RISING STARS EDUCATIONAL PROGRAM
“DIABETES PAST AND PRESENT: CELEBRATING ADVANCES IN DIABETES MANAGEMENT”
BERLIN, GERMANY
SATURDAY, SEPTEMBER 29, 2018

FACULTY:

PROFESSOR RICHARD BERGENSTAL, MD, EXECUTIVE DIRECTOR, IDC – CO-CHAIR
GREGG SIMONSON, PhD, DIR. PROFESSIONAL EDUCATION, IDC – CO-CHAIR
PROFESSOR GEORGE BAKRIS, MD, UNIVERSITY OF CHICAGO
PROFESSOR GEORGE GRUNBERGER, MD, GRUNBERGER DIABETES INSTITUTE
ANDERS CARLSON, MD, MEDICAL DIRECTOR, IDC
AMY CRIEGO, MD, MEDICAL DIRECTOR, IDC
PROFESSOR RODICA POP-BUSUI, MD, PHD, UNIVERSITY OF MICHIGAN
PROFESSOR NICO PRONK, PhD, PRESIDENT, HEALTHPARTNERS INSTITUTE
PROFESSOR DAVID OWENS, MD, SWANSEA UNIVERSITY
PROFESSOR BERNARD ZINMAN, MD, MOUNT SINAI HOSPITAL

AGENDA

9:00 WELCOME AND OVERVIEW
Professor Richard Bergenstal, MD
Gregg Simonson, PhD

9:15 DIABETES MANAGEMENT THROUGH THE DECADE
Professor Richard Bergenstal, MD
  • Beyond A1C (from SMBG to A1C to Time-In-Range).
  • Advances in diabetes complications management.

9:45 DIABETES MANAGEMENT THROUGH THE DECADE: FOCUS ON GLUCOSE
Professor Bernard Zinman, MD
  • Glucose targets over the decade and the importance of individualization.
  • New noninsulin and insulin therapies.
  • Impact of recent cardiovascular outcomes trials (CVOTs) on selecting diabetes therapies.
10:45 Coffee/Tea Break

11:15 Management of Type 2 Diabetes Following Guidelines from Major Diabetes Associations

Professor George Grunberger, MD

- Compare and contrast the most current type 2 diabetes treatment guidelines from the American Association of Clinical Endocrinologists (AACE), American Diabetes Association (ADA), European Association for Study of Diabetes (EASD) and others.

12:00 Panel – Meet the Professors

Professor Richard Bergenstal, MD
Professor Bernard Zinman, MD
Professor George Grunberger, MD

12:30 Lunch

1:30 Diabetes Management through the Decade: Focus on Hypertension and Nephropathy

Professor George Bakris, MD

- Introduce the new 2017AHA/ACC Hypertension Guidelines comparing them to previous guidelines.
- Describe the role of new diabetes therapies in prevention and management of diabetic nephropathy.

2:15 Diabetes Management through the Decade: Focus on Neuropathy and Retinopathy

Professor Rodica Pop-Busui, MD, PhD

- Describe the treatment strategies for painful neuropathy.
- Discuss new learnings from recent retinopathy research.

3:00 Panel – Meet the Professors

Professor George Bakris, MD
Professor Rodica Pop-Busui, MD, PhD
Professor David Owens, MD
3:30  **Coffee/Tea Break**

4:00  **What’s New in Diabetes Technology?**  
*Anders Carlson, MD and Amy Criego, MD*  
- Discuss new advancements in glucose monitoring  
- Describe new advancements in insulin delivery and pump technologies

5:00  **Well-Being as a Clinical Goal: Addressing How People Evaluate their Lives**  
*Professor Nico Pronk, PhD*  
- Define health and well-being.  
- Describe how behavioral paradigm shifts can be supported by actionable metrics.

5:45  **Program Summary and Learnings from the Day**  
*Professor David Owens, MD*

6:00  **Concluding Remarks and Adjourn**  
*Professor Richard Bergenstal, MD*

Reception and dinner following the program with announcement of 2019 Etzwiler Scholar Award Recipients