



Geriatric Medicine Fellowship Rotation Overview

Current House Officer Contract Includes the following:

- Competitive base salary and annual cost-of-living step increases
- “Lump Sum” payment to encourage savings (can be placed into Roth IRA)
- 28 days of paid vacation per years and one personal day
- Holiday bonus if you are scheduled to work on any of the 10 House Officer holidays
- Affordable health, life and long-term group disability insurance
- Travel (mileage) reimbursement for assignments greater than 15 miles round trip
- 6 weeks paid paternity leave for primary and secondary care givers



Geriatric Inpatient Consult Team (GICT): (1.5 Months) Geriatric Medicine fellows will provide consultative services under the direction of the supervising geriatric attending faculty. Activities are performed in the context of a multidisciplinary inpatient team. The fellow will provide consultative care recommendations to primary teams caring for older acutely-ill medical, surgical, and psychiatric patients. GICT also serves the emergency room and observation units.

PACE: (1 Month) Fellows participate in a model of care where participants remain independent in their homes and communities while receiving the integrated social, preventive, and medical care services that these complex and frail older adults require, in its own capitated system, allowing for individualized care.

Post-Acute: (1 Month) Fellows learn to become proficient in the management of post-acute care and skilled nursing home patients while understand the administrative requirements of this setting, including the role of a medical director.

Sub Specialty: (2 Months) Fellows gain exposure to multiple geriatric subspecialty clinics. The clinics including but not limited to: Endocrinology, Mobility, Nephrology, Neurological Cognitive Disorders, Rheumatology, Osteoporosis, Neurology/Movement, GeroPsych, and Wound Care clinics.

Home Based Primary Care (HBPC): (1/2 Month) Fellows learn to provide medical care and to perform geriatric assessments in the home setting to a wide variety of home-bound and multi-morbid older adults.

Hospice: (1/2 Month): Fellows will work with the hospice interdisciplinary team and provide care to patients at Arbor Hospice residential facility and to patients receiving home hospice services.

Vacation (1 Month) Fellows are to utilize 28 days of vacation time per the HOA contract as well as one personal day per academic year

Elective: (1 Month) Fellows are provided the opportunity for a month of elective to explore various additional Geriatric settings, work on scholarly projects, or dive further into provided clinical rotations.

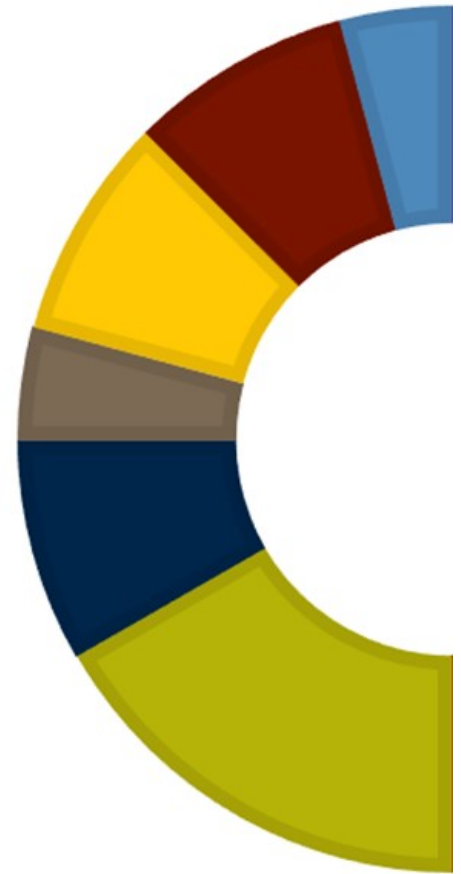
Gero Psych: (1/2 Month) Fellows evaluate and treat various presentations of depression in the older medically ill patient.

They use the gathered data in a logical manner to arrive at reasoned differential diagnoses and a comprehensive diagnostic formulation of the case, and logically present relevant conclusions and recommendations.

Provide evaluation, consultation and management services to older medical and surgical patients in the context of clinical situations requiring geropsychiatric input.

VA Palliative: (1 Month) Fellows become more confident in providing care to terminally ill patients, they will be able to effectively support a patient and family through the dying process, be able to competently lead a family meeting, understand hospice resources, and become more knowledgeable in the principles of pain and symptom management .

VA CLC: (2 Months) Fellows become proficient at functioning as a member of an inter-disciplinary team managing patients who have post-acute rehabilitation needs and/or have ongoing skilled nursing needs. Assessing cognitive and functional status, manage geriatric syndromes, and incorporate important input from interdisciplinary team members in formulating appropriate discharge goals. The geriatric fellow will become proficient in the managing post-acute care, and in addition will gain a better understanding the important roles each of the interdisciplinary team members.



Fellows will also have the following longitudinal exposures...

- **Didactics:** held weekly and include fellow conferences, case discussions and noon conference.
- **Continuity Clinic:** Fellows will have one half day of Geriatrics primary care outpatient clinic per week. Panel of approximately five patient visits per day promotes training in comprehensive outpatient geriatric assessment and management, complex care coordination and function as a member of a multidisciplinary care team.
- **Home Based Primary Care:** Fellows follow two veterans longitudinally via home visits over the course of the academic year.
- **Wed VA Geriatric Clinic:** Approximately two months of the year (during VA CLC rotation) fellows will have exposure to a consultative Geriatrics outpatient clinic model.
- **Long Term Care:** The Geriatric Fellows will follow six Long Term Care Residents during the full twelve months of clinical training. Geriatric fellows are responsible for seeing three residents once a month.