

## **RISING STARS EDUCATIONAL PROGRAM**

*“DIABETES PAST AND PRESENT: CELEBRATING ADVANCES IN DIABETES MANAGEMENT”*

BERLIN, GERMANY

**SATURDAY, SEPTEMBER 29, 2018**

### **FACULTY:**

PROFESSOR RICHARD BERGENSTAL, MD, EXECUTIVE DIRECTOR, IDC – CO-CHAIR

GREGG SIMONSON, PhD, DIR. PROFESSIONAL EDUCATION, IDC – CO-CHAIR

PROFESSOR GEORGE BAKRIS, MD, UNIVERSITY OF CHICAGO

PROFESSOR GEORGE GRUNBERGER, MD, GRUNBERGER DIABETES INSTITUTE

ANDERS CARLSON, MD, MEDICAL DIRECTOR, IDC

AMY CRIEGO, MD, MEDICAL DIRECTOR, IDC

PROFESSOR RODICA POP-BUSUI, MD, PHD, UNIVERSITY OF MICHIGAN

PROFESSOR NICO PRONK, PhD, PRESIDENT, HEALTHPARTNERS INSTITUTE

PROFESSOR DAVID OWENS, MD, SWANSEA UNIVERSITY

PROFESSOR BERNARD ZINMAN, MD, MOUNT SINAI HOSPITAL

### **AGENDA**

#### **9:00 WELCOME AND OVERVIEW**

*Professor Richard Bergenstal, MD*

*Gregg Simonson, PhD*

#### **9:15 DIABETES MANAGEMENT THROUGH THE DECADE**

*Professor Richard Bergenstal, MD*

- Beyond A1C (from SMBG to A1C to Time-In-Range).
- Advances in diabetes complications management.

#### **9:45 DIABETES MANAGEMENT THROUGH THE DECADE: FOCUS ON GLUCOSE**

*Professor Bernard Zinman, MD*

- Glucose targets over the decade and the importance of individualization.
- New noninsulin and insulin therapies.
- Impact of recent cardiovascular outcomes trials (CVOTs) on selecting diabetes therapies.

**10:45 COFFEE/TEA BREAK**

**11:15 MANAGEMENT OF TYPE 2 DIABETES FOLLOWING GUIDELINES FROM MAJOR DIABETES ASSOCIATIONS**

*Professor George Grunberger, MD*

- Compare and contrast the most current type 2 diabetes treatment guidelines from the American Association of Clinical Endocrinologists (AACE), American Diabetes Association (ADA), European Association for Study of Diabetes (EASD) and others.

**12:00 PANEL – MEET THE PROFESSORS**

*Professor Richard Bergenstal, MD*

*Professor Bernard Zinman, MD*

*Professor George Grunberger, MD*

**12:30 LUNCH**

**1:30 DIABETES MANAGEMENT THROUGH THE DECADE: FOCUS ON HYPERTENSION AND NEPHROPATHY**

*Professor George Bakris, MD*

- Introduce the new 2017AHA/ACC Hypertension Guidelines comparing them to previous guidelines.
- Describe the role of new diabetes therapies in prevention and management of diabetic nephropathy.

**2:15 DIABETES MANAGEMENT THROUGH THE DECADE: FOCUS ON NEUROPATHY AND RETINOPATHY**

*Professor Rodica Pop-Busui, MD, PhD*

- Describe the treatment strategies for painful neuropathy.
- Discuss new learnings from recent retinopathy research.

**3:00 PANEL – MEET THE PROFESSORS**

*Professor George Bakris, MD*

*Professor Rodica Pop-Busui, MD, PhD*

*Professor David Owens, MD*

**3:30 COFFEE/TEA BREAK**

**4:00 WHAT'S NEW IN DIABETES TECHNOLOGY?**

*Anders Carlson, MD and Amy Criego, MD*

- Discuss new advancements in glucose monitoring
- Describe new advancements in insulin delivery and pump technologies

**5:00 WELL-BEING AS A CLINICAL GOAL: ADDRESSING HOW PEOPLE EVALUATE THEIR LIVES**

*Professor Nico Pronk, PhD*

- Define health and well-being.
- Describe how behavioral paradigm shifts can be supported by actionable metrics.

**5:45 PROGRAM SUMMARY AND LEARNINGS FROM THE DAY**

*Professor David Owens, MD*

**6:00 CONCLUDING REMARKS AND ADJOURN**

*Professor Richard Bergenstal, MD*

**Reception and dinner following the program with announcement of 2019 Etwiler Scholar Award Recipients**