](#) of students' challenges in low-resource settings. (required for students, optional for others)
- Made specific plans to learn about, avoid, or mitigate challenges I may face in the setting where I will be visiting (i.e. reviewed my destinations on the [CDC Travel Site](#) and [U.S. State Department Travel Site](#))

Reviewed the *Pre-Departure Timeline, PEP Memo & Flowchart* and completed the following items:

- Travel Clinic-Recommendations (e.g., immunizations, malaria prophylaxis)
- Reviewed the HIV Post-Exposure Prophylaxis (PEP) Memo and discussed my risk/need for a plan with UMMS mentor or Global REACH team. (Note: PEP must be initiated within two hours of exposure!);
- Obtained Passport and Visa (if necessary)
- Entered my trip in the UM Travel Registry
- Purchased HTH Travel insurance
- I have reviewed and hold a copy of *General Emergency Protocols for UM Travelers*
- Developed a plan and time line to ensure IRB approval is obtained prior to travel (if necessary).

Discussed my travel plans and associated risks with my family and loved ones

Developed and shared a communication plan including regular contact after arrival and throughout my travels with someone in the U.S. who can always reach me through various means (e.g. phone numbers, social media such as WhatsApp, WeChat, email, etc)

Signature _____

Date _____