Local Resources for Older Adults in Washtenaw County

This resource database provides a list and description of services available in Washtenaw County to older adults and their families. It is organized by types of assistance.

If you do not see the category you are looking for, use the Find function (CTRL+F) to search for keywords.

Michigan Medicine Geriatrics Center does not endorse any of the services listed on this website. It is intended to be as comprehensive as possible. We apologize in advance for any omissions or errors.

Please contact us at (734) 998-9353 to suggest changes.

Types of Assistance

- Adult Day Care / Respite Services
- Counseling / Mental Health
- Education
- Emergency Services
- Financial Assistance
- Health Services – Alzheimer's Disease/ Memory Loss
- Health Services – Dental
- Health Services – Geriatric Health Assessment
- Health Services – Health Care Organizations
- Health Services – Hearing and Speech Impairment
- Health Services – Hospice & Palliative Care
- Health Services – Hospitals
- Health Services – Low Vision and Blindness
- Health Services – Outpatient Services
- Home Care
- Home Maintenance
- Housing – Independent/ Assisted Living/ Alzheimer's
- Housing – Nursing Homes
- Information / Referral / Advocacy
- Insurance Assistance
- Legal Assistance
- Meals
- Physical Fitness
- Senior Centers
- Support Groups
- Transportation
- Volunteer and Employment Opportunities
Many assisted living and nursing facilities offer respite care based on availability. Be sure to inquire at the specific facility.

Many home care agencies offer respite care in the home; also check with them.

Area Agency on Aging 1B (Livingston/Washtenaw County)
Website: aaa1b.org/caregiver-resources/adult-day-programs/
Address: 29100 Northwestern Hwy., Suite 400, Southfield MI 48034
Toll Free: (800) 852-7795
TTY: Michigan Relay (800) 649-3777
Fax: (248) 262-9971
Services: A directory of selected adult day care programs in Washtenaw County. For additional help finding an adult day or respite care program nearby, call the toll free number.
Hours: Information and assistance: Monday - Friday 8 am - 5 pm
Fees: Call individual programs for current rates; discounts may be available. Some programs have eligibility requirements.

Catholic Social Services of Washtenaw County - Volunteer Caregiver Respite (VCR)
Website: www.csswashtenaw.org
Phone: (734) 971-9781 press 8
Services: Trained volunteers provide in-home companionship visits for homebound Washtenaw County older adults, 2-4 hours per week. Client must be at least 60 years old. No medical attention or assistance with toileting available.
Hours: Scheduled visits of 2-4 hours per week.
Fees: No fee; donations accepted.

Chelsea Retirement Community - Respite and Short Stay
Website: umrc.com/communities/chelsea-retirement-community/respite-short-stay/
Address: 805 West Middle Street, Chelsea Michigan 48118
Phone: (734) 433-1000 ext.7404
Services: The Respite and Short-Stay Programs provide assistance with everyday tasks, physical therapy and rehabilitative services in Towsley Village (memory care) or Glazier Assisted Living.
Hours: Stays of 30 days minimum up to 6 months.
Fees: Call for current rates.

Dottie Crim Adult Day Care and Education Center - EHM Senior Solutions
Website: ehmsolutions.org/service/adult-day-care/
Address: 200 Brecon Drive and 101 Brecon Drive, Saline MI 48176
Phone: (734) 429-1155
Email: marketing@ehmsolutions.org
Services: Housed in the Memory Support Center and Brecon Village, Adult Day Care Service provides secure environments with specially trained staff to offer daily recreation, social support, and individually-based activities. Overnight respite is available.
Hours: Adult Day Care Monday – Friday; Overnight Respite Care – 7 days a week.
Fees: Call for current rates.
Hillside Terrace
Website: www.hillsideterrace.net
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Services: Respite care in independent, assisted-living, and enhanced memory apartments. LGBT-friendly.
Hours: Based on availability.
Fees: Call for current rates.

Jewish Family Services of Washtenaw County - Caregiver Assessment, Respite, Education & Support (CARES)
Website: jfsannarbor.org/cares/
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Respite care includes COMPANION CARE -- meal preparation, companionship, household chores, errands and SKILLED CARE -- bathing, dressing, dementia care, chronic condition care.
Hours: Vary. Limited to 24 hours during a 90 day period.
Fees: No fee.

Jewish Family Services of Washtenaw County - Friendly Visitor Service
Website: jfsannarbor.org/transforming-aging
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Screened volunteers, matched and trained, meet once per month (or more if agreed upon) with older adults in their homes to participate in activities ranging from playing board games, sitting and chatting, taking walks or going on short outings.
Hours: Vary.
Fees: No fee.

Linden Square
Website: linden-square-assisted-living-center-saline-michigan/
Address: 650 Woodland Drive East, Saline MI 48176
Phone: (734) 429-7600
Fax: (734) 429-7617
TTY: Michigan Relay (800) 649-3777
Email: lindensquarealc@heritagepmi.com
Services: Adult Day Care ranges from a few hours to overnight and includes medication assistance, structured activities, snacks and/or meals, and quiet space as needed. Respite care available for a week or a few months.
Hours: Provided hourly to monthly.
Fees: Call for current rates.
PACE (Program of All-Inclusive Care for the Elderly) - Huron Valley
Website: www.HuronValleyPACE.org
Address: 2940 Ellsworth Road, Ypsilanti MI 48197
Phone: 1 (734) 572-5777
TDD/TTY: 800-649-3777
Email: info@hypeace.org
Services: Adult Day program and respite care for enrolled participants. Eligibility is based on medical criteria. Must be 55+ or with disabilities and live in the service area. Transportation provided.
Hours: Varies according to services provided. Office open Monday - Friday 8:30 am - 5 pm
Fees: No cost if on Medicaid and Medicare. If on Medicare only, responsible for portion of cost. Call for additional information.

St. Louis Center
Website: stlouiscenter.org
Address: 16195 Old U.S. 12, Chelsea MI 48118
Phone: (734) 475-8430
Fax: (734) 475-0310
Email: mail@stlouiscenter.org
Services: Respite care for individuals 5-70+ with intellectual/developmental disability and cognitive impairment. Typical stays are 2-7 days.
Hours: Call for availability
Fees: Private pay if no CMH respite hours available.

St. Joseph’s Village - Ann Arbor & Ypsilanti
Website: www.trinityhealthseniorcommunities.org/st-josephs-village
Address: 5341 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-1610
Services: Respite care available. Ninety (90) day minimum for independent living; 6 month minimum for assisted living.
Hours: Based on availability. Office 8:30 am - 4 pm
Fees: Call for current rates.

Silver Club Memory Programs - Michigan Medicine
Website: https://michmed.org/silver-club-memory
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, MI 48105
Phone: (734) 998-9352
Fax: (734) 998-9340
Email: GerMedSilverClub@umich.edu
Services: Recreational and therapeutic day care services for older adults with mild and moderate memory loss. Activities include exercise, music, gardening, art and socialization. Interview required to determine eligibility. Early stage memory loss programs also available.
Hours: Monday through Friday 10 am - 3 pm. Early stage memory loss programs meet one day a week: call for information.
Fees: Hourly rates based on ability to pay.
Silver Maples of Chelsea
Website: silvermaples.org/living-options/short-stay/
Address: 100 Silver Maples Drive, Chelsea MI 48118
Phone: (734) 475-4111
Email: info@silvermaples.org
Services: Short term respite stays in The Meadows assisted living residence. Includes social and recreational activities, art, musical and intellectual interests. Based on availability.
Hours: One week minimum for overnight respite. Office: Monday - Friday 8 am - 5 pm
Fees: Call for current rates; prepayment required with refunds as appropriate.

Superior Woods Healthcare Center
Website: www.savaseniorcare.com/superior-woods-healthcare-center
Address: 8380 Geddes Road, Superior Twp. MI 48198
Phone: (734) 547-7600
Services: 24 hour respite care in both assisted living and nursing facilities. Medications can be monitored. Language Assistance Services available to those with limited English proficiency.
Fees: Call for current rates.

The Oaks Adult Day Care - Catholic Social Services of Washtenaw County
Website: www.csswashtenaw.org/
Address: Arbor Bridge Church, 2500 S. Main Street, Ann Arbor MI 48103
Phone: (734) 662-4001
Email: theoaks@csswashtenaw.org
Services: Recreational and therapeutic programs and activities for older adults with cognitive, physical, or mental disabilities.
Hours: Monday - Friday 7:30 am - 5:30 pm
Fees: Hourly rate, sliding scale fee if eligible.

University Living
Website: https://www.provisionliving.com/locations/ann-arbor/
Address: 2865 S. Main Street, Ann Arbor MI 48103
Phone: (734) 669-3030
Services: Brings people together in a supportive, inspirational and educational environment; promotes new skills for daily living. Respite Care program assists families when short-term care is needed.
Hours: Open 24 Hours; 2 week minimum and 2 month maximum.
Fees: Call for current rates

VA - Home and Community-based Care (HCBC)
Website: www.annarbor.va.gov/services/ecrc.asp
Address: Extended Care Center, First floor, Room F149, 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll Free: (800) 361-8387
Services: HCBC program offers adult day health care and respite care for veterans along with various home health services.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Varies according to income and/or military service-connected disability.
**COUNSELING / MENTAL HEALTH - rev Jan 2020**

**Ann Arbor Center for Independent Living**  
Website: [www.annarborcil.org](http://www.annarborcil.org)  
Address: 3941 Research Park Drive, Ann Arbor MI 48108  
Phone: (734) 971-0277  
Fax: (734) 971-0826  
Email: info@aacil.org, info@livingstoncil.org, info@monroecil.org  
**Services:** The Center provides short-term individual counseling, skill-building classes, and independent living coaching for people with disabilities. Serves Washtenaw, Livingston and Monroe Counties.  
**Hours:** Monday - Friday 8 am - 5 pm  
**Fees:** No fee; donations accepted.

**Ann Arbor Center for the Family**  
Website: [www.annarborcenter.com](http://www.annarborcenter.com)  
Address: 2395 Oak Valley Drive Suite 100, Ann Arbor MI 48103  
Phone: Service/Intake (734) 995-5181  Alternate (734) 995-9010  
Fax: (734) 995-9011  
**Services:** Psychotherapy for individuals, couples, families, and groups; divorce and other mediations; and family business consultation.  
**Hours:** Varies according to therapist  
**Fees:** Varies. Some insurances accepted.

**Catholic Social Services of Washtenaw County - Behavioral Health Counseling Services**  
Website: [www.csswashtenaw.org/counseling](http://www.csswashtenaw.org/counseling)  
Address: 4925 Packard Road, Ann Arbor MI 48108  
Phone: (734) 926-0155 Intake  
Fax: (734) 971-2730  
**Services:** Licensed social workers and psychologists provide assessment and short-term, solution focused therapy for individuals, couples, and families. Substance abuse assessment and treatment is also available. Provides psychiatric evaluation and medication monitoring when appropriate.  
**Hours:** Monday - Thursday 8:30 am - 9 pm; Friday 8:30 am - 5 pm; Saturday 9 am - 3 pm  
**Fees:** Most insurance policies accepted, sliding scale available.

**Dawn Farm**  
Website: [www.dawnfarm.org](http://www.dawnfarm.org)  
Address: 320 N. Main, 1st Floor, Ann Arbor MI 48104 and  
6633 Stony Creek Road, Ypsilanti MI 48197 and  
Spera (Detox) Recovery Center, 502 W. Huron, Ann Arbor MI 48104  
Phone: (734) 821-0216 AA or (734) 485-8725 Ypsi or (734) 669-8265 Detox Intake  
**Services:** Addiction treatment center providing assessments, case management, detox, residential services, and out-patient group/family/individual counseling to adolescents & adults.  
**Hours:** Call for information.  
**Fees:** Sliding scale, Medicaid.
EMU Community Behavioral Health Clinic (formerly Eastern Michigan University - Psychology Clinic)
Website: [www.emich.edu/psychology/psychologyclinic](http://www.emich.edu/psychology/psychologyclinic)
Address: 1075 N. Huron River Drive, Ypsilanti MI 48197
Phone: (734) 487-4987  Older Adults & Caregivers (734) 627-7620 leave name & number
Fax: (734) 487-4989
Services: Comprehensive cognitive and neuropsychological assessments and group and/or individual psychotherapy are provided to the Ypsilanti community and surrounding areas. Speciality programming for caregivers and for older adults 60+ who have concerns about thinking, remembering or problem-solving.
Hours: Monday - Thursday 8:30 am – 7 pm; Friday 8:30 am – 4 pm
Fees: $5 per group session, $10 per individual session; $200 for a full psychological assessment. Fees due at time of service.

Family Crisis Center of Washtenaw
Website: [www.familycrisiscenterwashtenaw.org](http://www.familycrisiscenterwashtenaw.org)
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104
Phone: (734) 660-7059
Fax: (734) 882-2861
Services: Provides professional mental health assistance as well as resources to families, individuals, and couples. Holds small group sessions and workshops plus grief/loss support meetings every Wednesday.
Hours: Monday - Thursday 9 am - 9 pm; Friday 9 am - 5 pm
Fees: Vary; call for information.

Hoarding Task Force of Washtenaw County ℅ Synod Community Services
Website: [htfwashtenaw.org](http://htfwashtenaw.org)
Address: 615 S. Mansfield, Ypsilanti MI 48198
Phone: (734) 340-5813
Email: hoarding@htfwashtenaw.org
Services: Provides Hoarding Behavior Assessments, counseling referrals, clutter assistance volunteer program, speakers and links to support groups for individuals.
Hours: Call for information.
Fees: Medicare and most insurances; some free or donation suggested on sliding scale.
Home of New Vision  
Website: [homeofnewvision.org](http://homeofnewvision.org)  
Address: 3115 Professional Drive, Ann Arbor MI 48104  
Phone: 734-975-1602  
Fax: 734-975-1604  
Email: communications@homeofnewvision.org  
Services: Various programs for those affected by substance abuse including recovery housing, recovery support program, and early intervention. Special programs:  
- **The Engagement Center** a 23-hour crisis intervention facility providing a supervised, supportive setting for individuals with substance use and co-occurring disorders.  
- **The Assessment and Referrals Program** serves clients referred from courts, Friend of the Court, Child Protective Services, Secretary of State, private attorneys, and other service agencies by performing psychosocial diagnostic assessments.  
- **The Detoxification Program** provides non-medical (sub-acute or social) detoxification in a safe, home-like environment.  
Hours: Monday - Friday 9 am - 5 pm  
Fees: Services covered by Medicare/Medicaid and other insurances.

LGBT National Help Center - Hotline  
Website: [www.glbthotline.org/national-hotline.html](http://www.glbthotline.org/national-hotline.html)  
Toll Free: (888) 843-4564  
Email: help@LGBThotline.org  
Services: Provides a safe space that is anonymous and confidential where callers can speak on many different issues and concerns including, but limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.  
Hours: Monday - Friday 4 pm - 12 am (midnight) ET  
Saturdays 12 pm - 5 pm ET  
Fees: No fee.

Michigan Medicine - Geriatrics Center - Social Work and Community Programs  
Website: [medicine.umich.edu/dept/geriatrics-center/community-programs/social-work](http://medicine.umich.edu/dept/geriatrics-center/community-programs/social-work)  
Address: 4260 Plymouth Road, Ann Arbor MI 48109  
Phone: (734) 764-2556  
Toll Free: (877) 865-2167  
Fax: Clinic (734) 647-8535  
Services: Various therapy groups available to anyone in the community, individual counseling for Turner Geriatric Clinic patients.  
Hours: Monday - Friday 8 am – 5 pm  
Fees: Services reimbursed by Medicare and most insurances.
NAMI (National Alliance of Mental Health) Washtenaw County
Website: namiwc.org
Address: 1100 N. Main Street, Ann Arbor MI 48104
Phone: (734) 994-6611
Toll Free: (800) 950-6264 NAMI Helpline Mondays - Fridays 10 am - 6 pm ET
Text: “NAMI” to 741-741 Crisis SMS Service
Email: office@namiwc.org
Services: Offers support groups and educational programs plus advocates for mental health issues.
Hours: Mondays & Thursdays 9:30 am - 2:30 pm; Tuesdays 1 - 4 pm
Fees: No fee.

National Domestic Violence Hotline
Website: www.thehotline.org
Toll Free: (800) 799-7233
TTY Toll Free: (800) 787-3224
Online Live Chat: Yes
Services: Trained advocates talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.
Hours: 24 Hours
Fees: No fee.

National Suicide Prevention Lifeline
Website: suicidepreventionlifeline.org
Toll Free: 24 Hours (800) 273-8255 Spanish (888) 628-9454
TTD: (800) 799-4889
Online Live Chat: Yes
Services: Provides 24/7, free and confidential support for people in distress, prevention and crisis resources, and best practices for professionals. The website offers specific resources for disaster survivors, veterans, loss survivors, LGBTQ+, suicide attempt survivors, and for the deaf/hard of hearing. Also offers resources in Spanish.
Hours: 24 Hours
Fees: No fee.

Psychiatric Emergency Services – 24 Hour Crisis Center - Michigan Medicine Hospital
Website: www.medicine.umich.edu/dept/psychiatric-emergency-service
Address: Michigan Medicine Hospital, 1500 E. Medical Drive, Floor B1, Room A240, Ann Arbor MI 48109 (use Emergency Department entrance)
Phone: (734) 936-5900 24 Hours (734) 996-4747
Services: Psychiatric Emergency Services (PES) provides crisis phone services and emergency/urgent walk-in evaluations resulting in treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization; mental health and substance abuse treatment referral information.
Hours: 24 Hours
Fees: Charges are the same as an ER Visit. Covered by insurance plans and Medicare.
St. Joseph Mercy Ann Arbor - Adult Partial Hospitalization
Website: www.stjoesannarbor.org/adultpartialhospitalizationprogram
Address: Huron Oaks, 5401 McAuley Drive, Ann Arbor MI 48106
Phone: (734) 712-5850
Fax: (734) 712-5692
Services: Mental health services for all age groups, psychiatric day services, and treatment facility.
Hours: Monday - Friday 9 am - 4 pm
Fees: Covered by insurance plans and Medicare.

St. Joseph Mercy Ann Arbor - Behavioral [Health] Services
Website: www.stjoesannarbor.org/behavioral-health
Address: SJMAA Hospital, 5301 McAuley Drive, Ann Arbor MI 48197
       Huron Oaks - 5401 McAuley Drive, Ann Arbor MI 48106 (Adult Partial Hospitalization)
Phone: (734) 712-3456
       (734) 712-2020 Adult Partial Hospitalization
       (734) 786-4900 Outpatient Chemical Dependency @ Greenbrook Recovery Center
       (734) 712-5850 Transition Clinic
Fax: (734) 712-5302
       (734) 712-5455 Adult Partial Hospitalization
       (734) 786-8051 Outpatient Chemical Dependency @ Greenbrook Recovery Center
Services: Cognitive evaluation; mood, memory and behavior testing; social work counseling and assistance. Support to family members who are caregivers.
Hours: Varies by program; call for hours.
Fees: Covered by Medicare and most insurances.

St. Joseph Mercy Ann Arbor – Psychological Testing Services (formerly St. Mary Mercy)
Website: www.stjoesannarbor.org/outpatient-psychiatric-services
Address: Hogback Office Center, 2006 Hogback Road, Suite 1, Ann Arbor MI 48105
Phone: (734) 786-2300
Fax: (734) 786-4915
Services: Psychiatric evaluation and medication management; outpatient psychotherapy (individual, couple & family); psychological testing and evaluation (all ages); specialty psychotherapy & psycho-educational groups.
Hours: Monday - Friday 8 am - 5 pm
Fees: Medicare, private pay and some insurance programs.

St. Joseph Mercy Chelsea – Behavioral Health Services
Website: st-joseph-mercy-chelsea-behavioral-health-services
Address: 7089 Dexter-Ann Arbor Road, Dexter MI 48130
Phone: (734) 593-5251
Services: Inpatient, outpatient, and day treatment programs are available. Services include individual and family counseling as well as support groups.
Hours: Monday - Friday 8 am - 5 pm
Fees: Most insurance policies accepted.
St. Joseph Mercy Chelsea – Older Adult Recovery Center  
Website: [www.stjoeschelsea.org/olderadultrecoverycenter](http://www.stjoeschelsea.org/olderadultrecoverycenter)  
Address: 350 N. Main Street, Suite 150, Chelsea MI 48118  
Phone: (734) 593-5251  
Services: Outpatient/inpatient detoxification, intensive outpatient treatment, and standard outpatient treatment, including recovery groups and family treatment. Socialization and peer counselors are also available.  
Hours: Monday - Thursday 8 am - 6 pm; Friday 8 am - 5 pm  
Fees: Accepts Medicare and many commercial health insurances.

Senior Counseling Services, LLC  
Website: [www.seniorcounseling.info](http://www.seniorcounseling.info)  
Address: 37899 W. 12 Mile Road Suite 130, Farmington Hills MI 48334  
Phone: (248) 476-2229  
Fax: (248) 476-4434  
Email: admin@seniorcounseling.info  
Services: In-home mental health counseling for seniors, homebound, and disabled individuals in southeast Michigan. Provides supportive counseling for family members and caregivers. Assists with resources and referrals. “In-home” includes senior residences and assisted living facilities.  
Hours: Office Monday - Friday 9 am – 5 pm; Confidential voicemail and fax available 24 Hours.  
Fees: Medicare, some insurances, private pay.

Trans Lifeline  
Website: [www.translifeline.org](http://www.translifeline.org)  
Toll Free: (877) 565-8860 hotline  
Services: A trans-led organization that connects trans people to the community, support, and resources needed to survive and thrive.  
Hours: 24 Hours  
Fees: No fee.

The Trevor Project  
Website: [www.thetrevorproject.org](http://www.thetrevorproject.org)  
Toll Free: (866) 488-7386 helpline  
Online Live Chat: Yes, via computer, not via smartphone or tablet  
Text: Text START to 678678  
Services: LGBTQ crisis intervention and suicide prevention hotlines. Online Support Center - Mental Health provides links to information on anxiety, depression, eating disorders, suicide and substance abuse.  
Hours: 24 Hours  
Fees: No fee.
THRIVE - Jewish Family Services of Washtenaw County  
Website: http://thrivecounselinga2.com  
Address: 2245 S, State Street, Suite 1100, Ann Arbor 48103  
Phone: (734) 436-4249  
Email: hello@ThriveCounselingA2.com  
Services: Counseling services for individuals, couples and families.  
Hours: Call for hours.  
Fees: Many insurances, including Medicare, and employee assistance programs (EAP) accepted. Sliding scale available for uninsured.

VA Ann Arbor Healthcare System – Mental Health  
Website: www.annarbor.va.gov/services/mentalhealth.asp  
Address: Mental Health Clinic, 7th Floor, Room B707 - VA Hospital, 2215 Fuller Road  
Ann Arbor MI 48103  
Phone: (734) 845-3471  
Toll Free: 800-361-8387 Ext. 53471 Veterans Crisis Line (800) 273-8255 ext. 1  
Services: General mental health, PTSD, substance use disorder, neuropsychology, geropsychiatry (persons 50+), returning veterans program Military sexual trauma, suicide prevention, and women’s mental health. Offers clinical videoconferencing.  
Hours: Monday - Friday 8 am - 4:30 pm; Mondays and Wednesdays until 6:30 pm; Tuesdays and Thursdays until 8:30 pm  
Fees: Covered by VA health care.

Veterans Crisis Line  
Website: www.veteranscrisisline.net or any VA website - top right corner  
Toll Free; (800) 273-8255, press 1  
TTY: (800) 799-4889 (may open video screen)  
Text: 838255  
Online Live Chat: Yes  
Services: Counseling for veterans, family members and friends.  
Hours: 24 Hours  
Fees: No fee.

Washtenaw County - Community Mental Health - Access/Crisis  
Website: www.washtenaw.org/wccmh  
Address: Adult Services Clinic, 555 Towner Street, Ypsilanti MI 48197  
Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor MI 48107  
Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor MI 4108  
Phone: 24 Hours (734) 544-3050  
Services: Counselors available any time day or night for emergency assistance over the phone or in person. Older adult counseling is available by appointment in home or in the office. Group homes for the chronically mentally ill are available. Serves the homeless. Screening process determines eligibility.  
Hours: Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour hotlines.  
Fees: Some insurances and based on ability to pay.
The Women's Center of Southeastern Michigan
Website: www.womenscentersemi.org
Address: 1100 Victor Way, Suite 10, Ann Arbor MI 48108
Phone: (734) 973-6779
Fax: (734) 973-6609
Email: info@womenscentersemi.org
Services: Personal counseling, job and financial coaching, divorce support, tax assistance, and community resource information.
Hours: Monday - Friday 9 am - 5 pm; other hours by appointment.
Fees: Insurance or based on ability to pay.
Adult Learners Institute of Chelsea MI
Website: www.adultlearnersinstitute.org
Address: PO Box 134, Chelsea MI 48118
Phone: (734) 292-5540
Email: info@adultlearnersinstitute.org
Services: ALI provides a diverse selection of quality community-based learning experiences and camaraderie for adults in western Washtenaw County. ALI is a Lifelong Learning Institute (LLI) affiliated with the LLI Resource Network at RoadScholar, a group of hundreds of similar organizations. Programs are conducted in cooperation with Washtenaw Community College.
Hours: Leave message for call to be returned. Registration is by mail only.
Fees: Vary by course offered; some are no fee.

American Association of Retired Persons (AARP) - Smart Driver™ Course / Driver Safety Program
Website: www.aarp.org/auto/driver-safety/
Address: 309 N Washington Square, Suite 110 Lansing MI 48933
Toll Free: (866) 227-7448
Fax: (517) 482-2794
TTY: National (877) 434-7598
Email: miaarp@aarp.org
Services: Eight (8) hour classroom course for drivers 50+ offered at many locations around the state throughout the year. Call for dates, time and location or available online. Offers Smart DriverTEK™ workshops about the latest high-tech safety features in current and future cars; check website for locations & times – $5 or free, depending on location.
Hours: Monday – Friday 9 am – 5 pm
Fees: $20.00 AARP members, $25.00 Non-members.

Elderwise
Website: www.elderwiselearning.org/
Address: 4624 Packard Road, Ann Arbor MI 48108 (Red Cross Building)
Phone: (734) 340-6091
Email: elderwiselearning@gmail.com
Services: In-depth courses and interactive learning with peer teaching, plus social activities. Programs may include art, music, literature, history, gardening, and travelogues and presentations on medical, financial, and legal issues.
Hours: Monday – Friday 9 am – 5 pm
Fees: Varies according to program - $40/year membership fee, which can be prorated by term, entitles member to a discount on course fees; membership is not required for class enrollment.
Jewish Family Services of Washtenaw County
Website: www.jfsannarbor.org/
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: info@jfsannarbor.org
Services: English as a Second Language and Citizenship classes.
Hours: Daytime, call for schedule.
Fees: No fee.

MSU Extension - Washtenaw County
Website: www.canr.msu.edu/washtenaw/
Address: 705 N. Zeeb Road, PO Box 8645, Ann Arbor MI 48107
Phone: (734) 997-1678
Fax: (734) 222-3990
Email: m sue.washtenaw@county.msu.edu
Services: Free educational programs in Washtenaw County: Food and nutrition, finances, agriculture, horticulture, and natural resources, master gardener training. Open to Washtenaw County residents.
Hours: Monday – Friday 8 am – 12:30 pm & 1:30 pm - 4:30 pm
Fees: Varies according to program; some have no fee.

Osher Lifelong Learning Institute at the University of Michigan - Michigan Medicine
Website: www.olli-umich.org/
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9351
Fax: (734) 998-9340
Email: olli.info@umich.edu
Services: Lectures, study groups, classes, plus trips. Ages 50+.
Hours: Monday – Friday 9 am – 5 pm
Fees: $25 annual membership fee. Additional fees vary by program. Scholarships available.

Pittsfield Township - Parks and Recreation
Website: recreation.pittsfield-mi.gov/CourseActivities
Address: Pittsfield Township Community Center, 701 W. Ellsworth Road, Ann Arbor MI 48108
Phone: (734) 822-2120
Email: recreation@pittsfield-mi.gov
Services: Programs include dance, enrichment, exercise, day trips and free seminars.
Hours: office Monday - Friday 8 am - 5 pm
Fees: Vary by program -- resident & non-resident rates; some free.
Road Scholar (formerly Elderhostel)
Website: www.roadscholar.org
Address: 11 Avenue de Lafayette, Boston MA 02111
Toll Free: (800) 454-5768
Fax: (877) 426-2116
Online Live Chat: Yes
Email: contact@roadscholar.org
Services: Learning experiences around the world, through educational field trips, excursions, and a variety of activities. Offers Caregiver Grants or scholarships for respite and renewal - information at https://www.roadscholar.org/about/financial-assistance/media/
Hours: Monday – Friday 8 am – 9 pm ET
Fees: Varies according to program, no membership fee.

St. Joseph Mercy Health System - Classes & Events
www.stjoeshealth.org/classes
Services: Search by categories such as Exercise and Fitness, Healthier Living, Seniors, Weight and Healthy Lifestyle and/or by location to find classes of interest.
Hours: Varies
Fees: No fee or minimal fee; varies according to class

Turner Senior Wellness Program - Michigan Medicine
Website: www.med.umich.edu/geriatrics/community/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services Provided: Community and caregiver resources, health lectures, exercise classes, computer mentoring, cooking demonstrations, Gallery 55+ (art of artists 55+).
Hours: Monday – Friday 9 am – 5 pm
Fees: Varies according to the program. Scholarships available.

University of Michigan – Center for Education of Women
Website: www.cew.umich.edu
Address: 330 E Liberty Street, Ann Arbor MI 48104
Phone: (734) 764-6005
Email: contactcew@umich.edu
Services: Workshop and programs: career development, building your financial future, work/life balance. Job search assistance: members of surrounding community, men and women, students, faculty, and staff from the University of Michigan.
Hours: September – April, Mondays & Wednesdays - Friday 8 am - 4:30 pm; Tuesdays 8:30 am – 7 pm; & May - August, Monday - Friday 8:30 am - 4:30 pm
Fees: Fees apply to some programs.
Washtenaw Community College – Community Enrichment (formerly Lifelong Learning)
Website: www.wccnet.edu/community-enrichment/senior-focus/
Address: 4800 E Huron River Drive, Ann Arbor MI 48105
Phone: (734) 667-5060
Fax: (734) 677-5408
Services: Community Enrichment at WCC offers classes that are requested by and designed for older adults. Classes meet at convenient sites, including community and senior centers, throughout Washtenaw County and are available to county residents 65+.
Hours: Monday – Friday 8 am – 5 pm
Fees: Varies according to program.

Washtenaw Community College - Emeritus Scholarship Program
Website: www.wccnet.edu/studentconnection/payingtuition/emeritus/
Address: Student Connection, Student Center Bldg., 4800 E Huron River Drive, Ann Arbor MI 48105
Phone: (734) 973-3543
Fax: (734) 677-5408
Email: studrec@wccnet.edu
Services: For Washtenaw County residents who are 65+. Covers tuition for non-credit and credit classes and some fees for credit classes.
Hours: Monday – Thursday 8 am – 7 pm; Fridays 8 am - 5 pm; Saturdays 9 am - 1 pm
Fees: No fee or tuition for most classes, if space available.

Washtenaw Literacy
Website: www.washtenawliteracy.org
Address: 5577 Whittaker Road, Ypsilanti MI 48197
Phone: (734) 337-3338
Email: info@washtenawliteracy.org
Services: One-on-one and group tutoring for adults in various locations for basic literacy skills, educational attainment training and jobs and workforce literacy. Also offers English as a Second Language (ESL) tutoring, test preparation, computer literacy, financial literacy and more. Available to Washtenaw county adults who live, work, or volunteer in Washtenaw County.
Hours: Monday – Friday 9 am – 5 pm
Fees: No fee.

Well Connected (aka Senior Center without Walls)
Website: covia.org/services/well-connected
Toll Free (877) 797-7299
Email: coviaconnections@covia.org
Services: Free telephone-based program offering groups and classes to adults 60+ anywhere in the U.S. Activities are about 30-60 minutes long and led by presenters or facilitators. Also offers Social Call, a friendly visitor program with a mission to foster connections between volunteers and older adults throughout the US
Hours: Call for hours
Fees: No fee.
Check with local public school districts to discover inexpensive, discounted or free community education classes, events and programs

Ann Arbor Public Schools   (734) 994-2300 ext. 1    drago@a2schools.org
Chelsea District Schools   (734) 433-2208           chelseacommed@chelsea.k12.mi.us
Dexter Community Schools  (734) 424-4180           no email
Lincoln Community Schools (734) 484-7007           grajczyk@lincolnk12.org
Manchester Community Schools (734) 428-9711 no email
Milan Area Schools        (734) 439-5272           coxc@milanareaschools.org
Saline Area Schools       (734) 401-4020           pufferb@salineschools.org
Whitmore Lake Public Schools (734) 449-4461 ext. 3052  wlcinfo@wlps.net
Ypsilanti Community Schools (734) 221-1200 no email
EMERGENCY SERVICES - rev Jan 2020

Aid in Milan (AIM)
Website: www.aidinmilan.org
Address: 89 W. Main Street Milan MI 48160
Phone: (734) 439-8420
Email: info@aidinmilan.org
Services: Services include rent and utility crisis intervention, help with prescriptions, emergency food pantry, home-delivered meals for seniors, and winter clothing. Generally reserved for residents of Milan School District, with proof of residency and proof of income. Emergency Food available during regular office hours.
Hours: Monday & Thursday - Friday 9 am - 3 pm; Tuesdays 12 pm - 7 pm; closed Wednesdays
Fees: No fee.

American Red Cross - Southeast Michigan
Website: www.redcross.org/local/michigan or www.redcross.org
Address: 7800 Outer Drive W. Suite 205, Detroit MI 48235
Blood Donation Center: 4624 Packard Road, Ann Arbor MI 48108
Phone: (313) 833-4440 Military family emergency (877) 272-7337
Toll Free: (800) RED-CROSS 733-2767 AA Blood donation
Services: Works to meet people’s immediate needs after an emergency or disaster; provides shelter, food, personal and other emergency supplies, plus health and mental health services. In addition, serves as communication liaison between the military and a soldier’s family in an emergency. Apple and Android smartphone apps available. Also works with Amazon Alexa.
AA Hours for Blood Donations: Monday - Wednesday 11 am - 7:15 pm; Fridays 6:30 am - 2:45 pm; Saturday - Sunday 6:30 am - 2:45 pm; closed Thursdays
Fees: No fee.

Ann Arbor Thrift Shop
Website: www.annarborthriftshop.org
Address: 3030 Washtenaw Avenue, Suite K, Ann Arbor MI 48104
Phone: (734) 662-6771
Services: Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, car repair or transportation.
Hours: Monday – Saturday 10 am - 4 pm
Fees: No fee.
Catholic Social Services of Washtenaw County - Food Pantry
Website: https://csswashtenaw.org/family-children/cssw-food-pantry/
Address: Northside Community Center, 815 Taylor, Ann Arbor MI 48105
Phone: (734) 662-4462
Services: Distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis. Referrals to other agencies for clothing and other critical services are provided as needed. Must live in Washtenaw County and meet the low-income poverty levels.
Hours: Tuesdays 2 pm - 5:30 pm; Thursdays 10 am - 2:30 pm;
2nd and 4th Saturdays 10 am - 12:30 pm
Fees: No fee. Food donations are accepted.

Emmanuel Lutheran Church
Website: www.emmanuelypsi.org
Address: 201 N. River Street, Ypsilanti MI 48198 Clothes Closet - Education Hall, N. Entrance
Phone: (734) 482-7121
Email: info@EmmanuelYpsi.org
Services: Emergency food supplies are distributed based on referrals from local services agencies. Medical Equipment Loan Closet and Clothes Closet is available.
Hours: Food Pantry - Wednesdays 3 - 3:45 pm & Clothes Closet - Wednesdays 9 - 10:30 am
Fees: No fee.

Faith in Action (FIA) - Chelsea & Dexter
Website: www.faithinaction1.org
Address: 603 S Main Street, Chelsea MI 48118 and 7275 Joy Road, Dexter MI 48103
Phone: (734) 475-3305 Chelsea (734) 426-7002 Dexter Food Pantry
Services: Food for 3 – 5 days. Clothing and durable medical equipment available: no residency requirement but limited to every 2 weeks & no more than 12 times per year. Household and other supplies not purchasable with food stamps; and financial assistance for rent and utilities: must be low income and live within the Dexter and Chelsea School Districts.
Hours: Chelsea: Monday – Friday 9 am - 4 pm; Wednesdays open until 7 pm
Dexter Food Pantry: Wednesdays 12 - 7 pm
Fees: No fee.

Friends in Deed
Website: www.friendsindeed.info/
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357 Helpline
Fax: (734) 484-5335
Email: Helpline@FriendsInDeedMI.org and Furnitureline@FriendsinDeedMi.org
Furniture Line: (734) 484-7607 Tuesday - Friday 9:30 am - 12:30 pm
Services: Provides furniture, transportation assistance and utility shut-off help. Information and referrals for housing, health and employment-related needs, childcare, clothing, prescriptions, and medical needs. Focuses on unmet needs for Washtenaw County residents, such as those that other human services agencies cannot meet.
Hours: Monday - Friday 9:30 am - 2 pm Helpline; Walk-in Hours Thursdays 2 - 5 pm
Fees: No fee.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
House by the Side of the Road  
Website: [www.housebythesideoftheroad.org](http://www.housebythesideoftheroad.org)  
Address: 2051 S. State Street, Ann Arbor MI 48104  
Phone: (734) 769-4085  
Email: [housebyroad@gmail.com](mailto:housebyroad@gmail.com)  
Services: Free clothing and small household items available to people in need.  
Hours: Monday - Friday 10 am - 2 pm and many 1st Saturdays 10 am - 2 pm (call for dates)  
Fees: No fee.

Housing Access for Washtenaw County (HAWC)  
Website: [www.housingaccess.net](http://www.housingaccess.net)  
Address: 101 S. Huron Street, Ypsilanti MI 48197 (admin)  
Phone: (734) 961-1999  
Email: [HAWC_Washtenaw@usc.salvationarmy.org](mailto:HAWC_Washtenaw@usc.salvationarmy.org)  
Services: Central intake or single point of entry for all emergency shelters and housing resources that are available to serve people experiencing homelessness in the county. Must be resident of Washtenaw County.  
Hours: Monday - Friday 8:30 am - 5:30 pm Call Center  
Walk-In: Tuesdays 9 am - 12 pm @ The Salvation Army, 9 S. Park Street, Ypsilanti MI 48197  
Thursdays 1 - 4 pm @ The Salvation Army, 100 Arbana Drive, Ann Arbor MI 48103  
Fees: No fee.

Kiwanis Club of Ann Arbor - Thrift Sale  
Website: [www.a2kiwanis.org](http://www.a2kiwanis.org) and [www.kiwanissale.com](http://www.kiwanissale.com)  
Address: 100 N. Staebler at Jackson (1 mile west of Zeeb) Ann Arbor MI 48103  
Phone: (734) 665-0450  
Services: Ann Arbor Kiwanis sells used furniture, household goods, and clothing. Household goods assistance is provided only through charity and social agency caseworkers trained by Kiwanis.  
Hours: Voucher Services by appointment with caseworkers trained by Kiwanis.  
Thursday 9:30 am - 11 am  
Fees: No fee w/voucher. Merchandise as priced.

Lions of Michigan Foundation - Emergency Disaster Relief Program  
Website: [www.lmsf.net/emergency-disaster-relief-program/](http://www.lmsf.net/emergency-disaster-relief-program/)  
Address: 5730 Executive Drive, Lansing MI 48911  
Phone: 517-887-6640  
Fax: 517-887-6642  
Email: [info@lmsf.net](mailto:info@lmsf.net)  
Services: Provides help for people victimized by floods, forest fires, tornadoes, and other natural disasters. Funding may be provided for food, clothing, shelter and other personal needs.  
Hours: Call for information.  
Fees: No fee.
Manchester Community Resource Center
Website: manchestercrc.org
Address: 710 E. Main, Riverside Intermediate School, PO Box 433, Manchester MI 48158
Phone: (734) 428-7722
Email: manchestercrc@sbcglobal.net or info@manchestercrc.org
Services: Connects community members with charitable and public programs. Older Adults can meet with a Senior Resource Advocate from Catholic Social Service. Assistance covered includes Medicare issues, respite care referrals and more. Serves the Village of Manchester and surrounding townships: Freedom, Bridgewater, Sharon and Manchester. Call for appointment.
Hours: Food Pantry - Mondays & Wednesdays 11:30 am - 2:30 pm; Tuesdays & Thursdays 9 am - 2:30 pm; Fridays 9 am - 12 noon; Office Mondays 11:30 am - 2:30 pm; Tuesday - Thursday 9 am - 4 pm; Fridays 9 am - 12 pm.
Fees: No fee.

Manchester Family Services, Inc.
Website: none
Address: PO Box 471, Manchester MI 48158
Phone: (734) 428-7183
Services: Vouchers are given any time for food, rent, and utility assistance. Location for food pick up varies each month. Must call in advance to participate in the food program and live in Freedom, Manchester, Bridgewater, or Sharon Townships. Based on need.
Hours: Food pantry available 3rd Wednesday each month 1 - 3 pm
Fees: No fee.

Michigan Department of Human Services - Adult Protective Services
Website: www.michigan.gov/mdhhs/adult-protective-services
Toll Free: (855) 444-3911
Services: Call to report adults 18 or older of being abused, neglected or exploited. Caller can remain anonymous.
Hours: Call for hours
Fees: No fee.

Peace Neighborhood Center
Website: www.peaceneighborhoodcenter.org
Address: 1111 N. Maple Road, Ann Arbor MI 48103
Phone: (734) 662-3564
Email: info@peaceneighborhoodcenter.org
Services: Provides regular food assistance. Coordinates with other agencies to provide services.
Hours: Monday - Friday 9:30 am - 5:30 pm
    Food distribution: Fridays, 10 am - 12 pm, September - June
Fees: No fee.
Poison Control Center aka National Capital Poison Center
Website: [www.poison.org](http://www.poison.org)
Toll Free: (800) 222-1222
Services: Telephone guidance for poisoning emergencies. Provides guided online help via [webPOISONCONTROL](http://webPOISONCONTROL) website.
Hours: 24 Hours
Fees: No fee.

SOS Community Services - Food Pantry & Housing Crisis Center
Website: [www.soscs.org](http://www.soscs.org)
Address: Resource Center, 114 N. River Street, Ypsilanti MI 48198
Phone: Food Pantry (734) 484-9945  Housing via HAWC (734) 961-1999
        Office (734) 485-8730  Resource Center (734) 484-5411
Fax: Office (734) 485-8739
Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification), bus tokens. Must be a Washtenaw County resident for some services. Housing assistance provided via referrals from Housing Access for Washtenaw County ([HAWC](http://HAWC)). Food for 3 meals per person in household up to 12 times a year. Personal care items and meats from Pantry for eligible residents by appointment only.
Hours: Monday - Friday 9 am - 5 pm; Tuesdays 9 am - 6:30 pm
        Resource Center: Mondays 9 am - 1 pm; Thursdays & Fridays 9 am - 4 pm
        Food Pantry: Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm
Fees: No fee.

SafeHouse Center
Website: [www.safehousecenter.org](http://www.safehousecenter.org)
Address: 4100 Clark Road, Ann Arbor MI 48105
Phone: 24-Hour Helpline (734) 995-5444 uses Language Line for interpreters as needed
        Office (734) 973-0242
Fax: (734) 973-7817
TTY: Helpline (734) 973-2227
Email: info@safehousecenter.org
Services: Provides safety, support, legal advocacy, and resources for survivors (female, male & LGBT) of sexual assault and domestic violence and their children. Has a 20-bedroom, 50-bed emergency shelter, limited to a 35 day stay. Must be a survivor of an intimate partner of domestic violence to use the services. All domestic violence services are confidential.
Hours: Monday - Friday 8 am - 5 pm for counseling and legal advocacy.
Fees: No fee.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Saline Area Social Service
Website: salinesocialservice.com
Address: 224 W. Michigan Avenue, Saline MI 48176
Phone: (734) 429-4570
Email: info@salinesocialservice.com
Services: Provides temporary emergency financial aid, food, clothing, holiday food baskets, and emergency car repair to residents of Saline Area School District. Must provide ID & meet income guidelines.
Hours: Mondays 10 am - 5:30 pm; Tuesday - Thursday 10 am - 2:30 pm
Fees: No fee.

Salvation Army - Ann Arbor MI
Website: centralusa.salvationarmy.org/washtenaw
Address: 100 Arbana, Ann Arbor MI 48103
Phone: (734) 668-8353
Fax: (734) 668-0908
Email: salarmya2@gmail.com
Services: Food, fuel, clothing, and shelter provided during an emergency. Call to make appointment; application must be picked up in person. Eligibility determined on individual basis. Must be Washtenaw County resident. Ypsilanti and Willis residents should use Ypsilanti office.
Hours: Monday - Friday 8 am - 4 pm
Food Pantry Tuesdays & Thursdays 9:30 - 11:30 am and 1 - 3 pm
Fees: No fee.

Salvation Army - Ypsilanti MI
Website: centralusa.salvationarmy.org/washtenaw
Address: 9 S. Park Street, Ypsilanti MI 48198
Food Pantry at Hope Clinic, 518 Harriet Street, Ypsilanti MI 48197
Phone: (734) 482-4700
Fax: (734) 482-2689
Services: Food pantry, soup kitchen, clothing, family shelter, transitional housing and counseling for veterans, emergency and disaster relief, utility assistance, and eviction prevention. Emergency services by appointment only. Food pantry visits are limited to 1/month; fresh food distribution is limited to 1/week. Primarily serves Ypsilanti area residents.
Hours: Monday - Friday 8:30 am - 4 pm
Hot Meals: Mondays & Thursdays 5 - 6 pm
Produce Fresh Food Distribution: Thursdays 1 - 3 pm
Food Pantry at Hope Clinic: Tuesdays 1 - 3 pm
Fees: No fee.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Shelter Association of Washtenaw County - Delonis Center  
Website: [www.annarborshelter.org](http://www.annarborshelter.org)  
Address: 312 W. Huron Street, Ann Arbor MI 48103  
Phone: Office (734) 662-2829  
Fax: (734) 996-3022  
Email: shelterassociation@ewashtenaw.org  
Services: Provides temporary shelter and supportive services to homeless adults on a walk-in or appointment basis. Employment assistance, substance abuse evaluations, mental health assessments, meals, health care, referrals for clothing, transportation assistance, and networking to other community resources are offered to clients 18+, drug-free, and sober. Washtenaw County residents served first; and all others will be on a 30-day wait list pending availability.  
Hours: 24 Hours  
Fees: No fee.  

Staples Family Center - Salvation Army of Washtenaw County  
Website: [centralusa.salvationarmy.org/washtenaw/provide-housing](http://centralusa.salvationarmy.org/washtenaw/provide-housing)  
Address: 3660 Packard Street, Ann Arbor MI 48108  
Phone: -(734) 761-7750 or (734) 961-1999  
Services: A drug-free homeless shelter of 36 beds. Phone screening required.  
Hours: 24 Hours  
Fees: No fee.  

St. Thomas Catholic Church - St. Vincent de Paul Office Ministry  
Website: [stthomasannarbor.org/l3-ministries/st-vincent-de-paul/](http://stthomasannarbor.org/l3-ministries/st-vincent-de-paul/) or [svdpaa.org/office/](http://svdpaa.org/office/)  
Address: Parish Office Bldg., 530 Elizabeth Street, Ann Arbor MI 48104  
Phone: Office (734) 761-8606 Ext. 2901  
Fax: (734) 997-8432  
Email: svdpaa@att.net  
Services: Provides Kroger gift cards, bus tokens; and referrals to other social agencies. Clients must come in person with photo ID. Home visits to assess need are available. Individual services provided once every 6 months.  
Hours: Tuesday - Friday 9 - 11 am  
Fees: No fee.
State of Michigan - Department of Health and Human Services - Assistance Programs
Website: [www.michigan.gov/mdhhs/AssistancePrograms](http://www.michigan.gov/mdhhs/AssistancePrograms)
Address: 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8386
TTY: 711

Services: The Emergency Relief Program provides immediate help to individuals or families facing conditions of extreme hardship or for emergencies that threaten health and safety. Through direct financial assistance and contracts with a network of non-profit organizations, helps low-income households meet emergency needs such as heat & utilities, home repairs, relocation assistance, home ownership services, and burial. Designed for low-income households which occasionally need help when unexpected emergency situations arise, not for chronic difficulties. Includes migrant and refugee assistance. Must meet eligibility requirements.

Hours: Monday - Friday 8 am - 5 pm excluding state holidays
Fees: No fee.

University of Michigan. Department of Psychiatry - Psychiatric Emergency Services
Website: [www.medicine.umich.edu/dept/psychiatry/psychiatric-emergency-service](http://www.medicine.umich.edu/dept/psychiatry/psychiatric-emergency-service)
Address: Michigan Medicine Hospital, 1500 E. Medical Center Drive, Floor B1, Room A240; Ann Arbor MI 48109 (use Emergency Room Department entrance)
Phone: (734) 936-5900 24 Hours (734) 996-4747

Services: Offers assistance with psychological emergencies, including suicide prevention. Provides psychiatric evaluations, referrals to inpatient treatment facilities and mental health referral information. Evening phone calls are forwarded to Psychiatric Emergency Services at Michigan Medicine.

Hours: 24 Hours
Fees: Patient’s insurance is billed for services. If uninsured, other billing agencies may be considered.

VA Ann Arbor Healthcare System - Healthcare for Homeless Veterans Office
Website: [www.annarbor.va.gov/services/homeless/index.asp](http://www.annarbor.va.gov/services/homeless/index.asp)
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 845-5058
Toll Free: 24 Hours (877) 424-3838
Online Live Chat: Yes

Services: A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help Veterans who are homeless and their families find and sustain permanent housing.

Hours: Varies; call.
Fees: No fee.
Washtenaw County - Community Mental Health - Access/Crisis Services
Website: www.washtenaw.org/839/Community-Mental-Health
Address: 555 Towner Street, Ypsilanti MI 48198 and 110 N. Fourth Ave, Ann Arbor MI 48107
Phone: 24 Hours (734) 544-3050
Toll Free: 24 Hours (800) 440-7548
Fax: Ypsi (734) 544-6732
Services: Crisis planning, stabilization and support for substance abuse and mental health; Project Outreach (PORT) Services for the Homeless - crisis management and transition to mainstream services; OBRA Services for Older Adults - Nursing Home Screening and Services. Includes Crisis Residential Services (CRS), crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis. For Washtenaw County residents.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: Based on ability to pay.

Ypsilanti Thrift Shop
Website: www.ypsithriftshop.org
Address: 14 S. Washington Street, Ypsilanti MI 48197
Phone: (734) 483-1226
Services: Provides housewares; toys & books; clothing for men, women & children; jewelry, and small appliances. Vouchers accepted from area agencies and must be signed by the Thrift Shop social worker.
Hours: Mondays & Wednesday - Friday 10 am - 3:45 pm; Tuesdays 12 - 6 pm; Saturdays 10 am - 1 pm; open until 8 pm the 1st Friday of each month; closed on major holidays
Fees: Cash and vouchers accepted.
Ann Arbor Thrift Shop
Website: www.annarborthriftshop.org
Address: 3030 Washtenaw Avenue, Suite K, Ann Arbor MI 48104
Phone: (734) 662-6771
Services: Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, car repair or transportation.
Hours: Monday – Saturday 10 am - 4 pm
Fees: No fee.

B&B Payee Services
Website: www.bbpayeeservices.org
Address: PO Box 980295, Ypsilanti MI 48198
Phone: (734) 480-1347
Fax: (734) 480-1327
Email: info@bbpayeeservices.org
Services: A non-profit organization which provides representative payee services, federal fiduciary services, conservator services and financial management assistance.
Hours: Monday - Friday 9 am - 12 pm and 1 pm - 4 pm
Fees: Vary by service; Social Security & VA determine flat rates for clients as does the Probate Court; others pay $55/per hour, prorated.

BenefitsCheckUp
Website: www.benefitscheckup.org
Services: Finds benefits programs for seniors with limited income and resources. Search by zip code for information on: medication, food and nutrition, income assistance, health care, housing and utilities, discounts, tax relief, transportation, education, employment, veterans, and other assistance such as legal aid for civil matters.
Hours: 24 Hours
Fees: No fee.

Department of Veterans Affairs - Washtenaw County
Website: washtenaw.org/959/Veterans-Affairs
Address: 2155 Hogback Road, Ann Arbor MI 48108
Phone: (734) 973-4540
Fax: (734) 973-4560
Services: Help offered to Washtenaw County veterans to apply for all federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical care, transportation and utilities. Acts as liaison with the Michigan Veterans Trust Fund, which has emergency funds for assistance with employment and burial expenses.
Hours: Walk In Service (Public): 8:30 am - 12 pm; Appointments (Public) 1 - 5:30 pm; Closed for Lunch 12 - 1 pm; Closed Fridays - Sundays & Holidays
Fees: No fee.
DTE Energy Efficiency Assistance (EEA) Program
Website: dteenergy.com/home/save-energy/residential/incentives+and+programs/limited+income
Toll Free: (866) 796-0512
Email: energy_saving@dteenergy.com
Services: Gas furnace tuneups; refrigerator replacement; energy-saving devices for the home may be provided. Contact the Washtenaw County Office of Community Economic Development (734) 544-3005 or (734) 622-9008 or Habitat for Humanity Huron Valley (734) 677-1558 for local assistance.
Hours: DTE Monday - Friday 8 am - 6 pm Saturday 8 am - 12 pm
Fees:

Faith in Action (FIA) – Chelsea & Dexter
Website: www.faithinaction1.org
Address: St. Joseph Mercy Chelsea, Faith in Action Bldg., 603 S. Main Street Chelsea MI 48118
Phone: (734) 475-3305
Services: Financial help with heat, electric, water, and rent. Income-qualified families are eligible to receive help when they have received a shut-off notice or notice to quit/eviction. Social work staff will negotiate with utility companies and landlords to clarify expectations. Available only to residents of Chelsea and Dexter School Districts.
Hours: Call for hours.
Fees: No fee.

Food Bank Council of Michigan
Website: fbcmich.org
Toll Free: (800) 552-4483
Services: The SNAP (Supplemental Nutrition Assistance Program - USDA) helpline provides assistance in applying for SNAP benefits.
Hours: Call for hours.
Fees: No fee.

Friends in Deed
Website: www.friendsindeed.info
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357
Fax: (734) 484-5355
Email: Office@FriendsInDeedMI.org
Services: Financial help for unmet needs for Washtenaw County residents, such as housing, utility bills, health and employment-related needs, transportation, childcare, clothing, prescriptions, and medical needs. Needs should be those that other human services agencies cannot meet.
Hours: Monday - Friday 9:30 am - 12 pm
Fees: No fee.
GreenPath Debt Solutions  
Website: www.greenpath.com  
Address: 5397 W. Michigan Avenue, Ypsilanti MI 48197  
Toll Free: (800) 550-1961  
Services: Non-profit company provides confidential credit reports, money management assistance, debt consolidation, foreclosure prevention, mortgage and reverse mortgage counseling.  
Fees: Varies according to service.  

Health Well Foundation  
Website: www.healthwellfoundation.org  
Address: Head Office PO Box 4133, Gaithersburg, MD 20878  
Call Center PO Box 220410, Chantilly, VA 20153  
Toll Free: (800) 675-8416  
Fax: (800) 282-7692  
Email: Grants@HealthWellfoundation.org  
Services: A non-profit organization for improving access to care for America’s underinsured. Assists with copays, premiums, deductibles and out-of-pocket expenses including travel. Eligibility is determined by financial, medical, and insurance information. Apply online or via automated phone system.  
Fees: No fee.  

Habitat for Humanity - Huron Valley - Critical Home Repair Program  
Address: 2805 S. Industrial, Suite 100, Ann Arbor MI 48104  
Website: www.h4h.org/criticalhomerepair  
Phone: (734) 800-4200  
Fax: (734) 677-1572  
Services: Provides assistance with pre- and post-energy audits; roof, refrigerator and water heater replacement; furnace tune-up or replacement; and additional home repairs. Based on need and available funding.  
Fees: No fee.  

Hope Clinic  
Website: www.thehopeclinic.org  
Address: 518 Harriet Street, Ypsilanti MI 48198  
Phone: (734) 484-2989  
Fax: (734) 484-6825  
Email: info@thehopeclinic.org  
Services: Provides limited financial help for prescription co-pays, transportation to medical appointments, or help with other emergency financial needs.  
Fees: No fee.
Housing Bureau for Seniors - Michigan Medicine  
Website: [www.med.umich.edu/seniors](http://www.med.umich.edu/seniors)  
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105  
Phone: (734) 998-9339  
Fax: (734) 998-5878  
Email: housingbureauseniors@umich.edu  
**Services:** Offers support and resources for older adults in search of sustainable housing. Staff social workers conduct assessments, provide appropriate information and offer decision-making tools to help find and maintain stable, affordable living arrangements. Through the HomeShare, Foreclosure Prevention, and Housing Counseling/Eviction Prevention programs, HBS provides resources and helps find community support systems for those planning or making housing transitions, and/or those handling housing-related crises.  
**Hours:** Monday - Friday 9 am - 5 pm  
**Fees:** No fee. Donations accepted.

Jewish Family Services of Washtenaw County  
Website: [www.jfsannarbor.org/](http://www.jfsannarbor.org/)  
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104  
Phone: (734) 769-0209  
Fax: (734) 769-0224  
Email: info@jfsannarbor.org  
**Services:** Helps Washtenaw County residents access a variety of emergency community funds, based on those programs’ income and asset guidelines.  
**Hours:** Monday - Thursday 9 am – 5 pm; Friday 9 am – 3 pm  
**Fees:** No fee.

Manchester Family Services, Inc.  
Website: none  
Address: PO Box 471, Manchester MI 48158  
Phone: (734) 428-7183  
**Services:** Emergency aid for residents of Manchester School District. Can provide food or help with rent, utility payments, and medical bills.  
**Hours:** Monday – Friday 9 am - 4 pm  
**Fees:** No fee.

MiCafe  
Website: elderlawofmi.org/micafe  
Toll Free: (877) 664-2233  
**Services:** Assists in applying for SNAP (Supplemental Nutrition Assistance Program - USDA) benefits.  
**Hours:** Call for hours.  
**Fee:** No fee.
Michigan Ability Partners - Representative Payee
Website: www.mapagency.org/payee
Address: 3810 Packard Road, Suite 260, Ann Arbor  MI 48108
Phone: (734) 975-6880
Fax: (734) 975-2956
Email: info@mapagency.org
Services: Help participants increase money management skills, build and maintain credit, and achieve financial stability.
Hours: Monday - Friday 8:30 am - 4:30 pm
Fees: Typically flat rate as set by Social Security, currently $43 per month.

Michigan Department of Health & Human Services - Food Assistance Program
Website: www.michigan.gov/mdhhs/Assistance_Programs
Services: Information on various programs -- cash assistance, food assistance, refugee assistance, emergency relief, and housing. Links to specific programs in each area.
Hours: 24 Hours
Fees: No fee.

Michigan Medicare/Medicaid Assistance Program, Inc. (MMAP)
Website: www.mmapinc.org
Address: Services offered at various locations
Toll Free: (800) 803-7174
Services: Medicare/ Medicaid Assistance Program assists all Medicare beneficiaries in choosing a Medigap plan, Part D plan for prescription coverage, applying for Extra Help through Social Security, applying for Medicaid, getting a Medigap Subsidy, and understanding medical bills.
Hours: 9 am - 4:30 pm
Fees: No fee.

Michigan Parkinson Foundation
Website: www.parkinsonsmi.org
Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025
Phone: (248) 433-1011
Toll Free: Michigan (800) 852-9781
Fax: (248) 433-1150
Email: info@parkinsonsmi.org
Services: Michigan Parkinson Foundation can assist Michigan residents with Parkinson’s disease who meet financial criteria obtain some relief for Parkinson’s medication costs and for respite care in or out of the home. It can help find alternative sources of funding medication costs.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.
Michigan Prescription Drug Discount Card
Website: www.mihealth.org/mirx/
Address: PO Box 30412, Lansing MI 48909
Toll Free: (866) 755-6479 Press 2, then 1 or (800) 259-8016
Services: MIRx card is a prescription drug discount program for Michigan residents who do not have any prescription drug coverage.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

National Kidney Foundation of Michigan, Inc.
Website: www.nkfm.org
Address: 1169 Oak Valley Drive, Ann Arbor MI 48108
Phone: (734) 222-9800
Toll Free: Michigan (800) 482-1455
Fax: (734) 222-9801
Email: info@nkfm.org
Services: The Luann Scheppelmann-Eib Emergency Fund provides a one-time help of up to $100 for the urgent needs of people with kidney disease. Payments are made directly to vendors. Common uses for emergency funds include: transportation to dialysis, utility bills, food, prescription co-pays, medical equipment, and moving. Contact a social worker to complete an application.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

NeedyMeds
Website: www.needymeds.org
Toll Free: (800) 503-6897
Fax: (206) 260-8850
Email: info@needymeds.org
Services: A source of information on thousands of programs that may be able to offer assistance to people in need. The information is available anonymously and free of charge.

- **Patient Assistance Programs**: These programs are usually sponsored by pharmaceutical companies and provide free or discounted medicines to low-income, uninsured and underinsured people who meet the guidelines. Eligibility criteria are different for every program. Includes some medical transportation assistance.
- **Disease-Based Assistance**: Programs targeted at specific diseases.
- **Discount Drug Cards**: To obtain medicines at a discounted price. The card is printable from the website.

Hours: N/A.
Fees: No fee.
**SOS Community Services - Food Pantry & Housing Crisis Center**

**Website:** [www.soscs.org](http://www.soscs.org)

**Address:** 114 N. River Street, Ypsilanti MI 48198

**Phone:** Food Pantry (734) 484-9945  
Housing (734) 961-1999  
Office (734) 485-8730  
Resource Center (734) 484-5411

**Fax:** (734) 485-8739

**Services:** Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification). Must be a Washtenaw County resident for some services. Housing assistance provided via referrals from Housing Access for Washtenaw County (HAWC). Food for 3 meals per person in household up to 12 times a year. Personal care items and meats from Pantry for eligible residents by appointment only.

**Hours:**
- Monday - Friday 9 am - 5 pm; Tuesdays 9 am - 6:30 pm
- Resource Center: Mondays 9 am - 1 pm; Thursdays & Fridays 9 am - 4 pm
- Food Pantry: Tuesdays 1 pm - 6 pm; Wednesdays 9 am - 1 pm

**Fees:** No fee.

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**Saline Area Social Service**

**Website:** [www.salinesocialservice.com](http://www.salinesocialservice.com)

**Address:** 131 E. Michigan, Saline MI 48176

**Phone:** (734) 429-4570

**Email:** socserv@frontier.com

**Services:** Short-term help with prescriptions, family counseling, food, and utility bills. Must live in the Saline School District and meet financial criteria.

**Hours:** Mondays 10 am - 6 pm; Tuesday - Thursday 10 am - 2:30 pm

**Fees:** No fee.

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**Salvation Army - Ann Arbor MI**

**Website:** [centralusa.salvationarmy.org](http://centralusa.salvationarmy.org)

**Address:** 100 Arbana, Ann Arbor MI 48103

**Phone:** (734) 668-8353

**Fax:** (734) 668-0908

**Email:** salarmya2@gmail.com

**Services:** Food, fuel, clothing, and shelter provided during an emergency. Call to make appointment; application must be picked up in person. Eligibility determined on individual basis. Must be Washtenaw County resident. Ypsilanti and Willis residents should use Ypsilanti office.

**Hours:** Monday - Friday 8 am - 4 pm

- Food Pantry: Tuesdays & Thursdays 9:30 - 11:30 am & 1 - 3 pm

**Fees:** No fee.
Salvation Army - Ypsilanti MI
Website: centralusa.salvationarmy.org
Address: 9 S. Park Street, Ypsilanti MI 48198
Phone: (734) 482-4700
Fax: (734) 482-2689
Services: Food pantry, soup kitchen, clothing, family shelter, transitional housing and counseling for veterans, emergency and disaster relief, utility assistance, and eviction prevention. Emergency services by appointment only. Food pantry visits limited to 1/month; produce distribution limited to 1/week. Primarily serves Ypsilanti area residents.
Hours: Monday - Friday 8:30 am - 4 pm  
Food Pantry: Tuesdays 1 pm - 3 pm  
Produce Distribution: Thursdays 2 pm - 3 pm
Fees: No fee.

Social Security Administration - Medicare Part D & SSI
Website: www.ssa.gov/benefits/medicare/prescriptionhelp/ & www.ssa.gov/benefits/ssi/
Address: 3971 Research Park Drive, Suite A, Ann Arbor MI 48108
Toll Free: (800) 772-1213  
TTY: (800) 325-0778
Services: Enrolls financially-eligible Medicare beneficiaries in Part D Extra Help to assist with prescription costs; enrolls financially-eligible seniors and younger disabled people in Supplemental Security Income.
Hours: Monday - Tuesday & Thursday - Friday 9 am - 4 pm; Wednesdays 9 am - 12 pm
Fees: No fee.

State of Michigan - Department of Health and Human Services - Washtenaw County
Website: http://www.michigan.gov/mdhhs
Address: 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000  
Cash, Food, Medical, Home & Burial Assistance (855) 275-6424
Fax: (734) 481-8362
Services: Handles applications for Medicaid, State Emergency Relief, and other state financial programs.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Synod Community Services - Financial Advocacy Program
Website: www.synodhelps.org/who-we-serve/economic-guidance
Address: 615 S. Mansfield Street, P.O. Box 980465, Ypsilanti MI 48198
Phone: (734) 483-9363
Email: info@synodhelps.org
Services: Offers economic guidance and financial management including trusts, representative payeeships, and bill pay services.
Hours: Monday - Friday 9 am - 5 pm
Fees: Typically flat rate as set by Social Security, currently $43-$75 per month. Other services billed at hourly rate.
United Way of Washtenaw County - Financial Stability Program
Website: https://www.uwwashtenaw.org/financialstabilityindividuals
Address: 2305 Platt Road, Ann Arbor MI 48104
Phone: office (734) 971-8200
Toll Free: 24 Hours call 211 or (800) 552-1183
Fax: 734-971-6230
Online Live Chat: Yes
Email: liveunited@uwwashtenaw.org
Services: Help lower your monthly expenses, repair your credit and set you on the path to gaining and sustaining assets.
  ● Free 1-on-1 Financial Coaching & Resource Navigation
  ● Financial Empowerment Workshops
  ● Volunteer Income Tax Assistance (VITA) Program
  ● Free At Home Tax Filing Support
Hours: Monday - Friday 8 am - 4:30 pm
Fees: No fee.

University of Michigan Credit Union
Website: www.umcu.org
Address: Administrative office: 340 E. Huron, Suite 100, Ann Arbor MI 48104 (+ multiple branches)
Phone: (734) 662-8200
Toll Free: (800) 968-8628
Fax: (734) 996-4522
Services: Licensed professional will analyze income and debts in an initial 2-hour consultation. Must be a University of Michigan Credit Union member; open an account for $5.
Hours: Call for appointments Monday - Friday.
Fees: No fee.

Washtenaw County - Healthy Michigan Plan (Medicaid)
Website: www.washtenaw.org/1877/Healthy-Michigan-Plan-Medicaid
Address: Washtenaw Health Plan, 555 Towner Street, Ypsilanti MI 48198
  ● Michigan Medicine - Ann Arbor  Michigan Medicine - Patient Financial Counselors
  ● Packard Health  Packard Health - Insurance Enrollment Assistance
  ● Manchester Community Resource Center  734-428-7722 or Email: manchester_crc@sbcglobal.net
  ● Faith in Action - Chelsea  www.faithinaction1.org/programs-services/
Phone: Ypsi (734) 544-3030
Services: Assist in applying for expanded Medicaid. Must be Michigan resident and not in or qualified for Medicare. Ypsi has Spanish, Arabic & French in-person interpretation services available.
Hours: Ypsi Monday – Friday 9 am – 4 pm
Fees: No fee.
**Washtenaw County Health Plan - Plan B**  
**Website:** [www.washtenaw.org/1878/Plan-B-Information](http://www.washtenaw.org/1878/Plan-B-Information)  
**Address:** 555 Towner Street, Ypsilanti MI 48198  
**Phone:** (734) 544-3030  
**Toll Free:** (866) 291-8691  
**Fax:** (734) 544-6704  
**Services:** Includes a discount prescription drug program for County residents of all ages who have limited, exhausted, or no prescription drug coverage.  
**Hours:** Monday – Friday 8 am - 4 pm  
**Fees:** No fee for membership. Drug fees vary for generic & brand name.

**World Medical Relief - Local Programs**  
**Website:** [www.worldmedicalrelief.org/local-programs](http://www.worldmedicalrelief.org/local-programs)  
**Address:** 21725 Melrose Avenue, Southfield MI 48075  
**Phone:** (313) 866-5333  
**Fax:** (313) 866-5588  
**Email:** info@worldmedicalrelief.org  
**Services:** Facilitates the distribution of surplus medical resources where they are needed. Goods are distributed in a non-discriminatory manner without regard to race, color, gender, religion, nationality or political beliefs.  
- **Affordable Prescriptions** program - Available for financially-qualified individuals 18+. Financial guidelines: low/medium income as determined by federal guidelines and are uninsured or underinsured. Must have no or insufficient prescription coverage; not enrolled in Medicaid. May qualify with Medicare Part D.  
- **Medical Supply Service** -- Must have a referral from a social service agency or prescription from a licensed healthcare professional.  
- **Durable Medical Equipment** program -- Must have a doctor’s prescription and the ability to pick up medical equipment from the Southfield warehouse.  
**Hours:** Monday - Friday 9 am - 5 pm  
**Fees:** $ 8.30 per 30-day prescription. DME handling fee.

**Ypsilanti Thrift Shop**  
**Website:** [thriftshopofypsi.org](http://thriftshopofypsi.org)  
**Address:** 14 S. Washington Street, Ypsilanti MI 48197  
**Phone:** (734) 483-1226  
**Services:** Can give vouchers for clothing and household items from the store. Agency social workers must first contact the shop’s Director of Social Services at (734) 483-3932 for approval. One voucher per client every six months.  
**Hours:** Mondays & Wednesday - Friday 10 am - 3:45 pm; Tuesdays 12 - 6 pm; Saturdays 10 am - 1 pm; open until 8 pm first Friday of each month; closed on major holidays  
**Fees:** Cash and vouchers accepted.
Alzheimer's Association - Michigan - Great Lakes Chapter
Website: www.alz.org/mglc  www.alz.org
Address: 564 S. Main Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 369-2716
Toll Free: 24 Hour (800) 272-3900 (Helpline)
Fax: (734) 369-2816
TTY: 24 Hour (866) 403-3073 (Helpline)
Services: Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer's disease, educational programs, professional training, a speakers' bureau, a resource library with free lending opportunities, SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer's or a related dementia wanders and becomes lost), and opportunities for clinical trials. Provides multiple language services.
Hours: Monday - Friday 9 am - 5 pm. Hotline available 24 Hours
Fees: No fee for most services.

Michigan Medicine - Geriatrics Specialty Clinic - Cognitive Disorders Program
Website: www.uofmhealth.org/our-locations/eaahc-geriatrics-specialty
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
Phone: (734) 764-6831
Toll free: (877) 865-2167
TTY: (800) 649-3777
Fax: (734) 647-8535
Services: Provides comprehensive testing and assessments of problems associated with memory loss, cognitive impairment and related disorders, and other neurodegenerative diseases. Physician’s referral required.
Hours: Monday - Friday 8 am - 5 pm
Fees: Varies according to insurance.

Michigan Medicine - Michigan Alzheimer’s Disease Center (MADC)
Website: alzheimers.med.umich.edu
Address: 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105
Phone: (734) 936-8803
Email: UM-Ask-MADC@med.umich.edu
Services: The MADC, part of the Department of Neurology, provides information on Alzheimer's disease and related disorders to people 50+ experiencing memory changes. Promotes care and wellness for individuals and families affected by memory loss. Opportunities for participation in research studies are available.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee. Stipend may be offered for participation in research studies.
Michigan Medicine - Geriatrics Center Clinics
Website: medicine.umich.edu/dept/dgpm/geriatrics-center-clinics
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: (734) 764-6831
Toll free: (877) 865-2167
Fax: (734) 763-2064
Services: Provides comprehensive medical evaluations, neuropsychological testing, and consultations with a nurse and social worker. Counseling and ongoing care to monitor changes.
Hours: Monday - Friday 8 am - 5 pm; 24 Hour Careline (734) 764-6831
Fees: Varies according to insurance.

VA Ann Arbor Healthcare System - Speciality Care - Neurology
Website: www.annarbor.va.gov
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll free: (800) 361-8387
TTY: (800) 361-8387 Ext. 711
Services: Veterans requiring evaluation of cognitive deficits are seen in the Neurology Clinic. A consult is required from the patient’s primary care provider.
Hours: Wednesdays 8:30 am - 10:30 am
Fees: Varies according to income and/or military service-connected disability.
HEALTH SERVICES – DENTAL  rev June 2019

Community Dental Center
Website:  www.dent.umich.edu/cdc/
Address:  406 N. Ashley, Ann Arbor  MI 48013
Phone:  (734) 998-9640 outgoing message with voicemail option
Fax:  (734) 998-9647
Email:  CDCcontact@umich.edu
Services: A non-profit program, jointly sponsored by the City of Ann Arbor and the University of Michigan Dental School, offering comprehensive dental care to the community.
Hours:  Monday - Thursdays 8 am - 5 pm; Fridays 8 am - 1 pm ; 2nd Saturday 8 am - 1 pm
Fees:  Most dental insurance is accepted, including Medicaid. There is a tiered fee structure for services by pre-doctoral dental students.

Hope Dental Clinic
Website:  www.thehopeclinic.org/dental-clinic/
Address:  518 Harriet Street, Ypsilanti  MI 48198
Phone:  (734) 480-9575 outgoing message & voicemail options only
Fax:  (734) 484-6825
Services:  Provides preventative and restorative dental care to low income children and adults without dental insurance or the ability to pay for dental care. If not seen at the clinic before, call or visit the website to find out when the next new patient sign-up day will be. Eligibility guidelines are based on family size and income. Proof of income and a photo ID are required during new patient sign-up.
Hours:  Monday - Friday 9 am - 12 pm and 1 - 5 pm
Fees:  Does not accept patients with Medicaid or any dental insurance.

University of Michigan - Dental School
Website:  www.dent.umich.edu
Address:  1011 N. University, Ann Arbor  MI 48109
Phone:  Student or Specialty Clinic (734) 763-6933 Dental Faculty appts. (734) 764-3155
Toll Free:  (888) 707-2500
Services:  Comprehensive dental care provided by pre-doctoral students, residents and faculty. Specialty Clinic treats patients 16+ with disabilities including dementia; progressive neurologic conditions; and physical disabilities that limit mobility, vision, or hearing.
Hours:  Monday – Friday 8 am - 4:50 pm
Fees:  Accepts various insurances including Medicaid.
Voiage Dental / Voiage Portable Dentistry
Website: www.voigagedental.com (may need to search web for “voiage dental”)
Address: 26024 Pontiac Trail, South Lyon MI 48178
Phone: Office 248-486-4848 Coordinator Cell 248-931-4828
Fax: 855-778-278
Email: VoiageDental@gmail.com
Services: Elisa M. Ghezzi, DDS, PHD provides dental care for residents of assisted living facilities in the Detroit Michigan Metropolitan area. She specializes in mobile geriatric dental care for medically and cognitively impaired patients.
Hours: Call office for appointment or consultation.
Fees: Fee-for-service; bills patient and will submit bills to dental insurance for patient reimbursement.

Washtenaw County Dental Clinic
Website: www.washtenaw.org/Dental-Clinic
Address: Haab Health Building, 111 N. Huron Street, Ypsilanti MI 48197
Phone: (734) 480-4250
Toll Free: appointments (877) 313-6232
Services: Dental services for adults and children who are uninsured and low income, or who are enrolled in Medicaid MIChild, or Healthy Kids. Dental clinic staff speak Arabic and Mandarin. Telephone translation available for other languages. A program in partnership with Saint Joseph Mercy Health System, the Washtenaw Health Plan, Washtenaw County and My Community Dental Centers.
Hours: Call for Information.
Fees: Sliding scale for the uninsured. Call for more information.
IHA Senior Health Services
Website: ihacares.com/locations/ih-a-senior-health
Address: 5361 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-5189
Fax: (734) 222-3106
Services: Provides support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. An IHA Senior Health visit may be beneficial for general aging concerns, questions about memory loss, concerns about falling, consideration of change in living situation, assistance with advance care planning and concerns about depression or isolation. No ongoing care. Requires referral from health provider.
Hours: Monday - Friday 8 am - 5 pm
Fees: Covered by Medicare and most insurances.

Michigan Medicine - Michigan Alzheimer’s Disease Center (MADC)
Website: alzheimers.med.umich.edu
Address: 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105
Phone: (734) 936-8803
Email: UM-Ask-MADC@med.umich.edu
Services: The MADC, part of the Department of Neurology, provides information on Alzheimer's disease and related disorders to people 50+ experiencing memory changes. Promotes care and wellness for individuals and families affected by memory loss. Opportunities for participation in research studies are available.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee. Stipend may be offered for participation in research studies.

Michigan Medicine - Geriatrics Center Clinics
Website: medicine.umich.edu/dept/dgpm/geriatrics-center-clinics
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
and West Ann Arbor Health Center Parkland Plaza, 380 Parkland Plaza, Ann Arbor MI 48103
Phone: (734) 764-6831 East AA
Toll free: (877) 865-2167
Fax: (734) 647-8535
Services: The Geriatrics Center Clinics provide comprehensive medical evaluations, primary care, specialty care, and geriatric assessment and consultation. Ongoing care to monitor changes and counseling are also provided.
Hours: Monday - Friday 8 am - 5 pm
Fees: Varies according to insurance.
St. Joseph Mercy Ann Arbor - Psychological Testing Services
Website: www.stjoesannarbor.org/PsychologyServices
Address: Outpatient Behavioral Services, 2006 Hogback Road, Ann Arbor MI 48105
Phone: (734) 786-2300
Fax: (734) 786-4915
Services: Brief neuropsychological testing for evaluating problems of memory and cognition, including possible brain injury, dementia and other neurological disorders. Referral required.
Hours: Monday - Friday 8 am to 5 pm
Fees: Covered by Medicare and most insurances.

St. Joseph Mercy Chelsea - Neuropsychology
Website: www.stjoeschelsea.org/Neuropsychology
Address: 775 South Main Street, Chelsea MI 48118
Phone: (734) 593-5620
Services: Evaluate people with known or suspected neurologic (e.g., stroke, head injury, Alzheimer's disease, dementia) disorders and help identify the nature of the problem and then assist in developing workable solutions.
Hours: Monday - Friday 8 am to 5 pm
Fees: Covered by Medicare and most insurances.

VA Ann Arbor Healthcare System - Geriatric Medicine
Website: www.annarbor.va.gov/services/ecrc.asp
Address: Extended Care Center, First floor, Room F149, 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll free: (800) 361-8387
TTY: (800) 361-8387 Ext. 711
Services: Inpatient geriatric medicine consultation and outpatient geriatric evaluation and management clinic.
Hours: Varies.
Fees: Varies according to income and/or military service-connected disability.
HEALTH SERVICES – HEALTH CARE ORGANIZATIONS - rev Jan 2020

Alzheimer’s Association – Michigan - Great Lakes Chapter HQ  
Website: [www.alz.org/mglc/](http://www.alz.org/mglc/)  
[www.alz.org](http://www.alz.org)  
Address: 564 S. Main Street, Suite 200, Ann Arbor MI 48104  
Phone: Local (734) 369-2716  
Toll Free: 24 Hour (800) 272-3900  
TTY: 24 hour (866) 403-3073  
Online Live Chat: [Ask a Librarian](#)  
Services: Provides a 24 hour helpline, care consultation & resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer’s disease, educational programs, professional training, a speakers bureau, a resource library with free lending opportunities, MedicAlert® + SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer’s or a related dementia wanders and becomes lost), and opportunities for clinical trials. The Alzheimer’s Association provides multi-lingual services.  
Hours: Monday - Friday 9 am – 5 pm; 24 Hour helpline  
Fees: Varies according to service – most are offered at no cost.

American Cancer Society Michigan  
Website: [www.cancer.org](http://www.cancer.org)  
Address: 20450 Civic Center Drive, Southfield MI 48076  
Phone: (248) 663-3400  
Toll Free: National (800) 227-2345  
Online Live Chat: Yes  
Services: Dedicated to eliminating cancer as a major health problem through prevention, research, education, advocacy, programming, and fundraising. Offers access to clinical trials, extensive information regarding cancer prevention, cancer treatments, and cancer facts and figures.  
Hours: Monday - Friday 8:30 am – 5 pm  
Fees: Fees vary according to service – most are offered at no cost.

American Diabetes Association  
Website: [www.diabetes.org](http://www.diabetes.org)  
Address: 20700 Civic Center Drive, Suite 100, Southfield MI 48076  
Phone: (248) 433-3830  
Toll Free: National (888) DIABETES (342-2383)  
Online Live Chat: Yes Monday - Friday 8:30 am - 5 pm ET  
Fax: (248) 353-4977  
Email: [ADAMl@diabetes.org](mailto:ADAMl@diabetes.org)  
Services: Funds research, publishes scientific findings, provides information and other services to people with diabetes, their families, health professionals and the public. Advocates for scientific research and for the rights of people with diabetes.  
Hours: Monday - Friday 8:30 am – 5 pm; National Helpline Monday-Friday 8:30 am - 8 pm ET  
Fees: Fees vary according to service; most are offered at no cost.

Contact Information:  
Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
American Heart Association - Detroit
Website: www.heart.org/en/affiliates/michigan/detroit  www.americanheart.org
Address: 27777 Franklin Road, Suite 1150, Southfield MI 48034
Phone: (248) 936-5800
Toll Free: National (800) 242-8721
Fax: (248) 936-5784
Services: Offers information and resources pertaining to heart disease and stroke, CPR and ECC certification, classes on healthy lifestyle management, as well as advocacy and fundraising efforts. Affiliated with the American Stroke Association.
Hours: Monday - Friday 8:30 am – 4:30 pm;
       National Monday - Friday 7 am - 9 pm CST & Saturday - Sunday 9 am - 5 pm CST
Fees: Varies with program/service.

American Lung Association in Michigan
Website: www.alam.org  www.lung.org
Address: 1475 E. 12 Mile Road, Madison Heights MI 48071
Phone: (248) 784-2000
Toll Free: National (800) 586-4872
Fax: (248) 784-2008
Email: National info@lung.org  Michigan midland@lung.org
Services: Improve lung health and prevent lung disease through research, education and advocacy. Offers information and resources pertaining to lung cancer disease, lung disease, COPD, tuberculosis, asthma, tobacco use, and clean air.
Hours: Monday - Friday 9 am – 5 pm
       National Monday - Friday 7 am - 9 pm CST & Saturday - Sunday 9 am - 5 pm CST
Fees: Varies according to program.

American Red Cross of Southeast Michigan
Website: www.redcross.org/local/michigan or www.redcross.org
Address: 7800 Outer Drive W., Suite 205, Detroit MI 48235
       Blood donations - 4624 Packard Road, Ann Arbor MI 48108
Phone: (313) 883-4440  Blood donations (734) 971-5300
Toll Free: 24 Hours (866) 971-5300  24 Hours (800) 774-6066
Fax: (734) 971-5303
Services: Trains the community in First Aid, CPR, Babysitting, Pet First Aid, and Aquatics. To donate blood, call (800) GIVELIFE or contact www.givelife.org.
Hours: Monday - Thursday 8:30 am - 5 pm; Fridays 8:30 am - 3 pm
Fees: Varies according to class or program.
American Stroke Association  
Website: [www.strokeassociation.org](http://www.strokeassociation.org)  
Address: 27777 Franklin Road, Suite 1150, Southfield MI 48034  
Phone: (248) 936-5800  
Toll Free: National (888) 478-7653  
Fax: (248) 936-5784  
Services: Offers information and resources pertaining to stroke warning signs, prevention, treatment and certification, and recovery information, as well as advocacy and fundraising efforts. Affiliated with the American Heart Association.  
Hours: Monday - Friday 8:30 am – 4:30 pm;  
National Monday - Friday 7 am - 9 pm CST & Saturday - Sunday 9 am - 5 pm CST  
Fees: Varies with program or service.

Arthritis Foundation - Great Lakes Region - Michigan  
Website: [www.arthritis.org](http://www.arthritis.org)  
Address: 888 W. Big Beaver, Suite 305, Troy MI 48084  
Phone: (947) 282-2955  
Toll-Free: Helpline (844) 571-4367 Customer Service (800) 283-7800  
Services: Offers support for more than 100 types of arthritis and related conditions. Provides public health education; does advocacy, public policy, and legislation; leads and funds research to improve the quality of life for those living with arthritis.  
Hours: Monday - Friday 10 am – 3 pm  
summer hours Monday - Thursday 8:30 am - 5 pm & Fridays 8:30 am - 3 pm  
Fees: Varies according to program.

The Association for Frontotemporal Degeneration  
Website: [theaftd.org](http://theaftd.org)  
Toll Free: (866) 507-7222  
Email: info@theaftd.org  
Services: Links to resources on managing FTD, general support, publications and media.  
Hours: Call for hours.  
Fees: No fee.

Greater Detroit Agency for the Blind and Visually Impaired (GDABVI)  
Website: [www.gdabvi.org](http://www.gdabvi.org)  
Address: 16625 Grand River Avenue, Detroit MI 48227  
Phone: (313) 272-3900  
Fax: (313) 272-6893  
Email: information@gdabvi.org  
Services: Provides quality, innovative services that increase self-reliance, productivity and dignity for persons with severe vision loss. The agency offers in-home rehabilitation services to adults and seniors, community education programs on eye health and safety. Eligibility: Adults, age 60+ (age limit is flexible) who are blind or visually impaired.  
Hours: Monday - Friday 8:30 am to 4:30 pm  
Fees: No fee.
Huntington’s Disease Society of America (HDSA) - Michigan Chapter
Websites: www.hdsa.org  michigan.hdsa.org
Address: 1221 Bowers Street, PO Box 1091, Birmingham  MI 48012
Phone: (989) 832-4170
Toll Free: Chapter Helpline (800) 909-0073  National Helpline (800) 345-HDSA (4372)
Fax: (517) 827-4950
Email: michigan@hdsavolunteer.org  HDSAinfo@hdsa.org
Services: Dedicated to improving the lives of people with Huntington's Disease and their families.
Works to promote and support research and medical efforts, to assist people and families affected by
Huntington's Disease, and to educate the public and health professionals about Huntington's disease.
Sponsors several online support groups as well as a group in Royal Oak, MI.
Hours: The HDSA-MI social worker will return all phone calls left on the Chapter Helpline voicemail or
to emails sent to sforbes@hdsa.org.
Fees: No fee for support groups that operate throughout Michigan.

Lewy Body Dementia Association
Website: www.lbda.org
Toll Free: (800) 539-9767
Services: Education, research, support and materials on LBD.
Hours: Call for hours.
Fees: No fee.

Mesothelioma Prognosis Network
Website: www.mesotheliomaprognosis.com
Toll Free: (855) 548-4947
Online Live Chat: Yes
Services: Provides free information and resources to those affected by mesothelioma cancer. A
patient advocate helps find treatment grants and explore mesothelioma trust funds and VA benefits
claims. Online monthly support group.
Hours: Call for information
Fees: No fee.

Michigan Parkinson Foundation
Website: www.parkinsonsmi.org
Address: 30400 Telegraph Road, Suite 150, Bingham Farms  MI 48025
Phone: (248) 433-1011
Toll Free: (800) 852-9781
Fax: (248) 433-1150
Email: info@parkinsonsmi.org
Services: Works to educate and support people with Parkinson’s and related disorders, their loved
ones and physicians/allied health professionals. Supports research into the mechanisms underlying
the disease and therapeutic strategies aimed at reducing the burden of illness. Provides support
groups for people with PD and their families. Lists exercise groups in each county. Has links to
various state and national organizations and resources.
Hours: Monday - Friday 8:30 am – 5 pm or leave voicemail
Fees: Varies according to program.
National Alliance on Mental Illness -- NAMI Michigan
Website: www.namimi.org       www.nami.org
Address: 1100 N. Main Street, Ann Arbor MI 48104
Phone: (734) 994-6611
Toll Free: (800) 950-6264 Helpline
Text: NAMI to 741741
Email: office@namiwc.org       info@namimi.org       info@nami.org
Services: Grassroots mental health organization. Local affiliate works to raise awareness and provide support and education to those in need.
Hours: Monday and Thursday 9:30 am - 2:30 pm       Tuesdays 1 - 4 pm
       Helpline Monday - Friday 10 am - 6 pm ET
Fees: No fee.

National Kidney Foundation of Michigan, Inc.
Website: www.nkfm.org
Address: 1169 Oak Valley Drive, Ann Arbor MI 48108
Phone: (734) 222-9800
Toll Free: Michigan (800) 482-1455
Fax: (734) 222-9801
Email: info@nkfm.org
Services: Works to prevent chronic kidney disease and its leading causes: diabetes, obesity, and high blood pressure -- through education and research. Promotes organ and tissue donation.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.

National Multiple Sclerosis Association - Michigan Chapter
Website: www.nationalmssociety.org
Address: 29777 Telegraph Road (Onyx Office Building), Suite 1651, Southfield MI 48034
Phone: (248) 351-2190
Toll Free: (800) 344-4867
Email: info@mig.nmss.org
Services: Educates, provides support and information on living with MS; links to research studies.
Hours: 9 am - 7 pm ET       phone support
Fees: No fee.

National Osteoporosis Foundation
Website: www.nof.org
Toll Free: (800) 231-4222
Email: info@nof.org
Services: Dedicated to preventing osteoporosis and broken bones, promoting strong bones for life and reducing human suffering through programs of public and clinician awareness, education, advocacy and research.
Hours: Call for hours
Fees: No fee.
Washtenaw County Medical Society
Website: wcms-mi.org
Address: 5 Research Drive, Suite C, Ann Arbor MI 48103
Phone: (734) 668-6241
Fax: (734) 668-8928
Services: Offers physician directory and answers inquiries regarding medical and public health programs in the community. Offers Prescription Savings Coupon to the public.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.
HEALTH SERVICES – HEARING AND SPEECH IMPAIRMENT - rev July 2018

Caption telephones are free to those experiencing hearing loss. Consult an audiologist or contact your telephone company for more information.

AT&T Accessibility
Website: www.att.com/features/accessibility
Toll Free Disability & Aging Center Support: (800) 772-3140
Toll Free National Center for Customers with Disabilities: (866) 241-6568 for wireless customers
TTY Disability & Aging Center Support: (800) 651-5111
NCCD TTY: (866) 241-6567 for wireless customer
Online Live Chat: Yes; daily 7 am - 1 am ET
Services: AT&T Accessibility plan is a group of rate plans developed for customers who, because of a disability, are unable to effectively communicate over voice networks. These plans provide data only access to AT&T’s network and typically include the following features: Real-time text messaging, E-mail, Internet access, and Video Calling or Multimedia Messaging (when not restricted by device). Not for use on tablets. Customers using a TTY will receive a discount for local and toll calls, based on need. AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/cell phone bill.
Hours: Monday - Friday 10 am - 10 pm ET; Saturday 11 am - 7:45 pm ET
Fees: Varies, discounted services.

Audient Alliance for Accessible Hearing Care
Website: www.audientalliance.org
Toll Free: (866) 956-5400
Services: Affordable access to hearing aids and care for individuals with limited financial resources.
Hours: Monday - Friday 9 am - 9 pm ET
Fees: Based on ability to pay.

Comcast - Accessibility Support Center
Website: www.xfinity.com/support/articles/accessibility-services
Toll Free: (855) 270-0379
Online Live Chat: Yes support.xfinity.com/accessibility
Email: accessibility@comcast.com
Services: Assistance with closed captioning and obtaining operator services and directory assistance exemptions for those with disabilities (as verified by a physician).
Hours: Sunday - Saturday 8 am - 12 am ET
Fee: Varies with services.
Deaf and Hearing Interpretive Services, Inc.
Website: www.dhisonline.org
Address: 25882 Orchard Lake Road, Suite 100, Farmington Hills MI 48336
Phone: (248) 473-1888,
TTY: (248) 473-1875
Fax: (248) 474-7938
Services: Provides assistance obtaining assistive devices, advocacy, support groups and counseling, information and referral, and individual client assistance. Serves deaf individuals in southeastern Michigan or older adults with hearing loss.
Hours: Monday - Friday 9 am – 5 pm
Fees: Fee varies according to service, also based on ability to pay.

Deaf Health Clinic at Dexter Health Center - Michigan Medicine
Website: www.uofmhealth.org/our-locations/deaf-health
Address: 7300 Dexter-Ann Arbor Road, Suite 110, Dexter MI 48130
Phone: (734) 426-2796
Video Phone: (810) 355-2743
Email: deafhealth@med.umich.edu
Services: Provides in-person primary care, prenatal & obstetrics care, and mental health services by ASL-signing physicians or social workers. Also provides virtual mental health services.
Hours: Call for appointments.
Fees: Varies according to insurances.

Eastern Michigan University - Speech and Hearing Clinic
Website: http://www.emich.edu/coe/speech/index.html
Address: 135 Porter Building, EMU Campus, Ypsilanti MI 48197
Phone: (734) 487-4410
Services: Speech and hearing services, including audiology testing, provided by graduate students.
Hours: Monday - Thursday 8:30 am - 5 pm; Friday 8:30 am - 4 pm
Fees: No fee.

Hearing Loss Association of America, Ann Arbor Chapter
Email: pamc86@gmail.com info@hearingloss-mi.org
Services: Monthly meetings offer socialization and education at the Ann Arbor Center for Independent Living (CIL), 3941 Research Park Drive, Ann Arbor MI 48108
Hours: 2nd Monday of the month at 6:30 pm
Fees: No fee; $15 annual membership fee for national association.
Lions Hearing Center of Michigan
Website: [www.lhcmi.org](http://www.lhcmi.org)
Address: 4201 Street Antoine 5E-UHC, Detroit MI 48201
Clinic Locations: Farmington Hills, Dearborn, Royal Oak and Novi
Phone: (313) 745-4664
Fax: (313) 577-8555
Email: info@lhcmi.org

Services: Provides hearing screening and testing services plus hearing aids to all individuals, regardless of age or income. Provides hearing screening services to any senior program, community center or living facility in the region. Screenings are offered on location and at no cost to participants. Offers follow-up care and evaluation through the Michigan Ear Institute [www.michiganear.com](http://www.michiganear.com/)

Hours: Varies, call for appointment.
Fees: Billed to insurance. Hearing aids discounted for people with limited financial resources.

Michigan Assistive Technology Loan Fund
Website: [www.michiganloanfunds.org](http://www.michiganloanfunds.org)
Address: c/o United Cerebral Palsy of MI, 4970 Northwind Drive, Suite 102, East Lansing MI 48823
Phone: (517) 203-1200
Toll Free: (800) 828-2714
Fax: (517) 203-1203

Services: Fund provides low interest loans for the purchase of assistive technology. Must be a resident of Michigan, and have a disability or be 65+. Also must be able to enter into a contract with no adverse credit history unless it is related to disability. Loans available via Option 1 Credit Union, which requires $5 to join.

Hours: Monday - Friday 8:30 am – 5 pm
Fees: Varies, low-interest loans available.

Michigan Dept. of Civil Rights (MDCR) - Division on Deaf, Deaf Blind and Hard of Hearing
Website: [https://www.michigan.gov/mdcr/](https://www.michigan.gov/mdcr/)
Address: Cadillac Place, 3054 W. Grand Boulevard, Suite 3-600, Detroit MI 48202
Phone: (313) 437-7035
Fax: (313) 456-3721
Toll Free Voice/TTY: (313) 437-7035
Email: DODDBHH@michigan.gov

Services: The office will assist deaf and hard of hearing persons with referrals to public or private agencies dealing with specific problems or concerns including technical support, accommodations, and interpreter information and services.

Hours: Monday - Friday 8 am – 5 pm
Fees: No fee.
Michigan Medicine - Audiology
Website: www.med.umich.edu/oto
Address: Locations at East Ann Arbor Medical Center, Briarwood, Taubman/Main Hospital, West Ann Arbor, Brighton and Livonia
Phone: (734) 936-8051
Services: Audiology testing and hearing aids.
Hours: Varies by location.
Fees: Varies based on services and insurance coverage.

Michigan Medicine - Geriatrics Center - Community Programs
Website: medicine.umich.edu/dept/geriatrics-center/community-programs
Address: Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor MI 48109
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Quarterly hearing loss education groups offered at the Turner Senior Wellness Program. Call for specific topics, dates and times.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Sprint Relay Data Plan
Website: www7.sprint.com/landings/accessibility/hearing.html or sprintrelaystore.com
Address: Sprint Video Customer Service, PO Box 29230, Shawnee Mission, KS 66201-9230
Fax: Video Customer Service (VCS) (877) 877-3291
Email: Appointments vcs@sprint.com
Online Live Chat: Yes 24/7
Services: Sprint offers mobile/wireless customers a “Sprint Relay Data Plan” for data only. Available only via www.sprintrelaystore.com; not offered at retail stores. Offers Video Customer Service with American Sign Language by appointment via email address above. Also offers IP Relay Service via the web or a mobile app.
Hours: Monday - Friday 8 am - 9 pm ET
Fees: Varies, discounted services.

T-Mobile Accessibility
Website: https://www.t-mobile.com/responsibility/consumer-info/accessibility-policy
Phone: Accessibility Customer Care (844) 375-8107
Toll Free: (844) 375-8107
TTY: (877) 296-1018
Online Live Chat: No
Services: Will provide a TTY device and phone specifically for customers who request it, offers data-only mobile plans, which also include unlimited texting, to hearing-impaired customers. Has real-time texting.
Hours: TTY & Customer Care Sunday - Saturday 6 am - 6 pm ET
Fees: Varies according to service.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Verizon - Accessibility Resource Center
Website: www.verizon.com/about/accessibility/
          FIOS & Traditional customers (800) 974-6006
TTY: Videophone (508) 251-5301
Email: vccd@verizon.com
Online Live Chat: No
Services: Offers free 411/directory assistance (with physician verification), text to 911, Braille and large print bills and audio manuals for its products, text-to-speech software for the handsets called TALKS, TTY support for its phones, and real-time texting for people who don't use voice.
Hours: Wireless customers Monday - Friday 8 am - 9 pm ET
       FIOS & Traditional customers Monday - Friday 8:30 am - 5 pm ET
Fees: Varies by service.
HEALTH SERVICES – HOSPICE & PALLIATIVE CARE - rev Nov 2019

Explanation:

Hospice □ Hospice care involves a team-oriented approach to expert medical care, pain management, and emotional and spiritual support for people facing a life-limiting illness or injury. It is appropriate when it is not possible to cure an illness or a patient chooses not to undergo certain treatments. Hospice must be ordered by a physician and is generally provided in the patient’s living environment. It may also be provided in an inpatient hospital setting.

Palliative Care □ Palliative care is focused on providing relief from the symptoms and stress of a serious illness and to help patients understand their choices for medical treatment. The goal is to improve quality of life for both the patient and the family. One’s primary care physician can provide information about palliative care specialists and will continue to be involved in the patient’s care.

A specially-trained team of doctors, nurses and other specialists work together with a patient’s other doctors to provide medical, social, emotional and practical support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment. Palliative care may be provided in a hospital, outpatient clinic or in the home.

Arbor Hospice
Website:  www.arborhospice.org
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103  Admin
        440 W. Russell Street, Suite 100, Saline MI 48176  Residence
Phone: Admin (734) 662-5999
Toll Free: 24 Hours (888) 992-2273
Fax: (734) 662-5518
Email:  WebContact@arborhospice.org
Services: Provides hospice care to seriously ill patients and their families throughout southeastern Michigan. Care is provided by a team of trained caregivers in patient homes, hospitals, nursing homes, assisted living facilities, as well as at The Residence of Arbor Hospice, Saline. Participates in the “We Honor Veterans” program. A variety of grief support groups are offered to patient families and the community.
Offers palliative care through
NorthStar Palliative Care (formerly Arbor Palliative Care)
Website:  www.arborhospice.org/our-care-services/palliative-care/
Toll Free: (855) 249-5678
Fax: (734) 929-3294
Services: Available for adults facing serious illness who have difficulty leaving home for care. In home diagnosis and treatment of distressing symptoms that may be interfering with daily life. Prescribe medications when needed and reduce triggers for visits to the emergency room.
Fees: Typically covered by Medicare, Medicaid, and other insurances. If someone doesn’t have the insurance coverage or financial means to pay for our services, Arbor Hospice will provide care regardless.
Grace Hospice
Website: www.ghospice.com/
Phone: (734) 975-0499
Toll Free Fax: (855) 618-6650
Services: A team of doctors, nurses, social workers, counselors, hospice aides, chaplains, and trained volunteers work together focusing on the patient’s needs, whether physical, psychological, or spiritual. Serves veterans via a We Honor Veterans partnership. A Community Health Accreditation Partner (CHAP) accredited hospice agency.
Fees: Medicare, Medicaid, and other insurances.

Heartland Hospice Care
Website: www.heartlandhospice.com/heartland-hospice-services-of-ann-arbor/
Address: 3840 Packard Road, Suite 260, Ann Arbor MI 48108
Phone: (734) 973-1145
Toll Free: (877) 329-1001
Toll Free Fax: (800) 878-9657
Services: Provides hospice and palliative care in homes, skilled nursing centers, and assisted or independent living facilities. A part of Heartland Home Care which provides nursing care, certified home health aides, social workers, volunteers, and pastoral care as needed.
Fees: Medicare, Medicaid, and other insurances. Provides hospice care for all—regardless of the ability to pay or insurance coverage.

Hillside Terrace - The Palms
Website: www.hillsideterrace.net
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Email: marketing@hillsideterrace.net
Services: Specialized studio and one-bedroom apartments with in-house palliative care available.
Hours: Based on availability.
Fees: Call for current rates.

Hospice of Michigan
Website: www.hom.org
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103
Toll Free: 24 Hours (888) 247-5701
Services: Hospice care is provided in the home, at the hospital, in assisted living, or at the nursing home. Serves Washtenaw County through Arbor Hospice. Participates in the “We Honor Veterans” program.
Fees: Medicare, Medicaid, and other insurances. Provides care for all—regardless of age, diagnosis, or ability to pay.
The Jewish Hospice & Chaplaincy Network
Website: jewishhospice.org/
Address: 6555 W. Maple Road, West Bloomfield MI 48322
Phone: (248) 592-2687 24 Hour Crisis Line
Fax: (248) 592-2688
Email: info@jewishhospice.org
Services: Provides a combination of palliative care, hospice care, life enrichments and bereavement care to Jewish patients or families in southeast Michigan.
Fees: No fee; funding comes from donations and grants.

Kindred Hospice (formerly Gentiva Hospice) / Southern Care
Website: www.kindredhealthcare.com/locations/hospice/southfield-mi-6552
www.southerncarehospice.com/locations/mi/jackson
Address: Riverside Center, 25925 Telegraph Road, Suite 102, Southfield MI 48033
Southern Care - 1965 Boardman Road, Unit B, Jackson MI 49202
Phone: 24 Hours (248) 356-5070 Southfield  (517) 788-6838 Jackson
Toll Free: 24 Hours (866) 546-3733
Services: Hospice services provide physical, emotional and spiritual resources and grief support for families. A member of “We Honor Veterans.”
Hours: 24 Hours.
Fees: Covered by Medicare, Medicaid and other private insurance.

Michigan Medicine - Palliative Care
Website: https://www.uofmhealth.org/conditions-treatments/home-care/palliative-care
Addresses & Phone: UM Hospital (via page) or at these clinics
  ● East Ann Arbor Health Center - Palliative and Supportive Care Clinic  (734) 764-6831
  ● Rogel Cancer Center Symptom Management and Supportive Care Program  (877) 907-0859
    ○ Available only for U-M Rogel Cancer Center patients
  ● Frankel Cardiovascular Center Palliative and Supportive Care Clinic  (888) 287-1082
  ● Chelsea Health Center - Palliative and Supportive Care Clinic  (734) 475-1321
    ○ Palliative care consultations
Services: Helps patients with chronic conditions or life-limiting illnesses to enhance their quality of life and stay independent and symptom-free for as long as possible. Palliative care is delivered by an interdisciplinary team of nurses, physicians, social workers, chaplains, pharmacists and others who focus on advanced disease management.
Fees: Medicare, Medicaid, and other insurances.
St. Joseph Mercy Home Health Care and Hospice - Southeast Michigan
Website: www.stjoeshealth.org/Hospice
Address: 34505 W. 12 Mile Road, Suite 100, Farmington Hills MI 48331
Toll Free: Michigan (855) 559-7178
Fax: New patient referrals (866) 754-4220
Services: Provides support, comfort and compassionate care for patients with serious, possibly terminal illnesses. In collaboration with the patient’s physician, provides patients with pain management and symptom control. Also gives psychological, emotional, social and spiritual support for patients and their families. A Community Health Accreditation Partner (CHAP) accredited hospice agency.
Fees: Medicare, Medicaid, and other insurances.

VA Ann Arbor Healthcare System - Palliative Care Services
Address: Extended Care Clinic, First Floor, Room F149, 2215 Fuller Road, Ann Arbor MI 48105
Website: www.annarbor.va.gov/services/
Phone: (734) 769-7100
Toll Free: (800) 361-8387
Services: Inpatient palliative care consultation and outpatient palliative care clinic.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Covered under VA benefits. May also be covered by Medicaid or Medicare.
HEALTH SERVICES – HOSPITALS - rev Nov 2019

10 East Medical Unit (Michigan Unit), St. Joseph Mercy Hospital Ann Arbor (formerly ACE)
Website: www.uofmhealth.org/our-locations/st-joseph-mercy-ann-arbor-10-east-medicine-unit
Address: Floor 10 East, 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-6001
Services: A collaboration of St. Joseph Mercy Ann Arbor and Michigan Medicine, which offers an inpatient service for older adults. Located in St. Joseph Mercy Ann Arbor, patients are cared for by geriatricians and staff from both St. Joe’s and Michigan Medicine. Admittance is physician directed based on specific needs. The patient’s physician collaborates with the 10 E. Medical Unit geriatrician to decide if the unit is right for that specific case. Patients may be admitted through St. Joe and Michigan Medicine emergency departments, geriatric clinics, physician offices and sub-acute rehab facilities. This unit is for patients who need hospitalization and who do not need urgent surgery.

St. Joseph Mercy Ann Arbor - Senior ER™
Website: www.stjoesannarbor.org/senior-er-ann-arbor
Address: 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-3000
Services: Dedicated to meeting the needs of patients age 65+, their caregivers and family. Staff have enhanced geriatric clinical training. The physical space has softer lighting, non-skid floors, and extra thick pressure-reducing mattresses in private rooms. Treatment rooms offer clocks and telephones with larger numbers. Can provide hearing assistive devices, warm blankets and items such as reading glasses.

St. Joseph Mercy Chelsea - Senior ER™
Website: www.stjoeschelsea.org/EmergencyRoom
Address: 775 S. Main Street, Chelsea MI 48118
Phone: (734) 593-6000
Services: ER physicians have specialized geriatric emergency medicine training and nurses are certified in Geriatric Emergency Nursing Education (GENE). Soft lighting, private rooms, non-skid / non-glare floors, extra thick pressure-reducing mattresses, hearing and visual amplifiers help reduce anxiety, disorientation and minimize the risk of falls and ulcers.

University Hospital - Michigan Medicine, University of Michigan
Website: www.uofmhealth.org/conditions-treatments/emergency-and-trauma
Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109
Phone: (734) 936-4000
Services: Offers Survival Flight (800) 822-2233 to transport critically ill and injured patients. Non-emergency dispatch (734) 936-6035

VA Ann Arbor Healthcare System
Website: www.annarbor.va.gov
Address: 2215 Fuller, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll Free: (800) 361-8387

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
AT&T Accessibility
Website: www.att.com/features/accessibility
Toll Free Disability & Aging Center Support: (800) 772-3140
Toll Free National Center for Customers with Disabilities: (866) 241-6568 for wireless customers
Services: AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/cell phone bill.
Hours: Monday - Friday 10 am - 10 p. ET; Saturday 11 am - 7:45 pm ET
Services: Directory assistance exemption program for individuals with certain disabilities (must have doctor complete an application). Telephone bills are available in large print or Braille. AT&T basic email works with screen readers and browsers.
Fees: Varies, discounted services.

Comcast - Accessibility Support Center
Website: www.xfinity.com/support/articles/accessibility-services
Toll Free: (855) 270-0379
Email: accessibility@comcast.com
Services: Assistance with video description on non-X1 TV boxes, using voice guidance on X1 boxes, and obtaining operator services and directory assistance exemptions for those with disabilities (as verified by a physician). Provides braille bills, channel lineups, Xfinity User Guides and large-button Xfinity remotes.
Fees: No fee.

Detroit Radio Information Services (DRIS)
Website: https://wdet.org/dris/
Address: DRIS, c/o WDET 101.9 FM, 4600 Cass Avenue, Detroit MI 48201
Phone: (313) 577-3322
Email: dris@wayne.edu
Services: Radio Reading/Audio Information Service for people with disabilities. A special service of WDET 101.9 FM and Wayne State University. Specially built radio receivers are loaned free of charge to qualified applicants. An applicant must be 1) registered with a Library for the Blind and Physically Handicapped or 2) certified by a qualified healthcare provider such as doctor, social worker or rehabilitation counselor.
Fees: No fee.
Greater Detroit Agency for the Blind and Visually Impaired
Website: www.gdabvi.org
Address: 16625 Grand River Avenue, Detroit MI 48227
Phone: (313) 272-3900
Fax: (313) 272-6893
Email: Information@gdabvi.org or rehabilitation@gdabvi.org
Services: Services include vision rehabilitation therapy, orientation and mobility therapy, community programs and education, and information and referral. Serves ages 60+ for rehabilitation services. Covers Livingston, Macomb, Monroe, Oakland, Washtenaw, Wayne and St. Clair counties.
Hours: Monday - Friday 8:30 am - 4:30 pm
Fees: No fee.

Lions International - Lions Clubs of Michigan
Website: www.lionsofmi.com  www.lionsclubs.org/
Address: 5730 Executive Drive, Lansing MI 48911
Phone: (517) 887-6640; ext. 13 or 15
Fax: (517) 887-6642
Email: lions@lionsofmi.com
Services: A Lion's club in or near your community may sponsor a program that provides assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Varies based on club in local area; usually low vision aids and canes are free for individuals who have financial need.

Michigan Bureau of Services for Blind Persons (BSBP)
Website: https://www.michigan.gov/BSBP
Address: 201 N. Washington Square, 2nd Floor / P.O. Box 30652 / Lansing Michigan 48909
Cadillac Place, 3038 W. Grand Boulevard, Suite 4-450, Detroit MI 48202
Phone: Lansing (517) 373-2062    Detroit (313) 456-1646
Toll Free: (800) 292-4200
TTY: (517) 373-4025
TTY Toll Free: (888) 864-1212
Fax: Lansing (517) 335-5140    Detroit (313) 456-1645
Services: Provides training and other services to help blind or visually impaired persons achieve employment and independence. Provides counseling and training in skills for daily living without vision. Depending upon needs and eligibility for specific services, BSBP may also provide some types of adaptive equipment, computer software, and postsecondary education. Senior Blind Program is an independent living program which helps adults 55+ who are legally blind. Also provides information and referral plus peer support groups.
Hours: Monday – Friday 8 am - 5 pm
Fees: No fee.
Michigan Council of the Blind and Visually Impaired  
Website: [www.blindmi.org](http://www.blindmi.org)  
Toll Free: (888) 956-2284  
Services: Offers resources; provides forums; has programming on MCBVI radio [www.mcbviradio.com/](http://www.mcbviradio.com/)  
Hours: Leave voicemail for return call.  
Fees: No fee.

Michigan Medicine - Kellogg Eye Center  
Website: [www.kellogg.umich.edu](http://www.kellogg.umich.edu)  
Address: 1000 Wall Street, Ann Arbor MI 48105  
Phone: (734) 763-8122  
appts. (734) 764-4190  
Services: Provides diagnostic evaluation and treatment. The center also offers recommendations for optical aids and appliances as well as occupational therapy services for visually impaired patients. Support group on Living With Low Vision meets second Wednesday of each month from 2-4 pm.  
Hours: Monday - Friday 8 am - 5 pm  
Fees: Varies based on insurance coverage and service.

Michigan Secretary of State  
Website: [www.michigan.gov/sos](http://www.michigan.gov/sos)  
Address: 295 N. Maple Road, Ann Arbor MI 48103; 4675 Washtenaw Ave, Ypsilanti MI 48108; 1113 M-52 Chelsea MI 48118  
Toll Free: (888) 767-6424  
Mondays - Fridays 8:30 am - 5 pm  
Fax: (734) 998-9353  
Services: State identification cards are free for Michigan residents who are legally blind or 65+.  
Hours: All Washtenaw County offices - Mondays, Tuesdays, Thursdays & Fridays 9 am - 5 pm; Wednesdays 11 am - 7 pm. None of these offices close for lunch.  
Fees: Varies, free for legally blind or those 65+.

Turner Senior Wellness Program - Michigan Medicine  
Website: [www.med.umich.edu/geriatrics/community/tswp](http://www.med.umich.edu/geriatrics/community/tswp)  
Address: 2401 Plymouth Road, Suite C, Ann Arbor MI 48105  
Phone: (734) 998-9353  
Fax: (734) 998-9340  
Services: Offers low vision resources and a Low Vision Support Group which meets the fourth Wednesday 1 - 3 pm.  
Hours: Monday - Friday 8 am - 5 pm  
Fees: No fee.
VA Ann Arbor Health Care System - Visual Impairment Service Team (VIST)
Website: [www.annarbor.va.gov/VIST](http://www.annarbor.va.gov/VIST)
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 845-3934
Toll free: (800) 361-8387
Fax: (734) 845-3234
Services: Veterans with low vision or blindness may consult the visual impairment services team for adaptive equipment and training. Referral needed from primary care physician. Support group and community activities also available.
Hours: Monday - Thursday 7:30 am - 5:30 pm for appointment; contact primary care physician at the VA for more information.
Fees: Varies based on eligibility for benefits.

Verizon - Accessibility Resource Center
Website: [www.verizon.com/about/accessibility/](http://www.verizon.com/about/accessibility/)
   FIOS & Traditional customers (800) 974-6006
Email: vccd@verizon.com
Online Live Chat: No
Services: Offers free 411/directory assistance (with physician verification), text to 911, Braille and large print bills and audio manuals for its products.
Hours: Wireless customers Monday - Friday 8 am to 9 pm ET
   FIOS & Traditional customers Monday - Friday 8:30 am to 5 pm ET
Fees: Varies by service.

The Visually Impaired Information Center
Website: to be operational winter 2020 -- Access-Insight.com
Address: PO Box 51207, Livonia MI 48151
Phone: (734) 421-6599   (until new website is operational)
Services: A comprehensive directory of low vision services including: low vision aids, low vision providers, support groups, education, recreation, computer consultation, and rehabilitation.
Hours: Directory of Visually Impaired Services is a volunteer based organization, and they do not have regular office hours; however, they try to be available during regular business hours as much as possible.
Fees: Website directory is free.
Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library
Website: www.aadl.org/wlbpd
Address: 343 S. Fifth Avenue, Ann Arbor MI 48104
Phone: (734) 327-4224
Toll Free: (888) 460-0680
Email: wlbpd@aadl.org

Services: Loans books, magazines, and videos in alternative formats to individuals of all ages who are certified as unable to read or use standard print materials. These materials, and a talking book machine, are shipped free to the home. In addition, a collection of assistive technologies is available at the Downtown AADL facility. Demonstration sites in Washtenaw County have machines and materials on-site to show what's available through the WLBPD. The following libraries in Washtenaw County serve as WLBPD demonstration sites: Chelsea District Library, Dexter District Library, Manchester District Library Mllan Public Library, Northfield Township Area Library, Salem-South Lyon District Library, Saline District Library, and Ypsilanti District Library. Apply through local libraries and some senior centers.

Hours: Mondays 10 am - 9 pm; Tuesday - Friday 9 am - 9 pm; Saturdays 9 am - 6 pm;
Sundays 12 pm - 6 pm

Fees: No fee.
HEALTH SERVICES – OUTPATIENT SERVICES - rev Sept 2018

Hope Clinic
Website: www.thehopeclinic.org
Address: 518 Harriet Street, Ypsilanti MI 48198
Phone: (734) 481-0111
Fax: (734) 484-6825
Email: info@thehopeclinic.org
Services: Provides free primary care to uninsured and underinsured patients, limited financial help for prescription co-pays, and transportation to medical appointments. Area hospitals partner with Hope to provide discounted lab and radiology services for qualified patients.
Hours: Monday - Friday 9 am – 5 pm; Saturdays 8:30 am - 12 pm
Fees: No or discounted fees; varies by service.

Packard Health
Website: www.packardhealth.org
Address: 3174 Packard Road, Ann Arbor MI 48108
501 N. Maple Road, Ann Arbor MI 48103 (Packard Health West)
200 Arnet St., Suite 150 (first floor), Ypsilanti MI 48198
Phone: Packard Health Main (734) 971-1073
Packard Health West (734) 926-4900
Packard Health Ypsilanti (734) 985-7200
Fax: Packard Health Main (734) 971-8545
Packard Health West (734) 926-4901
Packard Health Ypsilanti (734) 484-0913
Services: Offers a full range of services such as primary and mental health care services, health promotion, and chronic disease management for the uninsured. Assistance with obtaining medication and transportation for medical appointments is available when a financial need is demonstrated. Has free language assistance via qualified interpreter services and written translation to patients who have limited English proficiency. The practice is open to all individuals. Clients must call, use their patient portal, or an online web form to make an appointment.
Hours: Call for hours.
Fees: Most major insurances are accepted; private fees are established on a sliding fee basis.
Michigan Medicine - Turner Geriatric Clinic and Geriatrics Center Clinics
Website: medicine.umich.edu/dept/geriatrics-center
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: Appts. (734) 764-6831 Social Work (734) 764-2556
Toll Free: Appts. (877) 865-2167
Fax: (734) 647-8535
Services: Comprehensive primary care and geriatric assessments for 70+ staffed by multidisciplinary team of physicians, nurses, social workers, pharmacists, and medical assistants. Specialty clinics with varying age eligibility also available in the following areas: cognitive disorders, endocrinology and diabetes care, foot care, gastroenterology, incontinence, mobility enhancement, movement disorders, neurogenetic disorders, palliative care, physical therapy, psychiatry, rheumatology, and transitional care. Laboratory and pharmacy on-site. Social work and community programs also available. 24 hour call line answered after hours and during weekends.
Hours: Monday - Friday: 8 am - 5 pm
Fees: Varies according to service, Medicare and most insurances accepted.

St. Joseph Mercy Neighborhood Family Health Center
Website: www.ihacares.com/locations/st-joseph-mercy-neighborhood-family-health-center
Address: Haab Health Building, 111 N. Huron Street, Suite 200, Ypsilanti MI 48197
Phone: (734) 547-7977
Fax: (734) 572-4855
Services: Offers a variety of services for low-income individuals such as primary health care services, patient financial counseling, and specialty clinics such as diabetes and foot care. Clients must call to make an appointment. All insurances accepted, including Medicare, Medicaid, and Washtenaw Health Plan.
Hours: Monday - Tuesday 7 am - 7:30 pm; Wednesday - Thursday 8 am - 7:30 pm; Fridays 7 am - 5 pm; Saturdays 8 am - 12 pm
Fees: Varies per service.

Washtenaw County Health Department Clinics
Website: www.washtenaw.org/1131/Clinics
Address: Human Services Building, 555 Towner Street, Ypsilanti MI 48198
Phone: (734) 544-6700
Services: Routine immunizations and a tuberculosis clinic and screening.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Explanations:

**Skilled Home Health Care - Billable to Medicare**: Medicare will pay for some home care if the patient meets "homebound" criteria, as decided by a physician, and requires care by a skilled professional (R.N., physical therapist, speech therapist). If the patient meets these guidelines, as decided by a physician, Medicare will also pay for a home health aide who can assist on a limited basis with meal preparation, bathing, and other non-skilled home care needs, for as long as skilled care is required.

**Non-Skilled Home Care**: These agencies provide caregivers who can offer a wide range of services for private pay: for example, bathing, personal hygiene, meal preparation, companionship, light housekeeping, transportation. Call the agency for a specific list of services.

**Care Management**: Planning, generating and organizing care and services in collaboration with the client and his or her support system and/or a set of activities intended to improve patient care and reduce the need for medical services by enhancing coordination of care, eliminate duplication, and helping patients and caregivers more effectively manage health conditions. More information can be found at [AgingLifeCare.org](http://AgingLifeCare.org).

**Helpful websites:**

**Home Health Compare**: From Medicare.gov, this site provides information about the quality of care provided by "Medicare-certified" home health agencies throughout the nation. "Medicare-certified" means the home health agency is approved by Medicare and meets certain federal health and safety requirements. [Home Health Compare](http://HomeHealthCompare) can help in choosing a quality home health agency that has the skilled home health services needed.

**Medical Alert Systems**: Wearable devices can help summon assistance in an emergency. [AARP](http://AARP) (as of November 2019), [Consumer Reports](http://ConsumerReports) and [PC Magazine](http://PCMagazine) have guides on selecting a system, The CR and PC Mag web pages also provide information on 8-10 monitored systems as of February and June 2019, respectively. (These and other technologies are not listed in this resource directory.)

**Acclaimed Home Care**
- **Website**: [www.acclaimedhc.com/](http://www.acclaimedhc.com/)
- **Address**: 24901 Northwestern Hwy., Suite 605, Southfield  MI 48075
- **Phone**: (248) 352-0400
- **Fax**: (248) 352-0408
- **Classification**: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.
Accredited - We Are Home Care
Website: www.accreditedhomecare.com
Address: 27733 Schoenherr Road, Warren MI 48088
Phone: (586) 427-6640
Toll Free: (888) 813-6244
Fax: (586) 427-6642
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Action Home Health Care - Work Skills Corporation (WSC)
Website: www.wskills.com/health-care/
Address: 100 Summit Street, Brighton MI 48166
Phone: (810) 534-6128
Fax: (810) 227-1344
Classification: Non-Skilled Home Care

Arcadia Home Care and Staffing
Website: www.arcadiahomecare.com
Address: 20750 Civic Center Drive, Suite 100, Southfield MI 48076 (HQ) plus offices in Birmingham and Jackson
Toll Free: (866) 224-7541
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management.

BrightStar Care - Brighton
Website: www.brightstarcare.com/brightonhowell
Address: 2300 Genoa Business Park Drive, Suite 290, Brighton MI 48114
Phone: 24 Hours (810) 225-4000
Fax: (810) 225-6150
Notes: Offers disability or special needs home care. Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Care Management by Natalie
Website: www.caremanagementbynatalie.com
Phone: (586) 703-8035
Email: adewunmin@gmail.com
Classification: Other - Care Management

CareLinx
Website: www.carelinx.com/care4u
Toll Free: (855) 444-9329
Notes: An agency helping care seekers and care providers connect. Care seekers can post a job, interview and hire via CareLinx. Affiliated with Trinity Health at Home. Charges fee.
Classification: Non-Skilled Home Care
Carian
Website: www.carian.care
Address: 9864 E. Grand River, Suite 110, #186, Brighton MI 48116
Phone: (248) 792-0564
Email: info@carian.com
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

ComForCare Home Care - Western Wayne County
Website: comforcare.com//michigan/western-wayne
Address: 127 S. Main Street, Suite 3 & 5, Plymouth MI 48170
Phone: (734) 414-1981
Fax: (734) 414-1983
Email: kprior@comforcare.com
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Comfort Keepers® of Ann Arbor
Website: annarbor.comfortkeepers.com
Address: 7910 Ann Arbor Street, Suite 2, Dexter MI 48130
Phone: (734) 234-8277
Classification: Non-Skilled Home Care.

Friends of the Family Home Health Care
Website: www.trustingcare.com
Address: 2035 Hogback Road, Ann Arbor MI 48106
Phone: (734) 548-8647
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Friends Who Care
Website: www.friendswhocare.com/
Address: 2770 Carpenter Road, Suite 200, Ann Arbor MI 48108
Phone: (734) 971-6300
Toll Free: (800) 288-2167
Fax: (734) 971-1026
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Heartland Home Health Care
Website: www.heartlandhomehealth.com/ann-arbor
Address: 3840 Packard Road, Suite 240, Ann Arbor MI 48108
Toll Free: (877) 329-1001
Fax: (800) 878-9657
Email: annarbor@heartlandhomehealth.com
Notes: Accredited by Accreditation Commission for Health Care (ACHC).
Classification: Skilled Home Health Care - Billable to Medicare.
Home Instead Senior Care®
Website: www.homeinstead.com/
Address: 2160 S. Huron Pkwy., Suite 4, Ann Arbor MI 48104
Phone: (734) 971-9023
Toll Free: (888) 673-1166 National
Fax: (734) 971-9024
Classification: Non-Skilled Home Care.

Homewatch CareGivers
Website: www.homewatchcaregivers.com/ann-arbor/
Address: 525 Avis Drive, Suite 3, Ann Arbor MI 48108
Phone: (734) 622-8190 or (734) 530-4217
Fax: (734) 864-7390
Note: No minimum hours required.
Classification: Non-Skilled Home Care.

IndeQuest Nurse Care Management
Website: www.indequestcom/
Address: 42237 E. Ann Arbor Road, Plymouth MI 48170
Phone: (734) 468-1760
Toll Free: (800) 422-7634
Fax: (734) 468-1765
Note: Private pay. Geriatric care managers provide assessment and education, direct care coordination, and assistance in navigating the health care system.
Classification: Other - Care Management

Kennedy Care
Website: www.kennedycare.com/
Address: 150 S. Fifth Avenue, Suite 205, Ann Arbor MI 48104
Phone: (734) 657-3528
Toll Free: (800) 796-CARE(2273)
Fax: (877) 533-6177
Email: mi@kennedycare.com
Note: Minimum of 2 hours per day. Offers veteran care.
Classification: Non-Skilled Home Care & Other - Care Management.

LifeChoices Membership Plan
Website: ehmsolutions.org/service/lifechoices/ or https://lifechoicesathome.org
Phone: (734) 295-9292
Email: LCinfo@EHMSolutions.org
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353

MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN
MI Choice Waiver Program - Michigan - Department of Health & Human Services
Website: www.michigan.gov/mdhhs/
Address: Area Agency on Aging 1B - 2900 Northwestern Highway, Suite 400, Southfield MI 48034
Phone: (248) 357-2255
Toll Free: (800) 852-7795
TTY: Michigan Relay (800) 649-3777
Fax: (248) 948-9691
Note: Government funded long term care program to help Washtenaw County residents remain in their homes. Provides personal care, homemaking, respite care, legal services, care management with nursing and social work services. Eligibility: Age 60+ and medically eligible for nursing home admission, or age 18+ with disability and medically eligible for nursing home admission. Income limits (change yearly), individual asset limits (not including house); different rules apply for couples (nursing home financial eligibility rules apply).
Classification: Non-Skilled Home Care.

Michigan Visiting Nurses
Website: homecare.med.umich.edu/Michigan-Visiting-Nurses
Address: 2850 S. Industrial Hwy., Suite 75, Ann Arbor MI 48104
Phone: (734) 677-1515
Toll Free: (800) 842-5504
Fax: (734) 908-0025
Notes: Accredited by Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
Classification: Skilled Home Health Care - Billable to Medicare.

Partners in Personal Assistance
Website: www.annarborppa.org/
Address: 3840 Packard Road, Suite 150, Ann Arbor MI 48108
Phone: (734) 214-3890
Fax: (734) 214-0644
TTY: 711
Email: info@annarborppa.org
Note: Serves people with disabilities 18+ in Washtenaw County. Two-hour minimum per visit.
Classification: Non-Skilled Home Care.

Personal Touch Home Health Care Services, Inc.
Website: www.pthhc.com/
Address: 300 N. Huron Street, Ypsilanti MI 48197
Phone: (734) 480-0125
Fax: (734) 480-0015
Email: info.pthhc@gmail.com
Note: Community Health Accreditation Partner (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care. Billable to Medicare.
Reliable Home Care, LLC
Website: www.reliablecarea2.com/
Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104
or PO BOX 130557, Ann Arbor MI 48113
Phone: (734) 395-7887
Email: rhcareinyourhome@aol.com
Classification: Non-Skilled Home Care.

Right at Home
Website: www.rightathome.net/washtenaw
Address: 2355 E. Stadium Blvd. Suite 2, Ann Arbor MI 48104
Phone: (734) 971-5000
Fax: (734) 971-5105
Classification: Non-Skilled Home Care.

Stefanie Sinks, Geriatric Care Management
Website: www.stefaniesinks.com
Phone: (734) 649-9600
Email: stefanie@sps-consult.com
Classification: Other - Care Management

St. Joseph Mercy Home Health Care and Hospice - Southeast Michigan
Website: www.stjoeshealth.org/home-care
Address: 34505 W. 12 Mile Road, Suite 100, Farmington Hills MI 48331
Toll Free: Michigan (855) 559-7178
Fax: New patient referrals (866) 754-4220
Note: Provides Home Care Connect™ remote monitoring technology. Part of Trinity Health At Home. Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

SameAddress - Concierge and In Home Care
Address: 21800 Haggerty Road, Suite 118, Northville MI 48167
Website: sameaddress.com
Phone: (248) 262-9999
Toll Free: (866) SENIOR-1 Memory Care Program
Email: customercare@sameaddress.com
Classification: Non-Skilled Home Care

Senior Helpers
Website: www.seniorhelpers.com/mi/ann-arbor
Address: 4130 Varsity Drive, Suite C, Ann Arbor MI 48108
Phone: (734) 927-3111
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.
Shared Services Home Health Care & Companion Care / Private Duty Care - EHM Senior Solutions
Website: ehmsolutions.org/service/home-care/ and ehmsolutions.org/service/companion-care/
Address: 400 West Russell Street. Saline MI 48176
Phone: (734) 295-9292 or 222-4037 Home Health Care or 222-4000 Companion/Private Duty
Email: marketing@ehmsolutions.org
Notes: Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Synergy Home Care
Website: www.synergyhomecare.com/agencies/mi/chelsea/mi01/
Address: 140 W. Middle Street, Suite A, Chelsea MI 48118
Phone: (734) 433-9007
Toll Free: (877) 432-2692
Fax: (734) 433-9744
Note: Also provides live-in care.
Classification: Non-Skilled Home Care. Other - Care Management

United Home Health Services at Garden City Hospital - Home Health Care / UHHS
Website: www.gch.org/Services//Home-Health-Care
Address: 6701 Harrison Street, Garden City MI 48135
Phone: (734) 981-8820
Fax: (734) 981-8828
Notes: Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

VA Ann Arbor Healthcare System - Home and Community-Based Care (HCBC)
Website: www.annarbor.va.gov/services/ecrc
Address: 2215 Fuller Road, Hospital First Floor, Room B147, Ann Arbor MI 48105
Phone: (734) 845-3417
Toll Free: (800) 361-8387
Note: Home and community based care services are available to all veterans who receive VA care as a standard benefit. The Social Work and Community-based Service office educates and assists veterans and their families find home health and skilled services.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Visiting Angels - Washtenaw County
Website: www.visitingangels.com/ann-arbor
Address: 2860 Carpenter Road, Suite 300, Ann Arbor MI 48108
Phone: (734) 929-9201
Toll Free: (877) 618-4748
Fax: (734) 929-9202
Classification: Non-Skilled Home Care.
AARP - HomeFit Guide
Toll Free: (888) 687-2277
Email: livable@aarp.org
Services: Use the HomeFit Guide to determine whether a residence is "fit" for independent living. The guide also includes tips for hiring a contractor. Workshops are offered periodically; or, download or request a free copy using publication number: D18959. Printable worksheets are also available.

Ann Arbor Community Center - A Helping Hand Around the House
Website: annarbor-communitycenter.org/services-seniors/
Phone: (734) 662-3128
Services: Provides help with tasks such as light housekeeping, window cleaning, home maintenance projects, yard work, moving furniture and periodically, when available and scheduled, assist with meal preparation or transportation. Registration required.

Catholic Social Services of Washtenaw County - Home Maintenance and Safety Services
(formerly Neighborhood Senior Services)
Website: www.csswashtenaw.org
Address: Towsley Health Building, 5361 McAuley Drive, PO Box 995, Ann Arbor MI 48106
Phone: (734) 971-9781 press 8
Services: A variety of basic maintenance services are available to help older adults maintain their independence and keep them safe at home.
  - **Home Safety Installations**: Smoke alarms & carbon monoxide detectors, battery & light bulb exchanges; grab bars & shower chairs.
  - **Home Maintenance & Minor Repairs**: Basic household repairs and routine maintenance; minor plumbing.
  - **Outdoor Chores**: Lawn mowing, window washing, gutter cleaning, leaf raking.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: Based on ability to pay; no one is denied service if unable to contribute.

City of Ann Arbor - Waste Management and Recycling
Website: www.a2gov.org
Address: Customer Service, Larcom City Hall, 1st Floor, 301 E. Huron Street, Ann Arbor MI 48104
Phone: (734) 794-6320
Email: customerservice@a2gov.org
Service: Provides side door or porch set-out service for refuse or recycling containers when “Special Pick-up Service” is requested.
Eligibility: Requires an on-site visit to begin this service; must be renewed every 2 years.
Hours: Monday - Friday 7:30 am - 5:30 pm
Fees: No additional fee.
Michigan Department of Health and Human Services - State Emergency Relief Program
Website: http://www.michigan.gov/mdhhs
Address: Washtenaw County Office - 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8386
Services: The State Emergency Relief (SER) Program provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Services are provided through direct financial assistance and contracts with a network of non-profit organizations to help with home repairs and home ownership services. There are both asset and income guidelines. Local DHS specialists determine eligibility.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.

Pittsfield Charter Township - Residential Solid Waste Service
Website: www.pittsfield-mi.gov/Residential Solid Waste Service
Address: 6201 W. Michigan Avenue, Ann Arbor MI 48108
Phone: (734) 822-3105
Fax: (734) 944-1103
Email: utilities@pittsfield-mi.gov
Services: If unable to place rubbish at the curbside for pick-up due to a physical challenge or advanced age, please contact the Township to arrange for assistance
Hours: Monday - Friday 8 am - 5 pm
Fees: No additional fee.

Washtenaw County - Office of Community & Economic Development
Website: www.washtenaw.org
Address: 451 W. Michigan Avenue, 2nd Floor, Ypsilanti MI 48197
Phone: (734) 544-6748
Fax: (734) 544-6749
Services:
● Accessibility Ramp Program - www.washtenaw.org/Accessibility-Ramp-Program
Provides grants for the installation of exterior ramps at owner-occupied homes who meet income guidelines. Eligibility: Grants are limited to one-time assistance per dwelling during a five-year period.
● Housing Rehabilitation - www.washtenaw.org//Home-Rehabilitation
Assists income-eligible county homeowners with needed home repairs. Eligibility: First-come, first served for income-eligible applicants.
● Home Weatherization Program - www.washtenaw.org/Home-Weatherization
Provides weatherization services such as adding insulation, caulking, weather-stripping. Also inspects & repairs furnaces and hot water heaters and inspects & replaces inefficient refrigerators. Eligibility: For homes weatherized before September 30, 1993 and where applicant earned less than 200% of the federal poverty level for the previous 3 months. Automatic qualification for those receiving SSI, FDA, or FIP within the previous 3 months.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee. See individual programs for eligibility requirements.
The Housing Bureau for Seniors - Michigan Medicine - (734) 998-9339 offers information on housing options, helps prevent eviction and foreclosure, and provides a HomeShare program which can match older adults in their own homes with others seeking housing.

All Seasons Ann Arbor  (projected Spring 2020 opening)
Website: https://www.allseasons-annarbor.com
Address: 4540 Geddes Road, Ann Arbor  MI 48105
Phone: (734) 890-5647
Eligibility: Call for more information.
Levels of Care: Independent, Assisted

American House Senior Living Residence
Website: www.americanhouse.com
Address: 3470 Carpenter Road, Ypsilanti  MI 48197
Phone: (734) 677-0071
Fax: (734) 677-0113
Email: carpenterassistant@americanhouse.com, carpenter@americanhouse.com
Eligibility: 55+ ; pet policy
Respite: Short- or long-term; based on availability
Levels of Care: Independent, Assisted

Atria Park of Ann Arbor
Website: www.atria-annarbor.com
Address: 1901 Plymouth Road, Ann Arbor  MI 48105
Phone: (734) 741-9500
Eligibility: 60+ (some exceptions)
Respite: Based on availability
Levels of Care: Assisted, Memory Care

Baker Commons
Address: 106 Packard Street, Ann Arbor  MI 48104
Phone: Ann Arbor Housing Bureau (734) 794-6720
Eligibility: 62+ and/or disabled
Levels of Care: Subsidized, Independent

Balfour Ann Arbor
Website: balfourcare.com/locations/ann-arbor
Address: 2830 South Main Street, Ann Arbor  MI 48103
Phone: (734) 478-0841
Eligibility: 55+
Respite: Short and long term.
Levels of Care: Independent, Assisted, Memory Care; pet friendly.
Brecon Village Retirement Community
Website: ehmsolutions.org/location/brecon-village
Address: 200 Brecon Drive, Saline MI 48176
Phone: (734) 429-1155
Email: marketing@ehmsolutions.org
Eligibility: 55+ for condominiums, 60+ for apartments; small pet allowed
Respite: Based on availability
Levels of Care: Independent, Assisted, Memory Care, Nursing

Brookdale Ann Arbor
Website: www.brookdaleliving.com
Address: 2190 Ann Arbor-Saline Road, Ann Arbor MI 48103
Phone: (734) 327-1350
Toll Free: (844) 454-1076
Fax: (734) 214-9149
Eligibility: 60+ or younger with waiver; pets allowed
Levels of Care: Assisted, Memory Care

Brookdale West Eisenhower (Alterra Clare Bridge)
Website: www.brookdale.com/en/communities/brookdale-w-eisenhower-pkwy
Address: 750 W. Eisenhower Parkway, Ann Arbor MI 48103
Phone: (734) 213-1708
Fax: (734) 213-1709
Eligibility: 60+ or younger with waiver; pets allowed
Levels of Care: Memory Care

Brookhaven Manor Retirement Community
Website: www.fourmidable.com/properties/brookhaven-manor/
Address: 401 W. Oakbrook Drive, Ann Arbor MI 48103
Phone: (734) 747-8800
Fax: (734) 747-9288
Email: info@brookhavenmanorapartments.com
Eligibility: 55+
Levels of Care: Independent

Carpenter Place
Website: www.preservationmanagement.com/rental/property/carpenter-place
Address: 3400 Carpenter Road, Ypsilanti MI 48197
Phone: (734) 973-8377
Fax: (734) 973-8310
Toll Free: (800) 437-1220
Eligibility: 62+ and/or disabled; live-in caregiver with doctor’s note; small pet (25 pounds maximum) allowed
Levels of Care: Subsidized, Independent
Cedars of Dexter
Website: umrc.com/communities/cedars-of-dexter
Address: 411 Cedars Lane, Dexter MI 48130
Phone: (734) 792-9702
Eligibility: 60+
Levels of Care: Independent - CRC w/Chelsea Retirement Community

Chelsea Retirement Community - Glazier Commons, Towsley Village, Kresge Healthcare & Rehabilitation Center
Website: www.chelsearetirementcommunity.com
Address: 805 W. Middle Street, Chelsea MI 48118
Phone: (734) 433-1000
Fax: (734) 475-4421
Eligibility: 62+; small pets allowed in some locations
Respite: Assisted & Memory Care
Levels of Care: Assisted, Memory Care, Nursing

Chidester Place
Address: 330 Chidester Place, Ypsilanti MI 48197
Phone: (734) 487-9400
Fax: (734) 487-5186
Eligibility: 62+ and/or disabled; small pet allowed
Levels of Care: Subsidized, Independent

Clark East Towers - Senior Apartments
Address: 1550 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 482-5511
Fax: (734) 482-3079
Eligibility: 62+ and dependent children; live-in caregiver with doctor’s note; one small pet (30 pounds maximum) allowed
Levels of Care: Subsidized, Independent

Courthouse Square Senior Apartments
Address: 100 S. Fourth Avenue, Ann Arbor MI 48104
Phone: (734) 995-5511
Fax: (734) 995-5533
Eligibility: 55+; live-in caregiver with physician’s note; small pet (25 pounds maximum) allowed
Levels of Care: Affordable, Independent
Cranbrook Tower
Website: http://www.kmgprestige.com/communities/ (search by zip code)
Address: 2901 Northbrook Place, Ann Arbor MI 48103
Phone: (734) 668-8914
Fax: (734) 668-7760
Email: cranbrook@kmgprestige.com
Eligibility: 62+ and disabled; live-in caregiver with doctor’s note; small pet allowed
Levels of Care: Subsidized, Independent

Cross Street Village
Address: 210 W. Cross Street, Ypsilanti MI 48197
Phone: (734) 483-8300
Fax: (734) 487-1592
Eligibility: 55+; one pet (50 pounds maximum) allowed
Levels of Care: Affordable, Independent

Eva’s House Program at Huron Woods
Website: glacierhills.org/lifestyle-options/evas-house/
Address: 1200 Earhart Road, Ann Arbor MI 48105
Phone: (734) 769-6410
Fax: (734) 769-3092
Email: info@glacierhills.org
Levels of Care: Memory Care

Gilbert Residence
Website: www.gilbertresidence.com
Address: 203 S.Huron Street, Ypsilanti MI 48197
Phone: (734) 482-9498
Fax: (734) 482-1848
Eligibility: 60+
Levels of Care: Assisted, Memory Care, Nursing

Glacier Hills Retirement Community - The Meadows (Independent); The Manor (Assisted)
Website: www.glacierhills.org
Address: 1200 Earhart Road, Ann Arbor MI 48105
Phone: (734) 769-6410
Fax: (734) 769-3092
Email: info@glacierhills.org
Eligibility: 62+; pets allowed, with restrictions
Levels of Care: Independent, Assisted, Memory Care, Nursing
Hillside Terrace Retirement Community
Website: www.hillsideterrace.net
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Fax: (734) 761-7047
Email: marketing@hillsideterrace.net
Eligibility: 60+; small pets (25 pounds maximum) allowed
Levels of Care: Independent, Assisted, Memory Care

Linden Square
Website: www.lindensquarealc.com
Address: 650 Woodland Drive East, Saline MI 48176
Phone: (734) 429-7600
TTY: Michigan Relay (800) 649-3777
Email: lindensquarealc@heritageseniorcommunities.com
Eligibility: 60+; pets allowed with restrictions
Respite: Short-term.
Levels of Care: Assisted, Memory Care

Lurie Terrace
Website: www.lurieterrace.org
Address: 600 W. Huron Street, Ann Arbor MI 48103
Phone: (734) 665-0695
Fax: (734) 665-1580
Email: contact@lurieterrace.org
Eligibility: 62+; nonsmoking; small pet (20 pound maximum) allowed
Levels of Care: Affordable, Independent

Lynden Parke (formerly Lexington Club)
Website: www.lyndenparke.com
Address: 2224 Golfside Road, Ypsilanti MI 48197
Phone: (734) 572-9000
Toll free: (844) 643-7348
Fax: (734) 572-9979
Eligibility: 55+; small pets (25 pounds) allowed
Levels of Care: Independent

Melvin T. Walls Manor
Address: 2189 Glory Lane, Ypsilanti MI 48197
Phone: (734) 484-3820
Eligibility: 62+
Levels of Care: Subsidized, Independent
Memory Lane Assisted Living
Website: https://www.memorylanemichigan.com
Address: 4488 Jackson Road, Suite 9, Ann Arbor MI 48103
Office 8064 Carpenter Rd. Ypsilanti MI 48197
Phone: (734) 707-4039
Fax: (734) 628-0909
Eligibility: Call for information
Respite: Short-term.
Levels of Care: Memory care

Milan Village Apartments
Address: 71 Hurd Street Milan MI 48160
Phone: (734) 439-8179
Eligibility: 62+ or disabled
Levels of Care: Subsidized, Independent; small pets allowed

Mill Pond Manor
Website: www.rhf.org/location/mill-pond-manor/
Address: 460 Russell Road, Saline MI 48176
Phone: (734) 429-3838
Fax: (734) 429-3390
Eligibility: 62+ or mobility impaired; small pets (15 or 25 pounds maximum) allowed
Levels of Care: Subsidized, Independent

Parkway Meadows
Address: 2375 Sandalwood Circle, Ann Arbor MI 48105
Phone: (734) 662-5055
Fax: (734) 662-7872
Eligibility: 62+ or with a disability
Levels of Care: Subsidized, Independent

The Pines
Website: umrc.com/communities/the-pines/
Address: 325 Wilkinson Street, Chelsea MI 48118
Phone: (734) 433-9130
Eligibility: 55+
Levels of Care: Independent - CRC w/Chelsea Retirement Community

Sequoia Place
Address: 1131 Maple Road, Office Number 1025, Ann Arbor MI 48103
Phone: (734) 669-8840
Fax: (734) 669-8903
Eligibility: 62+
Levels of Care: Subsidized, Independent; pet policy
Silver Fox Senior Condominiums
Website: [www.silverfoxseniorcondos.com](http://www.silverfoxseniorcondos.com)
Address: 317 Silver Fox Drive (off Redman Road) Milan MI 48160
Phone: (734) 476-8970
Eligibility: 55+
Levels of Care: Independent

Silver Maples of Chelsea Senior Retirement Community
Website: [silvermaples.org](http://silvermaples.org)
Address: 100 Silver Maples Drive, Chelsea MI 48118
Phone: (734) 475-4111
Fax: (734) 475-4112
Email: info@silvermaples.org
Eligibility: 62 +
Respite: Available in Meadows Apartments
Levels of Care: Independent, Assisted, Memory Care; small to medium pets allowed

StoryPoint
Website: [www.storypoint.com/saline-mi/](http://www.storypoint.com/saline-mi/)
Address: 6230 S. State Street, Saline MI 48176
Phone: (734) 389-7871
Eligibility: Call for information
Levels of Care: Independent, Assisted Living, Memory Care; pets allowed

Superior Woods Health Care
Website: [www.savaseniorcare.com/superior-woods-healthcare-center](http://www.savaseniorcare.com/superior-woods-healthcare-center)
Address: 8380 Geddes Road, Ypsilanti MI 48198
Phone: (734) 547-7605
Fax: (734) 547-7779
Eligibility: 60 +
Respite Care: Available
Levels of Care: Assisted, Nursing

St. Joseph’s Village Ann Arbor
Website: [www.trinityhealthseniorcommunities.org/st-josephs-village-ypsilanti](http://www.trinityhealthseniorcommunities.org/st-josephs-village-ypsilanti)
Address: 5341 McAuley Drive, Ann Arbor MI 48107
Phone: (734) 712-1600
Fax: (734) 712-1601
Eligibility: 55+
Respite Care: Available
Levels of Care: Independent, Assisted
St. Louis Center  
Website: stlouiscenter.org  
Address: 16195 Old U.S. 12, Chelsea MI 48118  
Phone: (734) 475.8430  
Fax: (734) 475.0310  
Email: mail@stlouiscenter.org  
Eligibility: 5-70+ with intellectual/developmental disability and cognitive impairment  
Levels of Care: Assisted, Memory care

Towne Centre Place  
Address: 401 W. Michigan Avenue, Ypsilanti MI 48197  
Phone: (734) 482-5500  
Fax: (734) 482-0581  
Eligibility: 62+ (55+ with waiver); dependent children  
Levels of Care: Subsidized, Independent; small dog allowed

University Commons  
Website: www.universitycommons.org  
Address: 817 Asa Gray Drive, Ann Arbor MI 48105  
Phone: (734) 332-1221  
Fax: (734) 332-1222  
Eligibility: 55+ and graduate of accredited 4-year college or university; UM affiliation not required  
Levels of Care: Independent; pets allowed

University Living (A Provision Living Senior Living Community)  
Website: provisionliving.com/locations/ann-arbor/  
Address: 2865 S. Main Street, Ann Arbor MI 48104  
Phone: (734) 669-3030  
Fax: (734) 665-2819  
Eligibility: 60+; UM affiliation not required  
Respite: Available  
Levels of Care: Independent, Assisted, Memory Care; pets allowed case-by-case

Vibrant Life Senior Living  
Website: vibrantlifesuperior.com  
Address: 8100 Geddes Road, Superior Charter Township MI 48198  
Phone: (734) 506-0630  
Eligibility: 50+  
Respite: Short and long term.  
Levels of Care: Independent, Assisted, Memory Care
Explanation: Nursing Homes are medical facilities, which are highly regulated by the State and Federal government, and provide two levels of care:

- Long-term care is for patients who are unable to recover from an illness or injury. Their conditions are chronic. Payment is private or may be covered by Medicaid, if eligibility requirements are met.
- Short-term that provides rehabilitation by skilled therapists and licensed nurses following an illness or injury. Medicare or Medicaid typically covers payment when eligibility requirements are met.

The Housing Bureau for Seniors - Michigan Medicine - (734) 998-9339 offers information on nursing homes, housing and care options, helps prevent eviction and foreclosure, and provides a HomeShare program which can match older adults in their own homes with others seeking housing.

Nursing Home Compare: From Medicare.gov, this website allows one to find and compare nursing homes certified by Medicare and Medicaid. This website contains quality of resident care and staffing information for more than 15,000 nursing homes around the country.

Brecon Village - EHS Senior Solutions
Website: ehmsolutions.org/location/brecon
Address: 200 Brecon Drive, Saline MI 48176
Phone: (734) 429-1155
Fax: (734) 944-2235
Email: marketing@ehmsolutions.org

Chelsea Retirement Community - Kresge Health Care Center
Website: umrc.com/communities/chelsea-retirement-community/
Address: 805 W. Middle Street, Chelsea MI 48118
Phone: (734) 433-1000

Emmanuel House
Website: www.emmanuel-house.org
Address: 475 Evergreen Drive, Ann Arbor MI 48103
Phone: (734) 780-7667

Gilbert Residence
Website: www.gilbertresidence.com
Address: 203 S. Huron Street, Ypsilanti MI 48197
Phone: (734) 482-9498
Fax: (734) 482-1848

Contact Information: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Glacier Hills Care and Rehabilitation Center
Website: www.glacierhills.org
Address: 1200 Earhart Road, Ann Arbor MI 48105
Phone: (734) 769-0177
Fax: (734) 994-3092
Email: info@glacierhills.org

Heartland Health Care Center of Ann Arbor
Website: www.hcr-manorcare.com
Address: 4701 E. Huron River Drive, Ann Arbor MI 48105
Phone: (734) 975-2600
Fax: (734) 975-2088
Email: annarbor@heartlandnursing.com

Northfield Place
Website: www.cienafacilities.com/communities/northfield-place
Address: 8633 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-4431
Fax: (734) 449-4644

The Redies Center for Rehabilitation & Healthy Living
Website: ehmsolutions.org/location/the-redies-center
Address: 440 W. Russell Street, Saline MI 48176
Phone: (734) 429-9401
Fax: (734) 669-3775

Regency at Bluffs Park
Website: www.cienahealthcare.com/michigan-facilities/regency-at-bluffs-park/
Address: 355 Huron View Blvd., Ann Arbor MI 48103
Phone: (734) 887-8700
Fax: (734) 887-8601
Email: bluffspark_admissions@cienafacilities.com

Regency at Whitmore Lake
Website: www.cienahealthcare.com/michigan-facilities/regency-at-whitmore-lake/
Address: 8633 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-4431
Fax: (734) 449-5505
Email: Wlake_admissions@cienafacilities.com

Superior Woods Health Care Center
Website: www.savaseniiorcare.com/superior-woods-healthcare-center
Address: 8380 Geddes Road, Ypsilanti MI 48198
Phone: (734) 547-7600
Fax: (734) 547-7779
VA Ann Arbor Healthcare System
Website: www.annarbor.va.gov/
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll Free: (800) 361-8387
TTY: (800) 361-8387 Ext. 711
Note: No nursing home in Washtenaw County. Has Medical Foster Homes in Ypsilanti/Superior Township and Willis. For more information: www.annarbor.va.gov/services/medicalfosterhome or call (734) 222-4269 or Toll Free (800) 361-8387 ext. 24269

Villa at Parkridge
Website: www.villaatparkridge.com
Address: 28 S. Prospect Street, Ypsilanti MI 48198
Phone: (734) 714-5600
Fax: (734) 483-8972
Text: (313) 910-3526
Email: AdmissionsVHC@villahc.com
Alzheimer’s Association - Michigan Great Lakes Chapter
Website: [www.alz.org/mglc](http://www.alz.org/mglc)  [www.alz.org](http://www.alz.org)
Address: 564 S. Main Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 369-2716
Toll Free: 24 Hour (800) 272-3900
Fax: (734) 369-2816
TTY: 24 Hour (866) 403-3073
Services: Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer’s disease, educational programs, professional training, a speakers’ bureau, a resource library with free lending opportunities. The Alzheimer’s Association provides multi-lingual services.
Hours: Monday - Friday 9 am - 5 pm. Hotline available 24 Hours.
Fees: No fee for most services.

American Association of Retired Persons (AARP) - Michigan Office
Website: [www.aarp.org/states/mi](http://www.aarp.org/states/mi)
Address: AARP Michigan State Office, 309 N. Washington Square, Suite 110, Lansing MI 48933
Toll Free: (866) 227-7448
Fax: (517) 482-2794
TTY: National (877) 434-7598
Email: miaarp@aarp.org
Services: AARP is a nonprofit, nonpartisan membership organization that advocates for legislation and monitors public policy issues relating to seniors 50 +.
Hours: Monday – Friday 9 am – 5 pm
Fees: Membership is $16 per year with discounted rates for multi-year memberships.

Ann Arbor Center for Independent Living
Website: [www.aacil.org](http://www.aacil.org)
Address: 3941 Research Park Drive, Ann Arbor MI 48108
Phone: (734) 971-0277
FAX: (734) 971-0826
Email: info@aacil.org
Services: Information and referral services are provided by phone, email, or in person to people with disabilities, and other members of the community seeking disability-related information. Also has an online resource directory at [www.annarborcil.org/resources/](http://www.annarborcil.org/resources/).
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.
Ann Arbor Community Center
Website: www.annarbor-communitycenter.org
Address: 625 N. Main Street, Ann Arbor  MI 48104
Phone: (734) 662-3128  (leave message for return call)
Fax: (734) 662-1099
Services: Combines local volunteers and funding from the community to provide high quality programs, information, and services such as senior citizen care, food assistance, etc.
Hours: Monday - Friday 9 am - 3 pm

Area Agency on Aging 1-B - Livingston/Washtenaw County Access Location
Website: www.aaa1b.org
Address: 3941 Research Park Drive, Suite B, Ann Arbor  MI 48108
Phone: (734) 213-6704
Toll Free: (800) 852-7795
TTY: Michigan Relay (800) 649-3777
Fax: 248-262-9971
Services: Certified resource specialists are available to provide information on services and resources for adults 60+, persons with disabilities and family caregivers. Areas of assistance include housing, long-term care, transportation, personal care, respite care, and legal services. Covers Livingston, Macomb, Monroe, Oakland, Street Clair, and Washtenaw counties. They can also provide referral numbers for other counties in Michigan and for all states.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Catholic Social Services of Washtenaw County - Ahead of the Curve - Washtenaw Senior Resource Directory
Website: getaheadwashtenaw.org
Phone: (734) 971-9781
Services: Online browsable and searchable directory of programs and services for older adults in Washtenaw County. Also provides assistance via telephone during normal business hours.
Hours: 24 Hours
Fees: No fee.

Catholic Social Services of Washtenaw County - Senior Services Department
Website: csswashtenaw.org/seniors/
Address: 4925 Packard Street, Ann Arbor  MI 48108
Phone: (734) 971-9781
Fax: (734) 971-2730
Services: Resource Advocates provide information and referral by telephone or in-home assessment. Client must be a resident of Washtenaw County, age 60+. Publishes a free annual “Senior Resource Directory” for Washtenaw County listing agencies and phone numbers. The directory can be obtained by phoning the agency or online at blueprintforaging.org.
Hours: Monday - Thursday 8:30 am - 9 pm; Fridays 8:30 am - 5 pm; Saturdays 8:30 am - 3 pm
Fees: No fee.
**Chelsea Community Senior Services (C2S2)**

**Website:** [chelseaseniors.org/FAQ-C2S2](http://chelseaseniors.org/FAQ-C2S2)

**Address:** Chelsea Senior Center, WSEC, 512 Washington Street, Chelsea MI 48118

**Phone:** (734) 475-9242

**Email:** connected@chelseaseniors.org

**Services:** Helps seniors 60+ in the Chelsea School District remain independently in their own homes by providing access to needed services using volunteers or through referrals to vetted and discounted service providers.

**Hours:** Monday - Friday 9 am - 3 pm

**Fees:** Suggested contributions for services.

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**Eldercare Locator - United States - Administration on Aging**

**Website:** [eldercare.acl.gov](http://eldercare.acl.gov)

**Toll Free:** 24 Hours (800) 677-1116

**Services:** Nationwide service that connects older Americans and their caregivers with information on both state and local senior services in their community.

**Hours:** 24 Hours

**Fees:** No fee.

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**Friends in Deed**

**Website:** [www.friendsindeed.info](http://www.friendsindeed.info)

**Address:** 1196 Ecorse Road, Ypsilanti MI 48198

**Phone:** (734) 484-4357

**Fax:** (734) 484-5355

**Email:** Helpline@FriendsInDeedMI.org

**Services:** Tries to fill in the gaps of assistance offered by other agencies and organizations in Washtenaw County, which may mean answering a request for assistance by providing information about or making a referral to another organization that has a program of services that better fits a client’s needs. Also works to keep track of resources available in the community and pass on the information through an annual How to Help seminar and two bi-annual resource guides:

- **Food Banks** - includes community services, shelters and hot meals locally and county-wide.
- **Clothing and Medical Closets** - covers free or low cost clothing, household & medical items.

**Hours:** Monday - Friday 9:30 am - 2:30 pm for document and furniture drop off

**Fee:** No fee.

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**Jewish Family Services of Washtenaw County - New American Club**

**Website:** [jfsannarbor.org/programs-services/aging-caregiver-support/nac](http://jfsannarbor.org/programs-services/aging-caregiver-support/nac)

**Address:** 2245 S. State Street, Ann Arbor MI 48104

**Phone:** (734) 769-0209

**Email:** info@jfsannarbor.org

**Services:** Social services, activities, and assistance for foreign-born seniors. Intake services in English and Russian.

**Hours:** Monday - Thursday 9 am - 5 pm  Fridays 9 am - 3 pm

**Fee:** No fee.

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**Contact Information:**

Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Jewish Family Services of Washtenaw County - Washtenaw Integrated Senior Experience (WISE)
Website: [jfsannarbor.org/transforming-aging/](http://jfsannarbor.org/transforming-aging/)
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Care management and aging in place service links seniors to systems, community organizations and experts in aging.
Hours: Monday - Thursday 9 am - 5 pm  Fridays 9 am - 3 pm
Fee: No fee.

Michigan Medicine - Geriatrics Center - Social Work and Community Programs
Website: [medicine.umich.edu/dept/geriatrics-center/community-programs/social-work](http://medicine.umich.edu/dept/geriatrics-center/community-programs/social-work)
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: (734) 764-2556
Fax: (734) 936-4120
Services: Geriatric social workers offer individuals and caregivers a wide range of information services, through individual and group counseling, support groups, educational programs, and various other wellness programs.
Hours: Monday - Friday 8 am – 5 pm
Fees: No fee for support groups. There may be fees associated with other programs.

Michigan Support for Older Adults Portal (SOAP)
Website: [misoap.org](http://misoap.org)
Address: 3815 W. St. Joseph, Suite C-200, Lansing MI 48197
Toll Free: (877) 664-2233
Fax: (517) 827-4937
Services: Use to find community resources to address senior needs, screen for available services and benefits, and help seniors apply for benefits.
Hours: 24 Hours.
Fees: No fee.

National Council on Aging
Website: [ncoa.org](http://ncoa.org)
Phone: (571) 527-3900
Services: Links to resources for older adults and caregivers on economic security, healthy living and public policy.
Hours: Call for hours
Fees: No fee.
National Resource Directory [for Wounded Warriors, Service Members & Veterans]
Website: www.nrd.gov
Services: A resource website that connects wounded warriors, Service Members, Veterans, their families, and caregivers to vetted programs and services that support them. It provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Find resources by category, and some subcategories, then limit by location (state).
Hours: 24 Hours
Fees: No fee.

Office of Services to the Aging - State of Michigan - Adult Protective Services
Website: www.michigan.gov/adultprotectiveservices
Toll Free: Michigan 24 Hours (855) 444-3911
Services: Responds to phone calls reporting concerns of abuse, neglect or exploitation against older adults, cognitively diminished or physically-challenged individuals. Makes referrals for assistance to local agencies.
Hours: 24 Hours
Fees: No fee.

Office of Services to the Aging - State of Michigan - Michigan Long Term Care Ombudsman Program
Website: mltcop.org
Address: 15851 S. US 27, Suite 73, Lansing MI 48906
Phone: (517) 827-8040
Toll Free: (866) 485-9393
Fax: (517) 574-5301
Services: The Long Term Care Ombudsman program is available for residents or concerned relatives to investigate complaints, suggest remedies, and assist with resident rights, payment issues, guardianship, and nursing home placement.
Hours: Monday – Friday 9 am – 5 pm
Fees: No fee.

Public Citizens of Washtenaw (formerly Gray Panthers of Washtenaw)
Address: PO Box 7213, Ann Arbor MI 48107
Phone: Michael-David BenDor (734) 484-1628
Email: Michael-David BenDor md@bendor.org or Alan Haber megiddo@umich.edu
Services: Intergenerational group which actively promotes changes in policy for economic security, health care, civil rights/liberties, political integrity, and other issues.
Hours: Group meets the 1st Saturday of each month from 10 am - 12 pm. (Please call to confirm).
Fees: $35 individual membership or sliding scale; $60 couples.
SAGE (Service & Advocacy for GLBT Elders) - National Resource Center on LGBT Aging
Website: [https://www.lgbtagingcenter.org](https://www.lgbtagingcenter.org)
Toll Free: (877) 360-5428
Services: Provides training, technical assistance and educational resources to aging providers, LGBT organizations and LGBT older adults. Help available in English or Spanish,
Hours: 24 hours
Fees: No fee.

St. Joseph Mercy Health System - Physician Referral Line
Website: [www.stjoeshealth.org/physicians](http://www.stjoeshealth.org/physicians)
Address: Reichert Health Center, 5333 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-5400
Toll Free: (800) 231-2211
TTY: 7-1-1
Services: Provides information on physician referrals and hospital services.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine
Website: [www.med.umich.edu/geriatrics/community/tswp](http://www.med.umich.edu/geriatrics/community/tswp)
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Staff and volunteers provide information on older adult services and agencies in the Washtenaw County area, including caregiver information, hearing and vision impairments, memory loss, home care and support groups. Turner Senior Wellness Program publishes and updates "[Local Resources for Older Adults in Washtenaw County](http://www.med.umich.edu/geriatrics/community/tswp)" on the Michigan Medicine Geriatrics Center website.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee

United Way of Washtenaw County: 2-1-1
Website: [www.uwwashtenaw.org](http://www.uwwashtenaw.org)
Address: 2305 Platt Road, Ann Arbor MI 48104
Phone: 24 Hours 2-1-1
Email: liveunited@uwwashtenaw.org
Online Live Chat: Yes
Services: Confidential service provides callers with information and referrals to local health and human service agencies and to volunteer opportunities. Can also help with connecting to information for other Michigan locations and other states. Online searchable database at [mi211.communityos.org](http://mi211.communityos.org).
Hours: 24 Hours
Fees: No fee.
University of Michigan - Work-Life Resource Center - Elder Care
Website: hr.umich.edu/benefits-wellness/work-life/elder-care
Address: 2600 Wolverine Tower, 3003 S. State Street, Ann Arbor MI 48109
Phone: (734) 936-8677
Fax: (734) 615-2776
TTY: (734) 647-1388
Email: worklife@umich.edu
Services: Assists staff, retirees and students at the University of Michigan with information, resources and services for eldercare in Michigan and nationwide. Information provided on assisted living, nursing homes, medical & legal resources, counseling services, support groups for caregivers, and a variety of other resources. Also provides posting board of/for “Family Helpers” comprised of current students at UM, recent graduates or retirees from UM who can be employed for elder care, chores, etc.
Hours: Monday - Friday 8 am – 5 pm
Fees: No fee.

Washtenaw County - Older Adults - Resource Links
Website: https://www.washtenaw.org/1584/Older-Adults
Services: Web page linking to county, local, and regional resources for seniors in the areas of mental health, housing and/or homelessness, food and nutrition, medical care, recreation and for persons with disabilities. Also includes links to social service agencies.
Hours: 24 Hours
Fees: No fee.

Washtenaw Caregiver Online Resource Center
Website: washtenawcaregiver.org
Toll Free: (844) 734-2273 (CARE)
Services: Links to information on training, respite, support groups, transportation, grandparents as parents and other resources.
Hours: 24 Hours
Fees: No fee.
INSURANCE ASSISTANCE - Oct 2018

Department of Veterans Affairs - Washtenaw County
Website: washtenaw.org/959/Veterans-Affairs
Address: 2155 Hogback Road, Ann Arbor MI 48108
Phone: (734) 973-4540
Toll Free: VA Health Benefits Services Center (877) 222-8387
Fax: (734) 973-4560
Services: Help for county veterans to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical care, transportation and utilities. Call VA’s Health Benefits Services Center for information about eligibility for its standard health plan.
Hours: Walk In Service (Public): 8:30 am - 12 pm; Appointments (Public) 1 pm - 5:30 pm;
Closed for Lunch 12 pm - 1 pm; Closed Fridays - Sundays & Holidays
Fees: No fee for assistance in applying. Health benefits includes fee and no-fee based services, depending on the veteran’s condition, income, and status.

Michigan - MDHHS - Medicare Savings Program
Website: www.michigan.gov/mdhhs/MedicareSavingsProgram
Address: MDHHS Washtenaw County Branch, 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Services: Pays for certain Medicare costs. There is an asset limit with income determining what is covered. The Michigan Department of Community Health (MDCH) may help pay the following, depending on the person's income: Medicare premiums, Medicare coinsurance, and/or Medicare deductible. In some cases, the MDCH may refund the person a portion of the Medicare Part B premium on an annual basis. Apply through the MDHHS Washtenaw County Branch.
Hours: Vary; call
Fees: No fee

Michigan Medicare/Medicaid Assistance Program (MMAP)
Website: www.mmapinc.org
Address: Services offered at various locations
Toll Free: (800) 803-7174
Services: Help and information on Medicare and Medicaid, health insurance, prescription insurance, doctor and hospitals bills, and long term care insurance. All Medicare recipients are eligible, regardless of age.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee
Social Security Administration
Website: [www.ssa.gov](http://www.ssa.gov)
Address: 3971 Research Park Drive, Suite A, Ann Arbor  MI 48108
Toll Free: (800) 772-1213 (no direct phone # for local office)
TTY: (800) 325-0778
Services: Handles applications for Social Security, Medicare, Disability, SSI, Extra Help for prescriptions (Part D), and other federal financial programs.
Hours: Office Monday – Tuesday & Thursday - Friday 9 am - 4 pm; Wednesdays 9 am – 12 pm
Fees: No fee.

State of Michigan - Department of Health and Human Services - Washtenaw County
Website: [http://www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)
Address: 22 Center Street, Ypsilanti  MI 48198
Phone: (734) 481-2000  Cash, Food, Medical, Home & Burial Assistance (855) 275-6424
Fax: (734) 481-8382
TTY: 711 or (800) 649-3777 and ask for (517) 373-3740
Services: Various programs and assistance for health insurance. Call for more information.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.
Adult Protective Services - State of Michigan - Department of Health and Human Services
Website: http://www.michigan.gov/mdhhs/Adult Protective Services
Address: 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Toll Free: Michigan Report Abuse & Neglect 24 Hour (855) 444-3911
Fax: (734) 481-8386
Services: DHHS investigates whether the person suspected of being abused, neglected, exploited or endangered is in need of protective services. Based on the investigation, DHHS will “make available to the adult the appropriate and least restrictive protective services … and safeguard and enhance the welfare of the adult.” The Washtenaw County Dept. of Human Services will provide emergency services and referrals as needed which could include financial management, conservatorship, guardianship, civil commitment, case management, home help, housing information, etc.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Crime Victims Legal Assistance Project - Elder Justice Initiative Michigan Advocacy Program
Website: cvlap.org/elder-justice-program
Address: 15 S. Washington Street, Ypsilanti MI 48198
Phone: (734) 665-6181 Ypsi office
Toll Free: (888) 783-8190 Central Intake or (866) 665-6181 Ypsi office
Fax: (734) 665-2974
Toll Free: Services: Through the Legal Services of South Central Michigan office, provides free legal assistance to adults age 55+ who have experienced abuse, domestic violence or neglect.
Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Dispute Resolution Center
Website: www.thedisputeresolutioncenter.org/
Address: 4133 Washtenaw Avenue, Suite 125, Ann Arbor MI 48108
Phone: (734) 794-2125
Fax: (734) 794-2126
Email: thedrc@ewashtenaw.org
Services: The Center provides confidential dispute resolution using trained volunteer mediators. They do not handle disputes involving serious violence and drugs.
Hours: Monday - Friday 9 am – 5 pm.
Fees: Depends on service. Some services based on ability to pay.
Elder Law of Michigan (ELM)
Website: [www.elderlawofmi.org](http://www.elderlawofmi.org)
Address: 3815 W. St. Joseph, Suite C200. Lansing MI 48917
7310 Woodward Avenue, Suite 703, Detroit MI 48202
Toll Free: (866) 400-9164
Fax: (517) 372-0792
Email: info@elderlawofmi.org
Services:
- **The Mid-America Pension Rights Project** (866) 735-7737: Assists retirees in finding, securing, and recovering pension benefits. Answers questions regarding pension plans and other retirement benefits. Monday - Friday 9 am - 3 pm
- **The Michigan Coordinated Access to Food for the Elderly** (866) 664-2233: (MiCAFE) Project is designed to increase the participation of older adults in the Food Assistance Program, Medicare/Medicaid, utility assistance and tax credits.

**Hours**: Monday - Friday 9 am – 5 pm
**Fees**: No fee.

KEPRO - Medicare Quality Improvement Organization - Michigan
Website: [www.keproqio.com](http://www.keproqio.com)
Toll Free: 24 Hours (855) 408-8557
TTY: (855) 843-4776
Fax: (844) 834-7130
Services: Toll-free hotline for Michigan Medicare beneficiaries to make inquiries about patient rights under Medicare, premature discharges from hospitals, ending of Medicare-covered care, the Medicare appeals process and other quality of care issues. Facilities covered include hospitals, outpatient rehab facilities, skilled nursing homes, home health agencies, and hospice.

**Hours**: Weekdays 9 am – 5 pm  Weekends and holidays 11 am - 3 pm
**Fees**: No fee.

Legal Services of South Central Michigan (LSSCM)
Website: [www.lsscm.org](http://www.lsscm.org)
Address: 15 S. Washington Street, Ypsilanti MI 48198
Phone: (734) 665-6181
Toll Free: (866) 665-6181
Fax: (734) 665-2974
Services: Free legal assistance to low-income adults 60+ who are financially eligible. Offers services from information to formal legal representation in the following areas: housing, family law, public benefits (Social Security, Medicare, Medicaid, SSI, etc.), power of attorney, guardianship, simple wills, nursing home issues, consumer issues. Cannot accept fee-generating or criminal cases. Arrangements for special accommodations are available.

**Hours**: Monday - Friday 9 am – 5 pm
**Fees**: No fee.
Low Income Taxpayer Clinic (LITC) - University of Michigan Law School
Website: [www.law.umich.edu/clinical/litc/](http://www.law.umich.edu/clinical/litc/)
Address: 701 S. State Street, Ann Arbor MI 4810
Phone: (734) 936-3535
Services: Helps low-income taxpayers with various issues -- IRS notices, liens and levies, innocent/injured spouse relief, tax audits and more -- when the amount in dispute is $50,000 or less per tax year.
Hours: Varies; call for information
Fees: Charged only for expenses incurred.

SafeHouse Center
Website: [www.safehousecenter.org/LegalAdvocacyServices](http://www.safehousecenter.org/LegalAdvocacyServices)
Address: 4100 Clark Road, Ann Arbor MI 48105
Phone: Administration (734) 973-0242
24-Hour Crisis Line: (734) 995-5444
TTY: (734) 973-2227
Fax: (734) 973-7817
Email: info@safehousecenter.org
Services: Secure temporary housing, counseling and legal advocacy is provided for victims of domestic violence and sexual assault. The staff works with law enforcement and social agencies for long term planning. Also uses Language Line, which allows a survivor that speaks a language other than English to have a conversation with SafeHouse staff through a confidential interpreter. An advocate may be available to meet for personal protection orders (PPO) at the Washtenaw County Court House -- call (734) 222-3381 for an appointment.
Hours: Lobby Monday - Friday 9 am - 5 pm
Fees: No fee.

Michigan Medicine - Geriatrics Center - Social Work and Community Programs - Advance Directives
Website: none
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: Appts. (734) 764-2556
Fax: (734) 936-4120
Services: Trained peer volunteers are available by appointment to discuss Durable Power of Attorney for Health Care (DPOA-HC), Living Will, and end of life decisions. Volunteers will assist in completing the DPOA-HC. Appointments required. Open to the public.
Hours: Monday afternoons
Fees: No fee.
Washtenaw Bar Association - Lawyer Referral and Information Service
Website: www.washbar.org/lawyer-referral
Address: 101 E. Huron Street, Suite 1111, Ann Arbor MI 48104
Phone: Referrals (734) 996-3229
Fax: (734) 663-2430
Services: For a $30 fee, client will receive one attorney’s name and phone number based on area of law needed, and up to 30 minutes of consultation with that attorney. Also offers the Family Law Modest Means Program where legal services are available for $75 per hour to those of moderate means, according to federal income guidelines. Spanish-language services available.
Hours: Monday – Friday 9 am – 5 pm
Fees: $30.

Washtenaw County / Eastern Michigan University - Legal Resource Center
Website: www.emich.edu/engage/communitylink/legal-resource-center/
Address: 101 E. Huron, First Floor, Washtenaw County Courthouse, Ann Arbor MI 48107
Phone: (734) 994-0160
Services: Legal self-help center. Staff helps people in Washtenaw County locate and fill out forms for civil issues such as divorce, personal protection orders, small claims, landlord-tenant disputes, probate, guardianship, conservatorship, etc. Staff gives information on legal procedures. No legal advice or representation.
Hours: Tuesday - Thursday 9 am - 4 pm
Fees: No fee.

Washtenaw County - Prosecuting Attorney’s Office - Victim / Witness Services
Website: www.washtenaw.org/1107/Victim-Witness-Services
Address: 200 N. Main Street, Suite 300, Ann Arbor MI 48107
Phone: (734) 222-6650
Services: Advocates work with victims of felonies and misdemeanors to help navigate the courts system; help with the return of personal property; employer intervention; providing information and assistance with filing applications for victim compensation or restitution; providing information and referral for community services; and act as liaison between the victim and other criminal justice agencies such as the police, courts, and probation department.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.
Ann Arbor Meals on Wheels - Michigan Medicine
Website: www.med.umich.edu/chs/services/meal.htm
Address: 2025 Traverwood Drive, Suite F, Ann Arbor MI 48105
Phone: (734) 998-6686
Fax: (734) 998-6277
Email: aamealsonwheels@umich.edu
Services: Provides meals Mondays-Fridays to older adults or individuals with disabilities who are homebound or unable to prepare complete nutritious meals for themselves. Clients are served regardless of age or financial status and must be a resident of Ann Arbor. There are options for standard, vegetarian entrée, diabetic dessert option, Asian, Kosher and liquid meals and for hot meals or sack meals.
Hours: Monday - Friday 8:30 am - 4 pm; Saturdays 8:30 am - 1:30 pm
Fees: $5 per day suggested donation.

Chelsea Senior Center - Senior Cafe & Meals on Wheels
Website: chelseaseniors.org/daily-lunch-home-delivered-meals/
Address: 512 E Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Fax: (734) 475-6189
Email: connected@chelseaseniors.org
Services: Lunch available M-F at 12 pm; 24 hour reservation required for Senior Cafe. Check webpage for lunch menu. Also provides Meals on Wheels.
Hours: Monday - Friday 9 am - 4 pm
Fees: 60+: $3.00 suggested donation; others $4.00

Dexter Senior Center - Senior Nutrition Program
Website: www.dexterseniors.org
Address: 7720 Ann Arbor Street, Dexter MI 48130
Phone: (734) 426-7737
Services: Lunch served to people 60+ Monday - Friday. A 24 hour advance registration required. Also provides Meals on Wheels for Dexter School District only. Must be 60+ and unable to make own meals.
Hours: Monday - Friday 9 am – 3 pm
Fees: 60+: $3.00 suggested donation.

Faith in Action (FIA) - Chelsea & Dexter
Website: www.faithinaction1.org
Address: 603 S Main, Chelsea MI 48118
Phone: (734) 475-3305
Fax: (734) 475-3136
Services: Food pantry for residents of Chelsea and Dexter school districts only. Provides Thanksgiving food baskets and a Christmas Day Meal.
Hours: Dexter Food Pantry Wednesdays 12 - 7 pm
Jewish Community Center of Greater Ann Arbor - Lunch Cafe
Website: jccannarbor.org/lunch-cafe/
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108
Phone: (734) 971-0990
Fax: (734) 677-0109
Services: Dairy (meat-free) lunch open to all.
Hours: Tuesdays, Wednesdays (Movie & Lunch) & Thursdays; lunch served 12 - 12:30 pm; must register 24 hours before.
Fees: 60+ $3.00 suggested donation; others $5.50.

Lincoln Senior Center
Website: www.lincolnk12.org/community-partners/lincoln-golden-ages/
Address: West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti MI 48197
Phone: (734) 483-8366
Email: LincolnGoldenAges@lincolnk12.org
Services: Lunch served at 12 pm, Tuesday - Friday.
Hours: Tuesday through Friday 8 am - 4 pm
Fees: 60+ - $3.00 suggested donation. Membership dues $15 per year.

Manchester Meals on Wheels (via Chelsea Senior Center)
Website: http://chelseaseniors.org/daily-lunch-home-delivered-meals/
Address: 512 E. Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Services: Meals are provided through the Chelsea Senior Center for seniors 60+ that are unable to prepare their own meals.
Hours: Meals delivered on Mondays.
Fees: 60+: $3.00 suggested donation; others $4.00.

Manchester Area Senior Citizens Council, Inc.
Website: www.facebook.com/groups/manchesterseniors/
Address: meals at Emanuel United Church of Christ, 324 W. Main Street, Manchester MI 48158
Phone: Meals/Transportation (734) 385-6308
Services: Lunch provided at 12 pm, Tuesday and Thursday, September to mid-June, and Tuesday Mid-June to August. Serves Manchester, Sharon, Bridgewater, and Freedom Townships. Carry-out and dine-in available without reservations. Call to make reservations for delivery or transportation to meals.
Hours: Tuesdays & Thursdays at 12 pm September to mid-June; Tuesdays only mid-June to August
Fees: 55+ $4.00 suggested donation; under 55, $4.50.
Milan Seniors for Healthy Living - Senior Cafe & Meals on Wheels  
Website: milanseniors.org/  
Address: 45 Neckel Court Milan MI 48160  
Phone: (734) 508-6229  
Fax: (734) 439-4315  
Email: mshl@milanseniors.org  
Services: Lunch served Mondays, Wednesdays, and Thursdays at 11:45 am. Home delivered meals offered Monday - Friday for those 60+.  
Hours: Monday – Friday 9 am - 3 pm  
Fees: 60+: $3.00 suggested donation.

Northfield Township Community & Senior Center - Senior Nutrition Program  
Website: www.twp-northfield.org/community_visitors/senior_center/ongoing_services.php  
Address: 9101 Main Street, Whitmore Lake MI 48189  
Phone: (734) 449-2295  
Fax: (734) 449-8410  
Services: Lunch provided Mondays, Wednesdays & Fridays at 12:15 pm. Home-delivered meals and liquid dietary supplement available.  
Hours: Call for information.  
Fees: 60+ $3.00 suggested donation. Under 60 $5.50.

Pittsfield Senior Center - Senior Cafe  
Website: www.pittsfield-mi.gov/index.aspx?NID=278  
Address: 701 W. Ellsworth, Ann Arbor MI 48108  
Phone: (734) 822-2117  
Fax: (734) 996-3015  
Services: Lunch served to 60+ and must sign up 2 days prior.  
Hours: Mondays, Tuesdays & Thursdays 11:45 am - 12:15 pm  
Fees: 60+: $3.00 suggested donation; others, $5.50 per meal.

Saline Area Senior Center - Meals on Wheels  
Website: www.salineseniors.org/meals-on-wheels  
Address: 7190 N. Maple, Saline MI 48176  
Phone: (734) 429-9274  
Fax: (734) 429-1079  
Services: Provides Meals on Wheels services to homebound individuals. There are no age requirements. A physician’s form, available at the Saline Senior Center, must be completed.  
Hours: Monday - Friday 8 am - 4 pm. Meals delivered between 11:15 am - 1:30 pm. No meals served on holidays.  
Fees: Ages 60+ suggested donation $2.50 for a hot meal and/or $.50 for a sack meal; others $5.00. Fees are billed on a monthly basis.
Turner Senior Wellness Program - Senior Nutrition Program - Michigan Medicine
Website: [www.med.umich.edu/geriatrics/community/tswp](http://www.med.umich.edu/geriatrics/community/tswp)
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor  MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Serves lunch twice weekly, Tuesdays & Fridays at 12 pm. Must call to register 2 days in advance.
Hours: Monday - Friday 9 am - 5 pm
Fees: 65+ $3.00 suggested donation; others, $5.50.

Ypsilanti Meals on Wheels
Website: [www.ymow.org](http://www.ymow.org)
Address: 1110 W Cross Street, Ypsilanti  MI 48197
Phone: (734) 487-9669
Fax: (734) 482-3868
Services: Meals are offered to homebound individuals regardless of age or financial status. Meals delivered on Christmas and New Years day; frozen meals delivered in advance of Memorial Day, Fourth of July, Labor Day and the day after Thanksgiving. Service area: Eastern Washtenaw County.
Hours: Monday - Friday 10 am - 1:30 pm
Fees: $3.00 suggested donation.

Ypsilanti (City of) Senior/Community Center
Website: [www.ypsiseniorcenter.org](http://www.ypsiseniorcenter.org)
Address: 1015 N. Congress, Ypsilanti  MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Services: Lunch is served Monday - Thursday at 11:45 am
Hours: Monday - Friday 10 am - 1:30 pm
Fees: 60+: $3.00 suggested donation; others, $5.50

Ypsilanti Township Community Center - 50 & Beyond Programs
Website: [ytown.org/50-beyond-services-newsletters](http://ytown.org/50-beyond-services-newsletters)
Address: 2025 E. Clark Road, Ypsilanti  MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Services: Lunch is served Monday - Friday at 12 pm to persons 60+. Call 1 week in advance for a reservation.
Hours: Monday - Friday 8 am – 4 pm; Office hours 9 am - 2 pm
Fees: 60+: $3.00 suggested donation.
Ann Arbor Public Schools - Community Education & Recreation
Website: www.a2schools.org/reced
Address: 1515 S. Seventh Street, Ann Arbor MI 48103
Phone: (734) 994-2300 ext. 1
Fax: (734) 944-1454
Activities:
● Cycling
● Dance
● Martial arts
● Nia Fitness
● Pilates
● Tai Chi
● Weight training
● Yoga
● Zumba
Hours: office Monday – Friday 8 am – 5 pm; summer office hours 8 am – 4:30 pm
Fees: Varies according to program. Scholarships are available to district residents who meet specific low-income guidelines. Seniors must mail or drop off registration forms to receive discounts.

Ann Arbor Senior Center, Burns Park - Ann Arbor - Parks & Recreation
Website: www.a2gov.org/senior
Address: 1320 Baldwin Avenue, Ann Arbor MI 48104
Phone: (734) 794-6250
Activities: Programs and services promote fitness and activity, reduce the risk of adverse health events, and provide recreational and cultural activities that can improve physical stamina and maintain cognitive functioning.
● Dance
● Strength training
● Tai Chi
● Yoga
Hours: Monday - Thursday 9 am - 4 pm; select evening and weekend programs
Fees: $25 single, $35 family membership fee.
Ann Arbor YMCA
Website: www.annarborymca.org
Address: 400 W. Washington, Ann Arbor  MI 48103
Phone: (734) 996-9622
Activities: Promotes healthy living through facilities and programs that build healthy spirit Mind and body.

- Exercise equipment, gymnasium, indoor track, swimming pool
- Aerobics
- Arthritis warm water exercise
- Conditioning classes
- Dance classes
- Fencing
- Martial arts
- Nia and Gentle Nia
- Personal training
- Pickleball
- Pilates
- Stretch & toning classes
- Studio cycling
- Swimming
- Yoga
- Zumba

Hours: Monday - Friday 5:30 am - 10 pm; Saturday - Sunday 7 am - 7 pm
Fees: Depends on activity. Senior and senior couple monthly membership fee; scholarships available. Non-members pay higher class fee.
Chelsea Wellness Center  
Website: [www.chelseawellness.org](http://www.chelseawellness.org)  
Address: 14800 E. Old U.S. 12, Chelsea MI 48118  
Phone: (734) 214-0220  
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Dexter and Manchester Wellness Centers.  
- Exercise equipment  
- Aerobics  
- Aqua cardio and core  
- Arthritis warm water classes  
- Cycling  
- Dance  
- Personal training  
- Pickleball  
- Tai Chi  
- Zumba  
- Pilates  
- Toning  
- Yoga  
- Medical fitness programs  

Hours: Monday - Thursday 5 am - 9:30 pm; Fridays 5 am - 8 pm; Saturday - Sunday 7 am - 6 pm  
Fees: Membership fee includes some classes; call for services fee. Senior membership fee. Scholarships available. Non-members pay higher class fee.

Chelsea Senior Center  
Website: [www.chelseaseniors.org](http://www.chelseaseniors.org)  
Address: Washington Street Education Center, 512 E. Washington Street, Chelsea MI 48118  
Phone: (734) 475-9242  
Email: [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)  
Activities: Enhances the quality of life and well being of area seniors.  
- Dance  
- Enhance fitness  
- Fitness, standing and seated  
- Pickleball  
- Tai Chi  
- Wii bowling  
- Yoga  

Hours: Monday - Friday 9 am - 4 pm  
Fees: Depends on activity; membership dues.
Dexter Wellness Center  
Website: [www.dexterwellness.org](http://www.dexterwellness.org)  
Address: 2810 Baker Road, Dexter MI 48130  
Phone: (734) 580-2500  
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Chelsea and Manchester Wellness Centers.  
- Gymnasium  
- Aerobics  
- Cycling  
- Dance  
- Kettleball  
- Nia Fitness  
- Pickleball  
- Pilates  
- Swimming  
- Tai Chi  
- Yoga  
- Zumba  
Hours: Monday - Thursday 5 am - 9:30 pm; Fridays 5 am - 8 pm; Saturday - Sunday 7 am - 6 pm  
Fees: Senior membership fees; non-members pay more for classes; scholarships available.

Jewish Community Center of Greater Ann Arbor  
Website: [www.jccannarbor.org](http://www.jccannarbor.org)  
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108  
Phone: (734) 971-0990 Ext. 140  
Fax: (734) 677-0109  
Email: jcc@jccfed.org  
Activities: Offered to include health and fitness as part of your day.  
- Callanetics  
- Israeli dance  
- Low impact chair exercise  
- Yoga  
- Zumba  
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm  
Fees: Senior membership fee.

Manchester Area Senior Citizens Council, Inc.  
Website: [www.facebook.com/groups/manchesterseniors/about/](http://www.facebook.com/groups/manchesterseniors/about/)  
Address: 410 City Road, (PO BOX 31) Manchester MI 48158  
Phone: (517) 456-4962  
Activities: Yoga and Movement through Music (Movin’ and Groovin’) offered weekly. Yoga at The Manchester United Methodist Church Fellowship Hall; Movin’ and Groovin’ at Manchester Village Hall, 912 City Road.  
Fees: Call for rates; some programs free.
Manchester Wellness Center
Website: www.manchesterwellness.org
Address: 710 E. Main Street, Manchester MI 48158
Phone: (734) 428-0850
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Dexter and Chelsea Wellness Centers.
- Aerobics
- Abs and stretching
- Cycling
- Personal training
- Yoga
- Zumba
Hours: Monday - Thursday 6 am - 1 pm & 3:30 pm - 7:30 pm; Fridays 6 am - 1 pm & 3 pm - 8 pm; Saturdays 7 am - 12 pm; Sundays 7 am - 6 pm
Fees: Senior membership fees; scholarships available.

Michigan Medicine - Transitional Therapy & Exercise Programs - Dept. of Physical Medicine & Rehabilitation
Website: medicine.umich.edu/dept/pmr/programs/transitional-therapy-exercise-programs
Address: 325 E. Eisenhower Parkway, Garden Level, Suites 12 and 200, Ann Arbor MI 48108
Phone: (734) 232-1262 Transitions Training Studio (734) 232-1196
Email: pmr--transitions@med.umich.edu
Fax: Transitions program (734) 763-3715
Activities: Offers supervised, medically based exercise classes and programs.
- Exercise equipment
- Bariatric Conditioning Program
- BioCored
- FUNctional Fitness for Older Adults (62+)
- Personal Training
- Pilates
- Weight Management
- Yoga
Hours: Monday - Friday 8 am – 5 pm
Fees: Call for current fee. Transitions Training Studio membership available.
Milan Seniors for Healthy Living
Website: milanseniors.org/home/senior-center/fitness/
Address: 45 Neckel Court Milan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Activities:
- Exercise Room
- Enhance Fitness
- Tai Chi
- Yoga
Hours: Monday - Thursday 8 am - 3 pm
Fees: Depends on activity. Membership dues.

Northfield Township Community [& Senior] Center
Website: twp-northfield.org/community_visitors/senior_center
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Activities:
- Chair Yoga
- Chair exercise, dance and weights
- Line dancing
- Tai Chi
Hours: Monday - Friday 9 am - 4 pm
Fees: Yes.

Pittsfield Township Senior Center
Website: www.pittsfield/mi.gov/senior-center
Address: 701 W. Ellsworth, Ann Arbor MI 48108
Phone: (734) 822-2117
Fax: (734) 996-3015
Activities:
- Ball fitness
- Chair exercise
- Fitness & wellness
- Line dancing
- Wii bowling
Hours: Monday - Friday 8 am - 5 pm
Fees: $5.00 annual membership dues for residents; $10 for non-residents.
Saline Area Senior Center
Website: www.salineseniors.org
Address: 7190 N. Maple Road, Saline MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1075
Activities:
● Clogging
● Drumming
● Hula Hooping
● Line Dancing
● Pickleball
● Ping pong
● Strength
● Tai Chi
● Walking
● Yoga - Hatha and adaptive
● Zumba
Hours: Mondays & Wednesdays 8 am - 9 pm; Tuesdays, Thursdays & Fridays 8 am - 4 pm
Fees: Membership dues vary depending on age and residency.

Saline Recreation Center
Website: www.cityofsaline.org/parks--recreation--recreation-center
Address: 1866 Woodland Drive, Saline MI 48176
Phone: (734) 429-3502
Fax: (734) 429-5208
Activities:
● Cardio
● Cycling
● Fitness
● Pilates
● Raquetball
● Swimming
● Water Aerobics
● Weightlifting
● Yoga
● Zumba
Hours: Monday - Friday 5:30 am - 10 pm; Saturday - Sunday 6 am - 6 pm
Fees: Reduced rates for Seniors / Senior Family payable monthly (facility use only), by 12-month contract or pre-paid annually. (Contract and pre-paid rates include facility use and land fitness classes with discounts for other classes and programs, including drop-in fees).

Silver Sneakers
Website: https://www.silversneakers.com
Services: Check eligibility for a health and fitness program designed for those 65+ which is included with many Medicare plans. Requires an email address.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
St. Joseph Mercy Ann Arbor  
Website: [www.sjmercyhealth.org/senior-fit](http://www.sjmercyhealth.org/senior-fit)  
Address: Towsley Health Building Gymnasium, 5361 McAuley Drive, Ypsilanti  MI 48197  
Phone: (734) 712-5800  option 6  
Activities: Doctor’s clearance required.  
  * Senior Fit - cardiovascular, strength, flexibility, balance; chairs available if needed  
Hours: Mondays, Tuesdays, Thursdays 10:15 - 11:15 am  
Fees: No fee; may be waitlist.

Turner Senior Wellness Program - Michigan Medicine  
Website: [www.med.umich.edu/geriatrics/community/tswp](http://www.med.umich.edu/geriatrics/community/tswp)  
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor  MI 48105  
Phone: (734) 998-9353  
Fax: (734) 998-9340  
Activities:  
  * Enhance fitness  
  * Nia Fitness  
  * Posture-Balance-Strength  
  * Tai Chi  
  * Yoga  
  * Walking in place  
Hours: Monday - Friday 9 am - 5 pm  
Fees: Depends on activity. No membership dues.

University Of Michigan - School of Kinesiology - Lifetime Fitness - Community Programs  
Website: [www.kines.umich.edu/community-programs/lifetime-fitness](http://www.kines.umich.edu/community-programs/lifetime-fitness)  
Address: School of Kinesiology, 1402 Washington Heights, Ann Arbor  MI 48109  
Phone: (734) 764-1342  
Fax: (734) 647-6375  
Activities: Liability waiver required.  
  * Aerobics  
  * Chair yoga  
  * Zumba  
Hours: Briarwood Mall, Von Maur court: Monday - Friday 9 - 10 am; Saturdays 8 - 9 am - see website for schedule of classes.  
Fees: No fee.
Washtenaw Community College - Health & Fitness Center
Website: www.wccfitness.org
Address: 4833 E. Huron River Drive, Ann Arbor  MI 48108
Phone: (734) 975-9950
Fax: (734) 975-9958
Activities:
- Aerobics
- Ai Chi
- Aquacize
- Cycling
- Pilates
- Sit 'n Fit using chair or stability ball
- Strength
- Stepping
- Stretching
- Yoga
- Swimming
- Zumba
- Arthritis classes
- Exercise equipment
Hours: Monday - Thursday 5 am - 10 pm, Friday 5 am - 9 pm, Saturday - Sunday 7 am - 6 pm (May - August) and 7 am - 8 pm (September - April)
Fees: Varies with activity; many free. Senior and senior couple monthly membership dues.

Washtenaw County - Parks & Recreation - Meri Lou Murray Recreation Center
Website: www.washtenaw.org/497/Meri-Lou-Murray-Recreation-Center
Address: 2960 Washtenaw Avenue, Ann Arbor  MI 48104
Phone: (734) 971-6355
Fax: (734) 971-2094
Activities:
- Exercise equipment, gymnasium, Indoor track, swimming pool
- Aerobics
- Aquatics classes
- Badminton
- Basketball
- Cycling
- Dance
- Martial arts
- Pickleball
- Pilates
- Tai Chi
- Volleyball
- Yoga
- Zumba
Hours: Monday - Friday 6 am - 10 pm; Saturdays 8 am - 6 pm; Sundays 12 pm - 10 pm
Fees: Depends on activity. Senior rates available for day passes and membership dues.
Ypsilanti Senior / Community Center
Website: ypsiseniorcenter.org
Address: 1015 N. Congress Street, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Activities: Exercise classes offered in cooperation with Washtenaw Community College and the Ann Arbor YMCA.
   - Fitness after 50
   - Gentle Fitness
   - Yoga
Hours: Mondays, Wednesdays, & Fridays 9 am - 2 pm; Tuesdays & Thursdays 10 am - 12 pm
Fees: No fee. No membership dues.

Ypsilanti Township - Community Center - 50 & Beyond
Website: www.ytown.org/50&beyond
Address: 2025 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Activities:
   - Dance classes
   - Enhance fitness
   - Lifetime fitness
   - Racketball
   - Tai Chi
   - Pickleball
   - Walking indoors
   - Yoga
   - Zumba
Hours: Monday - Friday 8 am - 8 pm; Saturdays 9 am - 6 pm
       Office Monday - Friday 9 am - 2 pm
Fees: Depends on activity; higher non-resident fee. Membership dues for residents, resident households, non-residents and non-resident households.
SENIOR CENTERS - Nov 2018

Ann Arbor Senior Center, Burns Park
Website: www.a2gov.org/seniorm
Address: 1320 Baldwin Avenue, Ann Arbor MI 48104
Phone: (734) 794-6250
Fax: (734) 997-1308
Hours: Monday - Thursday 9 am - 4 pm

Chelsea Senior Center
Website: www.chelseaseniors.org
Address: Washington Street Education Center, 512 E. Washington, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Hours: Monday - Friday 9 am - 4 pm

Dexter Senior Center
Website: www.dexterseniors.org
Address: 7720 Ann Arbor Street, Dexter MI 48130
Phone: (734) 426-7737
Hours: Monday - Friday 9 am - 3 pm

Jewish Community Center of Greater Ann Arbor
Website: www.jccannarbor.org
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108
Phone: (734) 971-0990
Fax: (734) 677-0109
Email: jcc@jccfed.org
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm.

Lincoln Golden Ages Senior Center
Website: www.lincolnk12.org/community-partners/lincoln-golden-ages/
Address: West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti MI 48197
Phone: (734) 483-8366
Email: LincolnGoldenAges@lincolnk12.org
Hours: Tuesday - Friday 8 am - 4 pm

Milan Seniors for Healthy Living
Website: www.milanseniors.org
Address: 45 Neckel Court Milan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Hours: Monday - Friday 8 am - 3 pm

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Northfield Township Community & Senior Center
Website: twp-northfield.org/community_visitors/senior_center
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Hours: Monday - Friday 9 am - 4 pm

Pittsfield Township Senior Center
Website: www.pittsfieldtwp.org/seniors_center.html
Address: 701 W. Ellsworth Road, Ann Arbor MI 48108
Phone: (734) 822-2117
Fax: (734) 996-3015
Email: seniors@pittsfield-mi.gov
Hours: Monday - Friday 8 am - 5 pm

Saline Area Senior Center
Website: www.salineseniors.org
Address: 7190 N. Maple, Saline MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1079
Hours: Monday - Friday 8 am - 4 pm

South Lyon Center for Active Adults
Website: www.slcs.us/departments/center_for_active_adults
Address: South Lyon High School Door #32, 1000 N. Lafayette (Pontiac Trail & Eleven Mile Road), South Lyon MI 48178
Phone: (248) 573-8175
Hours: Office Monday - Friday 9 am - 3:30 pm

Turner Senior Wellness Program - Michigan Medicine
Website: www.med.umich.edu/geriatrics/community/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Hours: Monday - Friday 9 am - 5 pm

Ypsilanti Senior / Community Center
Website: www.ypsiseniorcenter.org
Address: 1015 N. Congress, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Hours: Mondays, Wednesdays & Fridays 9 am - 2 pm; Tuesdays & Thursdays 10 am - 2 pm; Saturdays 10 am - 12 pm
Ypsilanti Township - Community Center - 50 & Beyond Programs
Website: ytown.org/50-beyond-coordinator
Address: 2025 E. Clark Road, Ypsilanti  MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Hours: Monday - Friday 8 am - 8 pm; Saturdays 9 am - 6 pm
       Office Monday - Friday 9 am - 2 pm

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
SUPPORT GROUPS - rev Aug 2019

ADDICTION

Addiction Recovery Resources in Washtenaw County
Website: www.workithealth.com/blog/addiction-resources-washtenaw-county
Phone: (855) 548-8360
Services: Lists general resources, support groups in the county, online support groups, information for families of addicts, and addiction treatment.
Hours: 24 hours
Fees: No fee.

Al-Anon / ACOA
Website: www.afgdistrict5.org
Address: 1475 Westfield, Ann Arbor MI 48107
Phone: (734) 995-4949
Services: Program of recovery for family and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. Meeting list by day of week. Meetings in Ann Arbor, Chelsea, Saline, Ypsilanti and surrounding communities.
Hours: Monday - Thursday 8 am - 6 pm
Fees: Based on ability to pay.

Alcoholics Anonymous
Website: www.hvai.org
Address: 31 S. Huron Street, Ypsilanti MI 48197
Phone: (734) 482-0707 - Literature line
Helpline: (734) 482-5700 - For support groups
Email: professionals@hvai.org
Services: Support group to help recovery from alcoholism. There are a variety of locations and times for meetings — searchable online. Covers Ann Arbor, Chelsea, Dexter, Manchester Milian, Saline, Ypsilanti and surrounding communities. Open to anyone who wants to stop drinking.
Hours: Tuesday - Friday 1 pm - 6 pm
Fees: Based on ability to pay.

American Lung Association - Smoking Cessation Hotline
Website: www.lung.org/stop-smoking/
Toll Free: (800) LUNG-USA
Hours: 24 Hours
Friends of Little House
Website: www.folh.net
Address: 802 N. River Street, Ypsilanti MI 48198
Services: Creates / promotes an environment of recovery for alcoholics, addicts and people with addictive personalities. Meeting rooms for 12 Step and recovery oriented programs like Alcoholics Anonymous, Narcotics Anonymous, Gamblers Anonymous, Overeaters Anonymous, and many other programs. Has programs for LGBT, men-only, and women-only groups. Closed meetings; no wheelchair access.
Hours: Schedule at http://www.folh.net/meetings.html
Fees: No fee.

Gambler’s Anonymous
Website: www.gamblersanonymous.org/ga/
Toll Free: Michigan Hotline (855) 222-5542
Services: Website provides links to locate a closed, modified closed or open meeting or talk to someone nearby. Also provides a link to Gal-Anon.
Hours: Varies
Fees: No fee

Narcotics Anonymous, Washtenaw Area
Website: michigan-na.org/washtenaw-area or na.org
Toll Free: Michigan Hotline (800) 230-4085
Services: Click on “Meetings” to find local support group meetings.
Hours: Varies
Fees: No fee

Greater Ann Arbor Overeaters Anonymous
Website: http://www.a2oa.org
Email: aaaaoaig@gmail.com
Services: Sponsors open, closed, special focus and special topics meetings.
Hours: Click on “Meetings” to find local support group meetings.
Fees: No fee

Nicotine Anonymous (NicA)
Website: nicotine-anonymous.org
Toll Free: (877) 879-6422
Hours: 24 Hours
Services: Offers 12-step fellowship of men and women helping each other live nicotine-free lives. Use “Find Meeting” tab for face-to-face, phone, and Internet meetings or pen and email pals.
Fees: No fee.
St. Joseph Mercy Health System - Classes & Events
Website: www.stjoeshealth.org/classes
Services: Search by categories such as Substance Abuse Education & Support or Support Group and/or by location to find groups of interest.
Hours: Varies
Fees: No fee for support groups

SmokeFree 60+
Website: 60plus.smokefree.gov
Phone: (877) 44U-Quit
Online Live Chat: livehelp.cancer.gov  Monday - Friday 9 am - 9 pm ET
Services: Provides free, accurate, evidence-based information and professional assistance to help support the immediate and long-term needs of older adults trying to quit smoking.
Hours: 24 Hours
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine - Staying Smoke Free
Website: www.med.umich.edu/geriatrics/community/tswp.htm
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Services: Support group to help seniors who have quit smoking remain smoke-free.
Hours: 2nd and 4th Tuesdays 3:00 - 4:30 pm
Fees: No fee.
ALZHEIMER’S / MEMORY LOSS

Alzheimer’s Association - Michigan Great Lakes Chapter
Website: www.alz.org
Address: 564 S. Main Street, Suite 200, Ann Arbor Ml 48104
Phone: (734) 369-2716
Toll Free: 24 Hour (800) 272-3900
Fax: (734) 369-2816
TTY: 24 Hour (866) 403-3073

Services: Support groups for people with Alzheimer’s disease, their family members and care partners at various locations. Check www.communityresourcefinder.org for current locations, times and contact information.

Recent caregiver support group locations:
- Turner Senior Wellness Program / TSRC, 2401 Plymouth Road, Ann Arbor 48105 (with respite)
- StoryPoint, 6230 S. State Road, Saline MI 48176
- Chelsea Retirement Community, 805 W Middle St, Chelsea MI 48118
- Glacier Hills Retirement Community, 1200 Earhart Road, Ann Arbor 48105
- King of Kings Lutheran Church, 2685 Packard Street, Ann Arbor 48104
- First Unitarian Universalist Congregation, 4001 Ann Arbor Saline Rd, Ann Arbor 48103
- St. Joseph Mercy Hospital, Towsley Health Building, 5361 McAuley Drive, Ann Arbor 48106
- Brecon Village, 101 Brecon Drive, Saline MI 48176
- Silver Maples, 100 Silver Maples Drive, Chelsea MI 48118 (with respite)
- Gilbert Residence, 203 S Huron Street, Ypsilanti MI 48197

Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Ann Arbor Area Lewy Body Dementia Support Group
Website: alzheimers.med.umich.edu/lbd/
Address: Huron Woods/Towsley Health Building, lower level cafeteria and Elderwise Room, 5361 McAuley Drive Ann Arbor MI 48106
Phone: (734) 764-5137 call to confirm place

Services: Caregivers and family members of those diagnosed with LBD; separate meeting for those who have early diagnosis of LBD.
Hours: 2nd Tuesday 2 - 3:30 pm
Fee: No fee.

St. Joseph Mercy Ann Arbor - Dementia / Alzheimer’s Support Group
Website: www.stjoeshealth.org
Address: Call for location.
Phone: (734) 712-2126
Services: Support group for those with dementia, Alzheimer’s and their families.
Hours: Call for hours.
Fee: No fee.
Michigan Alzheimer's Disease Center - Catching Your Breath - Wellness Initiative  
Website: [alzheimers.med.umich.edu/wellness-initiative/](http://alzheimers.med.umich.edu/wellness-initiative/)  
Address: Matthaei Botanical Gardens, 1800 N. Dixboro Road, Ann Arbor MI 4810  
Phone: (734) 936-8803  
Services: Monthly program for learning and practicing stress resilience skills for continued health, balance and well-being - for adults with cognitive loss and their care partners.  
Hours: Vary; see schedule on web or call for information.  
Fee: No fee for program; parking fee -- contact for assistance with this fee.

**AMPUTEES**

Michigan Medicine - Orthotics and Prosthetics Center - U-CAN Amputee Support Group  
Website: [u-can-amputee-support-group](http://u-can-amputee-support-group)  
Address: 2850 S. Industrial Hwy., Suite 400, Ann Arbor MI 48106  
Phone: (734) 975-7449  
Services: Support group for amputees.  
Hours: First Tuesday 5:30 - 7:30 pm  
Fees: No fee. Donations accepted.

St. Joseph Mercy Ann Arbor - Amputee Support Group  
Website: [www.stjoeshealth.org/AmputeeSupportGroup](http://www.stjoeshealth.org/AmputeeSupportGroup)  
Address: Michigan Heart & Vascular Institute, 5325 Elliott Drive, Ypsilanti MI 48197  
Phone: (734) 712-3546  
Services: Support group for amputees.  
Hours: Second Wednesday 4:30 - 6 pm  
Fees: No fee.

**ARTHRITIS**

Michigan Medicine - Geriatrics Center - Social Work and Community Programs – Arthritis Support Group  
Website: [www.med.umich.edu/geriatrics](http://www.med.umich.edu/geriatrics)  
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105  
Phone: (734) 998-9353  
Services: Support group for older adults with arthritis.  
Hours: 3rd Friday 10 - 11:30 am  
Fees: No fee.
CANCER

Cancer Support Community of Greater Ann Arbor - Support Groups
Website: www.cancersupportannarbor.org/support-groups
Address: 2010 Hogback Road, Suite 3, Ann Arbor MI 48105
Phone: (734) 975-2500
Email: info@cancersupportannarbor.org
Services: Programs, education, and groups for people affected by cancer. Registration required for weekly support groups. Call for times and dates of specific cancer support groups which are listed online. Some of these include:

- **Breast Cancer Group**
- **FOCUS Facing Cancer Together (for patients and their partners)**
- **Colorectal Cancer Group**
- **Prostate Cancer Support Group**
- **Thyroid Cancer Support Group**
- **TBLGQ+ Cancer Support Group**

Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Michigan Medicine - Rogel Cancer Center - Support Groups
Website: www.rogelcancercenter.org/support/
Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109
Toll Free: Cancer Answer Line: (800) 865-1125
Email: CancerAnswerLine@med.umich.edu
Services: A variety of programs, education, and support groups for people affected by cancer. Groups include those for

- **Bladder Cancer** for patients and families
- **Hematology/Oncology** for patients and family
- **Brain Tumor** for patients and a 2nd meeting at the same time for families & caregivers
- **Esophagectomy** (not just cancer patients) for patients and families, 1st Thursday, 6:30 - 8 pm
- **Head and Neck** for patients, families, and friends, 2nd Tuesday, 2 - 3:30 pm
- **Women with Advanced Cancer** for women only, twice a month
- **Melanoma Stages 3 & 4** for patients only, 2nd Tuesday, 6:30 - 8 pm
- **Thyroid Cancer**, 2nd Monday, 6 - 7 pm

Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.
**St. Joseph Mercy Ann Arbor - Cancer Support Groups**  
Website: [www.stjoesannarbor.org/cancer-support-services](http://www.stjoesannarbor.org/cancer-support-services)  
**Address**: see group listing for specific building on campus in Ypsilanti MI 48197  
**Phone**: see specific group listing  
**Toll Free**: (888) 474-HOPE (4673)  
**Support Groups**: A variety of programs, education, and groups for people affected by cancer, family, friends and/or caregivers. Call to confirm specific dates, times and locations.  
- **Head and Neck Cancer Support Group** - Radiation Oncology Lobby, 5303 Elliott Drive; for patients and caregivers; 3rd Thursday 5:30 - 7 pm (734) 712-2920  
- **Multiple Myeloma** - Women’s Health Center, Classroom 1A, 5320 Elliott Drive; 1st Tuesday 7:30 - 9 pm (734) 645-1713  
- **Prostate Cancer Support Group** - Education Center Auditorium, 5305 Elliott Drive; 3rd Thursday 7 pm - 8:30 pm (734) 712-6569  
**Hours**: Monday - Friday 8 am - 5 pm  
**Fees**: No fee.  

**St. Joseph Mercy Chelsea - Share and Care Cancer Support Group**  
Website: [www.stjoeschelsea.org/classes-events-chelsea](http://www.stjoeschelsea.org/classes-events-chelsea)  
**Address**: Chelsea Cancer Center, Family Lounge; 775 S. Main Street, Chelsea MI 48118  
**Phone**: (734) 593-4053  
**Services**: Adults with cancer, family, friends and/or support people meet to discuss common concerns, learn coping techniques and share feelings.  
**Hours**: 2nd Thursday, 5:30 - 7 pm  
**Fees**: No fee.  

**CAREGIVERS**  
Ask at TSWP front desk for handout on “Caregiver Internet Resources”  

**Jewish Family Services of Washtenaw County - Caregiver Support Groups**  
Website: [jfsannarbor.org/cares/](http://jfsannarbor.org/cares/)  
**Address**: 2245 S. State Street, Suite 200, Ann Arbor MI 48104  
**Phone**: (734) 769-0209  
**Fax**: (734) 769-0224  
**Services**:  
- **Caregiver Conversations** - A monthly support group for adult caregivers that provides information and peer support. Call for times and location.  
- **Caring for You, Caring for Me** - A no-cost group which aims to educate and support professional and family caregivers following a well-established curriculum known to improve the well-being of caregivers. Call for times and location.  
**Hours**: Monday - Thursday 9 am - 5 pm; Friday 9 am - 3 pm  
**Fees**: No fee.
Michigan Medicine - Geriatrics Center - Social Work and Community Programs - Caregiving
Website: none
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: Geriatric Center (734) 764-2556 & TSRC (734) 998-9353
Services: Support groups for those caring for spouses, significant others or relatives.
  ● **Caring For Your Mate**: Information and support for people who are caring for their significant others. 4th Tuesday 1:30 - 3:30 pm, Conference Room, Level B1, Turner Geriatric Clinic, East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
  ● **Caring for Aging Relatives**: Support group at Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105. 2nd Wednesday 6 – 8 pm
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Milan Seniors for Healthy Living - Caregiver Support Group
Website: www.milanseniors.org
Address: 45 Neckel Court Milan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Services: Serves those caring for a loved one.
Hours: 3rd Monday 6 pm
Fee: No fee

Veteran’s Administration - Caregiver Support Line
Website: www.caregiver.va.gov/Care_Caregivers or www.annarbor.va.gov/services/Caregiver_Support
Toll Free: (855) 260-3274
Services: To help anyone who cares for a Veteran. VA's Caregiver Support Line has licensed caring professionals who will explain about assistance available from the VA and help caregivers access services and benefits including peer mentoring and online education.
Hours: 24 Hour
Fees: No fee.

Ypsilanti Senior / Community Center - We Care Memory Cafe
Website: http://www.ypsiseniorcenter.org/events.html
Address: 1015 North Congress, Ypsilanti MI 48197
Phone: (734) 483-5014.
Services: A safe and judgment free environment provided to caregivers and persons living with memory loss to engage in social conversation, creative and entertaining activities, and develop friendships for mutual support.
Hours: 2nd Tuesday 2 - 4 pm
Fee: No fee.
**DIABETES**

St. Joseph Mercy Chelsea - Diabetes Sharing Group  
Website: [www.stjoeschelsea.org/diabeteseducation](http://www.stjoeschelsea.org/diabeteseducation)  
Address: 755 S. Main Street, Chelsea MI 48118  
Phone: (734) 593-5280  
Services: Free support group offered to area residents and their families who have diabetes.  
Hours: Call for hours and location.  
Fees: No fee.

**Turner Senior Wellness Program - Michigan Medicine - Diabetes Adult Support Groups**  
Website: none  
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105  
Phone: (734) 998-9353  
Services: Support groups to help adults with diabetes,  
Hours: Type 1 - 3rd Tuesday, 6:15 - 7:15 pm; Type 2 - 2nd Saturday 9:30 - 11 am  
Fees: No fee.

**DOMESTIC and SEXUAL ABUSE**

**Domestic Violence Support Group**  
Website: [www.safehousecenter.org/supportgroups/](http://www.safehousecenter.org/supportgroups/)  
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI  
Phone: (734) 995-5444  
Services: For female identified survivors of intimate partner domestic violence.  
Hours: Thursdays, 6 - 7:30 pm  
Fees: No fee.

**LGBTQIA+ Support Group**  
Website: [www.safehousecenter.org/supportgroups/](http://www.safehousecenter.org/supportgroups/)  
Address: Corner Health Center, 47 N. Huron Street, Ypsillanti MI  
Phone: (734) 973-0242 x 216  
Services: Open to lesbian, bisexual, gay, trans, questioning, and all queer survivors of sexual assault and/or intimate partner violence.  
Hours: Mondays, 3 - 4:30 pm select Mondays July - September call for exact dates  
Fees: No fee.

**Sexual Assault Support Group**  
Website: [www.safehousecenter.org/supportgroups/](http://www.safehousecenter.org/supportgroups/)  
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI  
Phone: (734) 995-5444  
Services: For female identified survivors of sexual assault.  
Hours: Mondays, 6 - 7:30 pm  
Fees: No fee.
GRANDPARENTS

Catholic Social Services of Washtenaw County - Senior Services Department - Grandparents as Parents (GAP)
Website: csswashtenaw.org/parenting-families/grandparents-as-parents
Address: Senior Health Building, 5361 McAuley Drive, PO Box 995, Ann Arbor MI 48106
Phone: (734) 662-4001
Services: Offers caregiving grandparents/relatives the opportunity to share their experiences, to understand the children’s special needs and to learn how and where to seek community resources. The support group meets at various times and locations; call for information.
Hours: Monday - Wednesday 8 am – 4:30 pm
Fees: No fee.

GRIEF

Arbor Hospice - Grief Support Groups
Website: www.arborhospice.org
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103
Phone: (734) 662-5999
Toll Free: 24 Hours (888) 992-2273
Services: Support for those who coping with the death of someone close. Please call for dates and times of meetings.
  ● Adult Loss of a Child Support Group
  ● Adult Loss of a Parent Support Group
  ● Loss of a Spouse or Partner Support Group
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Family Crisis Center of Washtenaw
Website: www.familycrisiscenterwashtenaw.org
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104
Phone: (734) 660-7059
Services: Grief/loss support meetings every Wednesday.
Hours: call for information
Fees: Vary; call for information.

GrieveWell.com
Website: grievewell.com
Address: American Red Cross Bldg., 4624 Packard, Ann Arbor MI 48108
Phone: (734) 975-0238
Email: info@grievewell.com
Services: This non-profit offers one-to-one peer counseling, workshops, community events, and online resources for those experience grief.
Hours: Vary with service / event
Fees: No fee.
St. Joseph Mercy Home Care and Hospice - Grief Support Groups
Website: www.stjoesannarbor.org/bereavementservices
Address: Washtenaw Medical Arts Bldg., 3075 Clark Road, Suite 200, Ypsilanti MI 48197
Phone: (734) 343-7552 or leave a message
Toll Free: (855) 559-7178
Services: A series of meetings offer support for family members coping with the death of someone close. Call for information.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Michigan Medicine - Geriatrics Center -Community Programs - Social Work - Grief Support
Website: none
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: Geriatric Center (734) 764-2556
Services: Support groups for those grieving.
- **Grief Support Group**: Monthly group combining grief education and support. 3rd Tuesday 10:00 - 11:30 am, Conference Room, Level B1, Turner Geriatric Clinic, East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

**HEARING LOSS**

Hearing Loss Association of America, Ann Arbor Chapter
Website: none
Services: Monthly meetings offer socialization and education at the Ann Arbor Center for Independent Living (CIL), 3941 Research Park Drive, Ann Arbor MI 48108
Hours: Second Monday 6:30 pm
Fees: No fee; optional $15 annual membership fee for national association.

Hearing Loss D.A.T.A. Group
Website: none
Address: Pittsfield Charter Township Senior Center, 701 W. Ellsworth Road, Ann Arbor MI 48108
Services: This group is committed to offering emotional support, coping skills and an open forum to share both positive and negative experiences pertaining to hearing loss. Join anytime.
Facilitator: Tony Ferack.
Hours: 4th Monday of the month, 10:30 am - 12 pm
Fee: Senior Center membership fee, $5. Scholarships available.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Turner Senior Wellness Program - Michigan Medicine  
Website: [www.med.umich.edu/geriatrics/community/tswp](http://www.med.umich.edu/geriatrics/community/tswp)  
Address: Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor MI 48105  
Phone: (734) 998-9353  
Fax: (734) 998-9340  
Services: Quarterly hearing loss education programs. Call for more information.  
Hours: Monday - Friday 8 am - 5 pm  
Fees: No fee

**HEART DISEASE**

Michigan Medicine - Frankel Cardiovascular Center  
Website: [https://www.umcvc.org/cardiovascular-support-group](https://www.umcvc.org/cardiovascular-support-group)  
Address: 5th Floor Boardroom (take elevators to 5 then follow signs), 1500 E. Medical Center Drive, Ann Arbor MI 48109  
Phone: (734) 232-1559  
Services: Cardiovascular Support Group offers patients and families affected by cardiac illness a space to learn, share and connect with one another. RSVP not required. Call to confirm date & time.  
Hours: 1st Monday of most months, 5:30 - 7 pm  
Fee: No fee.

St. Joseph Mercy Ann Arbor - Cardiac / Heart  
Website: [www.stjoesannarbor.org/supportgroups](http://www.stjoesannarbor.org/supportgroups)  
Address: 5301 McAuley Drive, Ypsilanti MI 48197  
Phone: (734) 712-5204  
Fax: (734) 712-5333  
Services: Registration needed to participate.  
  - **Atrial Fibrillation Support Group**: for people with cardiac rhythm disorders  
  - **Heart to Heart**: for people with cardiovascular disease  
  - **Heart Failure Support Group**: for patients who have heart failure and their families  
  - **Partners at Heart**: for spouses and partners of patients with cardiovascular disease  
Hours: Monday - Friday 8 am - 5 pm  
Fees: No fee.

St. Joseph Mercy Ann Arbor – Stroke Survivor & Caregiver Support Group  
Website: [www.stjoesannarbor.org/StrokeSurvivor](http://www.stjoesannarbor.org/StrokeSurvivor)  
Address: AA Center for Independent Living, 3941 Research Park Drive, Ann Arbor MI 48108  
Phone: (734) 712-2830  
Services: For stroke survivors and/or their caregivers, family and friends. A newsletter is sent out that details the agenda for the upcoming meeting.  
Hours: 3rd Wednesday 5:30-7  
Fees: No fee.
St. Joseph Mercy Chelsea – Stroke Support Group  
Website: www.stjoeshealth.org  
Address: Atrium A Conference Room, 775 S, Main Street, Chelsea MI 48118  
Phone: (734) 593-5600  
Services: New and longer-term survivors and their families/caregivers meet for friendship, support, and education.  
Hours: 3rd Wednesday 5:30 - 7 pm  
Fees: No fee.

LGBTQ

Jim Toy Community Center - LGBTQ Support Groups  
Website: www.jimtoycenter.org  
Address: 319 Braun Court, Ann Arbor MI 48104  
Phone: (734) 995-9867  
Services: Offers activities and a monthly support group for older gays/transgender/bisexual/lesbians. Call to confirm times and for more information.  
- FTM A2-Ypsi - by and for trans men 16+, 3rd Monday 6 - 7 pm at Jim Toy and 1st Monday at Corner Health Center, 47 N. Huron Street, Ypsilanti MI 48197  
- GBLT AA (Alcoholics Anonymous) - Saturdays 8 - 9 pm  
Hours: Vary. Drop In Tuesdays 3 - 6 pm  
Fees: No fee.

Lesbian Gay Bisexual Transgender National Senior Hotline  
Website: www.glbthotline.org/senior.html  
Toll Free: (888) 234-7243  
Services: Provides telephone peer-support about issues including isolation, relationship concerns, bullying, family concerns, HIV/AIDS, as well as factual information and local resources for the senior community  
Hours: Monday - Friday 4 pm - 12 midnight and Saturdays 12 pm - 5 pm  
Fees: No fee

Michigan Medicine - Transgender Services - Support Groups  
Website: https://www.uofmhealth.org/conditions-treatments/support-groups  
Address: 2025 Traverwood Dr., Suite A1, Ann Arbor MI 48105  
Phone: (734) 998-2150  
Email: genderservices@med.umich.edu  
Services: All groups provide an accepting and inclusive space to find support and make connections with others. Participant interests direct the discussion.  
- Transgender and Gender Nonconforming Adult Support Group - 1st Tuesday 6 – 8 pm  
- Parents of Gender Nonconforming People - 2nd Tuesday 6:30 – 8:00 pm  
- Partners of Gender Nonconforming People - 3rd Tuesday 6 – 7:30 pm  
Fees: No fee
PFLAG (Parents Families and Friends of Lesbians and Gays) Ann Arbor
Website: www.pflagaa.org
Address: meetings at St. Andrews Episcopal Church, 306 N. Division Street, Ann Arbor MI 48104
Phone: (734) 741-0659
Toll Free: Affirmations Help-line (800) 398-GAYS (4297)
   Nationwide Suicide (800) 850-8078 (24 Hours)
Email: info@pflagaa.org
Services: Support and information group for those learning to deal with the reality of homosexuality and how to provide loving support. For gay, lesbian, bisexual and transgender children, family, and friends at meetings
Hours: Third Sundays 2 - 4:30 pm
Fees: No fee.

SAGE (Services & Advocacy for GLBT Elders) Metro Detroit
Website: www.sagemetrodetroit.org/
Phone: (248) 567-2363 Friendly Caller Program
Email: kwdukhie@sagemetrodetroit.org Friendly Caller Program
Services: Provides training, information, advocacy and programming for the LGBT and supporting communities.
   ● Friendly Caller Program - Matches older lesbian, gay, bi and trans (LGBT) adults with volunteers to maintain social connections through phone calls a few times a week. Callers and participants decide the time of calls based on their availability. The initial call is based on the availability listed on their respective applications.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

LOW VISION

Michigan Medicine - Kellogg Eye Center - Living with Low Vision Support Group
Website: www.umkelloggeye.org/patient-resources/support-groups/living-with-low-vision-group
Address: 6th Floor Conference Room, 1000 Wall Street, Ann Arbor MI
Phone: 763-9468
Services: Features guest speaker and discussion.
Hours: 2nd Wednesday 1 - 3 pm
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine – Low Vision Community Group
Website: www.med.umich.edu/geriatrics/community/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 764-2556
Services: A gathering for education and social support.
Hours: 4th Wednesday 1 - 3 pm
Fees: No fee.
MENTAL HEALTH

Clutterers Anonymous (CLA)
Website: [htfwashtenaw.org/Clutterers_Anonymous.pdf](htfwashtenaw.org/Clutterers_Anonymous.pdf)
Address: Journey of Faith Church, 1900 Manchester, Ann Arbor MI 48104
Services: Welcomes anyone struggling with an obsessive, compulsive or addictive relationship with clutter.
Hours: Mondays 6 - 7:30 pm
Fees: No fee.

Friendship Line - Senior Intervention Hotline
Website: [https://www.ioaging.org/services/all-inclusive-health-care/friendship-line](https://www.ioaging.org/services/all-inclusive-health-care/friendship-line)
Toll Free: (800) 971-0016
Services: The only accredited crisis line in the country for people 60+ and for adults living with disabilities. Accredited by the American Association of Suicidology.
Hours: 24 hour
Fees: No fee.

Michigan Medicine - Comprehensive Depression Center - Depression and Bipolar Illness Support Groups
Website: [www.depressioncenter.org/patient-resources/support-groups](www.depressioncenter.org/patient-resources/support-groups)
Address: Rachel Upjohn Building, 4250 Plymouth Road, SPC 5763, Ann Arbor MI 48109
Services: Opportunities to share ideas for coping, link with community resources, develop a support network, learn about depression and bipolar illness, and discuss issues of stigma. Group A for adults with depression and bipolar illness; Group B for family members.
Hours: 2nd & 4th Wednesdays 6 - 7:15 pm
Fees: No fee.

National Association on Mental Illness - Washtenaw County
Website: [namiwc.org/about/mental-health-support-groups/](namiwc.org/about/mental-health-support-groups/)
Services: Support group meetings are structured in ways that encourage full group participation. Walk-ins are welcome; no registration is required.
- **Connection Recovery Support Group** - open to anyone with a mental health condition who is 31+. 1st & 3rd Wednesdays, 7 – 8:30 pm, St. Clare’s Episcopal Church/Temple Beth Emeth, 2309 Packard Street, Ann Arbor MI 48104
- **Friends and Family** - for adults who have a friend/family member with a mental health condition. 3rd Wednesdays, 7 – 8:30 pm, St. Clare’s Episcopal Church/Temple Beth Emeth, 2309 Packard Street, Ann Arbor MI 48104
- **NAMI Faith Group** - combines scripture lessons, educational topics and a sharing time to promote support and spirituality in mental health. Open to adults living with mental health challenges, and to anyone who wants to learn how to better support them. Inclusive and welcomes all religions and all people. 4th Monday, 6:30 - 8:30 pm, The First United Methodist Church of Saline (Christler Hall), 1200 N. Ann Arbor Street, Saline MI 48176. Exception: May’s meeting changes due to Memorial Day. Questions (734) 429-4730.
Fees: No Fee
MULTIPLE SCLEROSIS

Ann Arbor MS Support Group
Address: Ann Arbor Center for Independent Living, 3941 Research Park Drive, Ann Arbor  MI 48108
Website: www.nationalmssociety.org/Chapters/MIG/Ann-Arbor-MS-Support-Group
Phone: Jody (734) 663-0785 Barb (734) 878-9120
Toll Free: (866) 673-7436 peer support counselor
Services: Contact before attending Ann Arbor meeting the first time. National MS Association also offers telephone peer support counselors and online discussion and support groups.
Hours: Mondays 7 pm (except legal holidays)
Fees: No fee.

OSTEOARTHRITIS

National Osteoarthritis Foundation - NOF Ann Arbor Support Group
Address: email for information
Email: NOFannarborMI@gmail.com
Hours: email for information
Fee: No fee.

PARKINSON’S DISEASE

Michigan Parkinson Foundation
Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025
Website: www.parkinsonsmi.org/support-groups-directory/86-washtenaw
Phone: Bruce (734) 668-0427 Bob (734) 827-07847
Services: Support groups for people with PD and their families.
Hours: Second Sunday 1:30 pm September - May
Fees: No fee.
PULMONARY DISEASE

Michigan Medicine - Division of Pulmonary & Critical Care Medicine - Support Groups
Website: www.uofmhealth.org/pulmonary-and-critical-care-medicine-support-groups
Address: Michigan Medicine Pulmonary Rehabilitation Center, Suite 14, Burlington Office Center, 325 East Eisenhower Parkway, Ann Arbor MI 48108
Services: Support group opportunities for those with lung diseases and their caregivers.

- **Better Breathers Club** - 4th Tuesday (May-October) 2:30 - 4 pm
  - (734) 647-7840 or (734) 998-9686 or betterbreathersclub@med.umich.edu
  - Please bring supplemental oxygen tank(s) as they will not be provided.

- **Harmonica Club** - Tuesdays 10 am (734) 998-8723 ask for club director
  - Participants must purchase their own harmonicas.

- **Quest for Breath Idiopathic Pulmonary Fibrosis Support (IPF) Support Group** - 1st Tuesday 2 - 3:30 pm (Meets on Second Level, Burlington Office Center)
  - Please bring supplemental oxygen tank(s) as they will not be provided.

St. Joseph Mercy Ann Arbor - Breathers Club
Website: www.stjoesannarbor.org/
Address: Towsley Health Building, 5361 McAuley Dr., Ypsilanti MI 48197
Phone: (734) 712-5367 or (734) 712-2903
Services: Educational and support programs that can help reduce the impact of lung disease and improve breathing.
Hours: Monthly
Fee: No fee.

Contact Information:
Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Ann Arbor Area Transportation Authority (AAATA) - The Ride
Website: www.theride.org
Address: 2700 S. Industrial, Ann Arbor MI 48104
Phone: General (734) 973-6500
Route/Schedule Information (734) 996-0400
A-Ride & Senior Gold Ride - with AAATA Good as Gold ID card (734) 973-1611
Flex Ride: (734) 794-0377 or via the web site or My Mode Car app
Night and Holiday Ride (734) 528-5432
Toll Free: MyRide Mobility Management Service (866) 977-9423
Fax: (734) 973-6338
TTY: (734) 973-6997

Services: The AAATA provides bus service seven days a week on 34 routes serving Ann Arbor, Pittsfield Township, Ypsilanti, Ypsilanti Township, limited areas of Superior Township (SJMH and WCC), Chelsea, and Dexter.

- **Fare Deal**: Fixed route: ages 60-64. Reduced fare with Fare Deal Card
- **Fixed-Route Bus Service**: 65+ free with Gold Ride ID card
- **Gold Ride**: Seniors citizens 65+ with an ID card issued by AAATA can take shared-ride taxi trips within Ann Arbor city limits and selected other locations for a low fare.
- **A-Ride**: Wheelchair accessible transportation for disabled people unable to ride fixed-route buses. Shared rides; advanced reservations needed. Serves Ann Arbor and selected other locations (Pittsfield, Superior & Ypsilanti townships) for a low fare. 6:30 am to 6:30 pm
- **Michigan Flyer-Air Ride**: In addition to airport service for Ann Arbor, Brighton and East Lansing, provides transportation between Ann Arbor and Brighton as well as Ann Arbor and East Lansing on select routes. Motorcoaches are wheelchair accessible. However, 24-hour advance reservations are recommended. (517) 333-0400 or (734) 707-7247
- **MyRide Mobility Management Service**: Provides transportation coordination to transit dependent individuals. Monday - Friday 8:30 am - 11:30 am & 12:30 pm - 5:30 pm, Saturday & Sunday 10:00 am - 1:30 pm, toll free (866) 977-9423. 24 hour advance scheduling is recommended.
- **Flex Ride**: A shared-ride transportation service providing connections to TheRide’s fixed-route bus system and to other destinations in Ypsilanti Township and Pittsfield Township.
- **Night Ride and Holiday Ride**: late-night, shared ride, door-to-door services contracted with local cab company. Call for fares. Reservations by phone or email: nightride@theride.org
- **Senior Grocery Ride**: Can arrange trips with senior housing management for shopping. There is a 5 person minimum and a fee of 75 cents each way per person.

Fees: Based on services used.

Ann Arbor Community Center
Website: annarbor-communitycenter.org
Phone: (734) 662-3128
Services: Offers transportation to St. Joseph Hospital.
Hours: Call and leave message.
Fees: No fee.
Care Transport  
**Website:** [www.caretransport.us](http://www.caretransport.us)  
**Address:** 4180 Packard Road, Ann Arbor MI 48108  
**Phone:** (734) 434-6786 office; (734) 216-4231 dispatch  
**Fax:** (734) 434-6782  
**Email:** info@caretransport.us  
**Services:** Provides non-emergency transportation services by car Minivan, or wheelchair vans for ambulatory and wheelchair-bound persons. Wheelchair vans are equipped with lifts and raised roofs.  
**Hours:** 24 Hours  
**Fees:** Charge per mile or flat rate. Call for destination fee. Accepts major credit cards and some automobile accident insurances.

Chelsea Community Ride  
**Website:** [www.ridethewavebus.org](http://www.ridethewavebus.org)  
**Phone:** (734) 475-9494  
**Services:** Provides a free business district shuttle which can 'flex' between scheduled pickup points along the route to provide stops at the businesses of choice. **W.A.V.E.** policies and traffic conditions will be considered when passengers request 'flex' stops.  
**Hours:** Services provided 7 days a week. Phone Monday – Friday 9 am – 5 pm for information.  
**Fees:** Free for Chelsea residents.

Freedom Road Transportation  
**Website:** [freedomroadtransportation.org](http://freedomroadtransportation.org)  
**Phone:** (248) 232-1259  
**Fax:** (248) 232-1242  
**Email:** info@freedomroadtransportation.org  
**Services:** A mileage reimbursement program for individuals -- seniors, the disabled and low-income individuals -- needing transportation options and who have their own drivers. Negotiate a schedule with a driver, send in a mileage form, and receive a check to pay the driver(s). For anyone who is unable to use public transportation or is without access to it. Funds riders on a monthly basis from Oakland, Macomb, Wayne and Washtenaw Counties. Limited to 100 miles per month, paid at $.50 cents per mile ($50 per month).  
**Hours:**  
**Fees:** No fee.

Health Plus Transportation  
**Website:** [www.healthplustransport.com](http://www.healthplustransport.com)  
**Address:** 124 Pearl Street, Suite 403, (PO BOX 972054) Ypsilanti MI 48197  
**Phone:** (734) 547-7813  
**Fax:** (734) 547-8293  
**Email:** info@healthplustransport.com  
**Services:** Provides non-emergency 24 hour transportation via wheelchair vans Minivans and sedans for medical needs or recreation.  
**Hours:** Services provided 24 Hours. Phone Monday – Friday 8 am – 5 pm or make reservations on website. Need a minimum of 3 hours notice.  
**Fees:** Call for fee.
Wheelchair Vans (HVA Mobility Transportation)
Website: hva.org/our-services/wheelchair-vans-mts
Address: 1200 State Circle, Ann Arbor MI 48108
Phone: (734) 477-6404 Washtenaw County
Toll Free: (888) 430-7517 outside Washtenaw County
Non-Emergency Ambulance Transportation (800) 872-1111
Fax: (734) 477-6254
Services: HVA Mobility Transportation service provides fully-equipped wheelchair vans for senior citizens and people with physical disabilities to medical appointments throughout Washtenaw, Western Wayne and Southeast Oakland Counties.
Hours: Monday - Friday 6 am - 8 pm Saturday and after-hours pickup available by appointment.
Fees: Call for fee.

JFS CareVan Transportation Program
Website: www.jfsannarbor.org/programs-services/transportation-services
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209 ext. 305
Fax: (734) 769-0224
Email: info@jfsannarbor.org
Services: Provides rides to locations within the Ann Arbor and Ypsilanti area. It can be used for transportation to medical appointments, shopping, grocery stores, work, errands, and special events. Must be a JFS client and make reservations by phone during business hours at least one day in advance.
Hours: Office, Monday - Thursday; 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Call for rates. Fee may be adjusted by the JFS Fee Review Committee to accommodate those who are unable to pay the full fee.

Manchester Area Senior Citizens Council, Inc.
Website: www.facebook.com/groups/manchesterseniors
Address: 410 City Road, (PO BOX 31) Manchester MI 48158
Phone: (734) 385-6308 Meals/Transportation
Email: mascc2019@yahoo.com
Services: Transportation is available to medical appointments and to meals. Meals available Tuesdays and Thursdays for adults age 55+.
Fees: Call for rates. Vouchers may be available from the Community Resource Center by calling (734) 428-7722 before scheduling an appointment.
**MedSync Transportation & Services**  
**Website:** [www.medsynctransportation.com](http://www.medsynctransportation.com)  
**Address:** 2035 Hogback Road, Suite 103, Ann Arbor MI 48105  
**Phone:** (734) 646-8846  
**Fax:** (877) 474-5065  
**Email:** contact@medsts.com  
**Services:** Provides non-emergency transportation in Ann Arbor, Metro Detroit, and Ypsilanti and extended transportation to the entire state of Michigan and neighboring states. Also has accompaniment service. Service for trips from 200-500 miles must be scheduled 36 hours in advance.  
**Hours:** Service provided 24 Hours, including federal holidays.  
  Office Hours: Monday – Sunday 8:30 am – 8:30 pm  
**Fee:** Fees are flexible. Insurance accepted. Call for fares.

**Michigan Transportation Services, Inc. (MTS)**  
**Website:** [www.michigantransportation.com](http://www.michigantransportation.com)  
**Address:** PO Box 1118, Novi MI 48375  
**Toll Free:** (877) 777-7900  
**Fax:** (517) 552-1194  
**Email:** customerservice@michigantransportation.com  
**Services:** Provides statewide non-emergency transportation for ambulatory and non-ambulatory individuals in sedans and wheelchair vans. Local and long distance door-to-door services available. Guarantees transportation with 24 hour notice; same day requests may be fulfilled.  
**Hours:** Business hours Monday – Friday 8 am – 5 pm; Transportation services available 24 Hours throughout Michigan.  
**Fees:** Accepts most major insurances and worker's compensation as well as private pay. Call for fee.

**Milan Seniors for Healthy Living**  
**Website:** [milanseniors.org/home/transportation](http://milanseniors.org/home/transportation)  
**Address:** 45 Neckel Court Milan MI 48160  
**Phone:** (734) 508-6229  
**Text:** (734) 508-2739  
**Fax:** (734) 439-4315  
**Email:** mshl@milanseniors.org  
**Services:** Transportation services for persons 50+ in the 48160 zip code. Uses wheelchair accessible vehicles.  
**Hours:** Monday - Friday 8 am - 4 pm; closed federal holidays and for extreme weather  
**Fees:** Visit the website for current fee.
myride2
Website: www.myride2.com
Toll Free: 855-myride2 (855-697-4332) also multilingual
Services: Provides telephone support and online information on finding transportation resources, continuing to drive safely, and how to use public transportation to seniors and adults with disabilities. Serves Washtenaw and other southeast Michigan counties. Service developed by Area Agency on Aging 1-B.
Hours: Monday - Friday 8 am - 4 pm may leave message for call back on the next business day
Fees: No charge for assistance; usual fees for transportation.

Partners in Care Concierge (PICC) - Jewish Family Services
Website: jfspartnersincare.org
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: partnersincare@jfsannarbor.org
Services: Medical appointment accompaniment service by and transportation with trained volunteer partners for older adults. Wheelchair accessible transportation provided.
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Call for rates.

People’s Express (PEX)
Website: www.peoplesexpressmi.com
Address: 10 Jennings Road, Whitmore Lake MI 48189
Phone: (877) 214-6073 Reservation Line
Fax: (734) 449-0840
Services: Transports seniors or those with special needs door-to-door to locations within Washtenaw County that are not part of Ann Arbor Area Transit Authority (AAATA) fixed routes. Provides residents of greater Ann Arbor and Northern Washtenaw County with medical, work, educational, and personal rides. Grants are sometimes available for low income residents. Wheelchair accessible, aides ride free with the client. Must make reservations 3 days ahead. No weekend service. Call between the hours of 10 am - 7 pm for scheduling.
Hours: Monday – Friday 8 am - 5 pm; closed on select holidays.
Fees: Call for fee.

People’s Express (PEX) - Saline
Website: peoplesexpressmi.com/transportation-services
Phone: (877) 214-6073 Reservation Line
Fax: (734) 449-0840
Services: Transports residents of Saline to locations within the City of Saline and to certain destinations in Ann Arbor and Ypsilanti. Must make reservations 30 hours ahead. No weekend service. Call between the hours of 10 am - 2 pm for scheduling.
Hours: Monday – Friday 8 am - 5 pm; closed on normal holidays.
Fees: The fare for seniors and persons with disabilities is $2.00 for one-way trips within the City and to select nearby destinations. Fares for out of town trips vary with the destination.
Reliable Home Care, LLC  
Website: www.reliablecarea2.com/  
Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104  
Phone: (734) 395-7887  
Email: rhcareinyourhome@aol.com  
Services: Call for information.  
Hours: Call 24 Hours for information.  
Fees: Call for information.

Western-Washtenaw Area Value Express (WAVE)  
Website: www.ridethewavebus.org  
Phone: (734) 475-9494  
Dispatch: 8 am - 4:15 pm  
Services:  
- Provides affordable transportation to everyone in need.  
- Door-to-Door service in the Chelsea area and the Dexter school district. Call in advance for this service.  
- **Community Connector** goes to AAATA transfer stop at Meijer on Jackson/Zeeb Road in Ann Arbor. Wheelchair lifts or ramps are available. Hop-On ride service; no reservations needed.  
- **LifeLine Community Van Service** is available to residents of Chelsea for medical appointments and to many locations in Washtenaw county. Reservations needed.  
Hours: Door to door services: Monday – Friday 8 am – 4:30 pm; Community Connector Bus Service: Monday - Friday 6 am –  6 pm; Saturdays 7 am - 7 pm; Sundays 8 am - 7 pm  
Fees: Dependent upon distance and service. Personal care attendants ride free. Discounts are available for those under 60, seniors, the disabled and students.
COMMERCIAL RIDE-SHARING & CAR-SHARING SERVICES

GoGoGrandparent
Website: GoGoGrandparent.com
Phone: (855) 464-6872 or (855) GoGo-USA
Services: Via the Transportation Network Companies, use Lyft or Uber via a touch-tone telephone or voice commands for rides up to 100 miles in any direction. Smartphone optional. Allows advanced and recurring scheduled reservations. Provides updates to designated person/s via text messages.
Hours: 24 hours
Fees: Concierge fee of $0.27/minute in addition to Lyft or Uber fees. Cancellation and no-show fees apply. Up to 4 passengers at no additional cost.

Lyft
Website: www.lyft.com or ride.lyft.com or Android or Apple app
Services: Offers standard (up to 4 riders), economy/shared (4 riders), luxury (high-end vehicle seating 4) or extra seating (XL for 6 riders) options for rides up to 100 miles in the Ann Arbor area, including the airport. May schedule rides hours ahead of time and up to 7 days in advance. Cancellation fees may apply. Riders must an account with an email address and phone number.
Hours: 24 hours.
Fees: Fees vary by level of service, distance, traffic and demand. Offers a monthly Smart Savings Plan subscription. Payment via the app only which is linked to major credit cards, debit cards, prepaid cards and PayPal, Apple Pay or Google Pay.

Maven
Website: Maven.com or Android or Apple app
Services: Hourly, daily, weekly and monthly (28 day) car rentals based on UM North Campus. Vehicle must be returned to pickup location. Cars provided by private individuals. Account and smartphone app required.
Fees: Hourly fee depends on the type of car rented. As of July 2019, rates go from $6.50 per hour to $13 per hour. Insurance included but a damage fee up to $1,000 may be charged.

MyModeCar.com
Website: https://mymodecar.com or Android or Apple app
Phone: (734) 707-9707
Services: Allows on demand and advanced reservations booking for transportation services in the Ann Arbor and Ypsilanti area. Uniform drivers undergo background checks. Includes service to and from the airport (DTW) and medical transportation plus others.
Hours: 24 hour dispatch
Fees: Vary by destination. All major credit cards accepted.
Uber
Website: www.Uber.com or Android or Apple app or Apple Watch
Services: Matches riders with independent drivers for local rides with up to 2 extra stops. May schedule rides 5 minutes to 30 days ahead of time. Riders must have an account with an email address and phone number. Cancellation fees may apply. Offers Assist vehicle options for those who require additional assistance such as seniors or the physically disabled.
Hours: 24 hours
Fees: Fees vary depending on duration, distance, time and demand. Payment via cash, credit card, Uber Cash balance, and PayPal, Apple Pay, Google Pay or Venmo.

UpHail
Website: UpHail.com or via Android or Apple app
Services: A web tool or smartphone app which compares ride-sharing services Lyft, Uber and taxicabs (where each is available) and provides fare estimates and availability for residents of Dexter, Chelsea, Manchester Milan, and Saline as well as Ann Arbor and Ypsilanti. No registration or login required for web tool. Clicking on “Book It” goes to Lyft or Uber websites where an account is needed.
Hours: 24 hours
Fees: No fee.

ZipCar
Website: ZipCar.com
Services: Access hourly, daily, weekly (14 day) car rentals available mostly on UM North and Central Campuses with a few locations downtown. Vehicle must be returned to home location. Booking available through website or smartphone app. Account and smartphone app required.
Hours: 24 hours
Fees: $25 non-refundable application fee; monthly or yearly membership fee. $8.50 per hour; $0.45 per mile after 180 included miles; complimentary gas card; insurance included.
VOLUNTEER AND EMPLOYMENT OPPORTUNITIES - rev Dec 2018

Employment Training and Community Services Group (E.T.C.S.) - Michigan Works SE - Washtenaw Service Center  
Website: Workshop Registration [www.mwse.org]  
Address: 304 Harriet Street, Ypsilanti MI 48197  
Phone: (734) 714-9814  
Fax: (734) 481-2516  
Services: Provides job search assistance; access to computers, copier, telephone and fax services. Website offers jobs database, workshop registration, and links to educational information.  
Hours: Mondays, Wednesdays, Thursdays and Friday: 8 am - 5 pm; Tuesdays 8 am- 7 pm  
Fees: No fee.  

Jewish Family Services of Washtenaw County  
Website: [jfsannarbor.org/programs-services-old/employment-economic-empowerment/]  
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104  
Phone: (734) 769-0209  
Fax: (734) 769-0224  
Email: info@jfsannarbor.org  
Services: Assists, both English and non-English speakers, with employment searches and help with job readiness and resume preparation.  
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm  
Fees: Many services free, others based on ability to pay.  

RSVP (Retired and Senior Volunteer Program) - Catholic Social Services of Washtenaw County  
Website: [csswashtenaw.org/seniors/rsvp-senior-volunteer-program/]  
Address: Senior Center, 5361 McAuley Drive, PO Box 995, Ann Arbor MI 48106  
Phone: (734) 971-9781 press 8  
Email: f Kahn@csswashtenaw.org  
Services: Matches people 55+ with Washtenaw County non-profit agencies who need volunteers.  
Hours: Monday - Thursday 8:30 am - 9 pm; Fridays 8:30 am - 5 pm; Saturdays 8:30 am - 3 pm  
Fees: No fee. Donations are welcome.  

Senior Community Service Employment Program (SCSEP) - AARP Foundation  
Website: [www.aarp.org/aarp-foundation/our-work/income/scsep/]  
Address: 15100 Northline, Suite 157, Southgate MI 48195  
Phone: (734) 281-2470  
Fax: (734) 281-2471  
Services: Program employs people 55+ who meet income guidelines to work at non-profit agencies. Jobs are part-time and pay minimum wage with the goal of improving work skills and returning participants to the job market. Must be registered with Michigan Works, have a current resume, and not be employed.  
Hours: Monday - Friday 8 am – 3:30 pm  
Fees: No fee.
Senior Environmental Employment Program (SEEP) - Environmental Protection Agency

Website: [www.epa.gov/careers/senior-environmental-employment-see-program](http://www.epa.gov/careers/senior-environmental-employment-see-program)

Address: 2000 Traverwood Drive, Ann Arbor MI 48105

Phone: N/A

Fax: N/A

Services: Provides paid temporary, part-time and full-time positions. These are clerical, technical and professional positions, with benefits, for seniors 55+. Jobs are accessed via organizations that administer the SEE program:

- **National Association for Hispanic Elderly (ANPPM)**
  234 E. Colorado Blvd., Suite 300, Pasadena CA 91101
  Phone: (626) 564-1988
  Fax: (626) 564-2659
  [ANPPM's SEE program page](http://www.anppm.org)

- **National Asian Pacific Center on Aging (NAPCA)**
  1511 Third Avenue, Suite 914, Seattle WA 98101-1626
  Phone: (206) 624-1221
  Fax: (206) 624-1023
  [NAPCA's SEE program page](http://www.napca.org)

- **National Caucus and Center on Black Aging, Inc. (NCBA)**
  1220 L Street, N.W., Suite 800, Washington DC 20005
  Phone: (202) 637-8400
  Fax: (202) 347-0895
  [NCBA's SEE program page](http://www.ncba.org)

- **National Older Worker Career Center, Inc. (NOWCC)**
  3811 North Fairfax Drive, Suite 900, Arlington VA 22203
  Phone: (703) 558-4200
  Email: [info@nowcc.org](mailto:info@nowcc.org)
  [NOWCC's SEE program page](http://www.nowcc.org)

- **Senior Service America, Inc. (SSAI)**
  8403 Colesville Rd, Suite 1200, Silver Spring MD 20910-3314
  Phone: (301) 578-8900
  Email: [contact@ssa-i.org](mailto:contact@ssa-i.org)
  [SSAI's SEE program page](http://www.ssa-i.org)

Hours: Vary by agency.

Fees: No fee.
United Way of Washtenaw County - Volunteer Center  
Website: [www.volunteerwashtenaw.org](http://www.volunteerwashtenaw.org)  
Address: 2305 Platt Road, Ann Arbor  MI 48104  
Phone: (734) 971-8200  
Fax: (734) 971-6230  
Email: liveunited@uwwashtenaw.org  
**Services:** Provides list of agencies that use volunteers. Potential volunteers can also browse listings or search by interest or specific words.  
**Hours:** Website 24 Hours  Office Monday - Friday 8 am - 4:30 pm  
**Fees:** No fee.

VolunteerMatch  
Website: [https://www.volunteermatch.org](https://www.volunteermatch.org)  
**Services:** Make free account, complete profile and search opportunities available locally or virtually.  
**Hours:** 24 Hours  
**Fees:** No fee.

Washtenaw County - Foster Grandparent Program  
Website: [www.washtenaw.org/782/Foster-Grandparent-Program](http://www.washtenaw.org/782/Foster-Grandparent-Program)  
Address: 415 W. Michigan Ave, PO Box 915, Ypsilanti, MI 48197  
Phone: (734) 544-6748  
Fax: (734) 544-6749  
**Services:** The program matches low-income adults 60+ with youth in various settings for 20 hours/week. The foster grandparent acts as role model, mentor and friend; s/he engages the youth in activities that develop literacy and provide emotional support. Volunteers receive a monthly stipend, transportation assistance, meals while on duty, and a free annual medical checkup.  
**Hours:** Monday - Friday 8:30 am - 5 pm  
**Fees:** No fee.