

Spring 2018



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

Silver Club Memory Programs

Together, we make every moment matter.

Greetings from Silver Club!

It is my pleasure to join the Silver Club team as the program's newest director. In my short time in this role, I have been impressed by the warm welcome given by Silver Club members, families, staff and community partners. I am proud to work for a program in which passion, compassion and creativity are highly valued.

As the weather continues to warm, we are looking forward to exciting opportunities. The Big Hearts for Seniors Fundraiser is an annual event that celebrates older adults. On May 17th, we will be screening "Lives Well Lived; Celebrating the Secrets, Wit & Wisdom of Age" at the Michigan Theater. Proceeds will help support Silver Club, as well as four other community programs: Turner Senior Wellness Programs, Osher Lifelong Learning Institute (OLLI), Housing Bureau for Seniors, and Meals on Wheels.

I wish you all are enjoying the longer days and bright sunshine!

Sincerely,

Shannon Etcheverry, LMSW
Director, Silver Club Memory Programs



Silver Club's New Director, Shannon Etcheverry, L.M.S.W.

Meet Silver Club's New Director, Shannon Etcheverry, L.M.S.W.

We are excited to introduce Shannon Etcheverry, LMSW, as the new Director of Silver Club Programs at the Geriatrics Center. Shannon started in her new position on March 12, 2018.

Shannon graduated with her BSW from Michigan State University in 2008, and with her MSW from the University of Michigan in 2009. She completed her graduate student internship at Community Care Services in Belleville, MI. Shannon spent the last 8 years in Houston, TX, where she worked primarily at the Harris Center as a clinician conducting diagnostic and psychosocial assessments and ongoing case management services to adults, families and older adults with mental health needs. She became a team leader and supervisor providing leadership to both clinical and non-clinical staff. Recently, she was promoted to program manager at the Harris Center, New START program, focusing on policy development, programmatic management, and quality improvement. Shannon has been described by her supervisors and colleagues as an excellent communicator, who is supportive of her team and is consistently "willing to do what it takes for her clients and staff".

Welcome, Shannon!



Ypsilanti Library First Friday Silver Club Art Exhibition & Presentation

“Reinventing Matisse”

- **Date:** May 4, 2018
- **Time:** 5:30PM to 7:30PM
- **Location:** Ypsilanti District Library
229 West Michigan Avenue
Ypsilanti, MI 48197
- **Light refreshments will be provided**

Please join us for the Silver Club Member Spring 2018 art exhibition. Original artwork inspired by the bright colors and organic shapes of artist, Henri Matisse’s later works.

Pat Hall, Silver Club Memory Specialist, will be presenting *“What does Alzheimer’s Disease look like?”* promoting respect and dignity by celebrating the artistic talents of adults living well with memory loss.

The Silver Club art exhibition will run through May 31, 2018. *For more information please contact Silver Club Programs: 734-998-9352.*

- **No Registration Needed**



In his book, [The Meaning of Modern Art](#), John Russells describes Matisse’s large cut-outs as “Images of unflawed and primal happiness”.

Meet Our Staff and Volunteers

Staff: Jessie Butts, Lisa Chasse, Shannon Etcheverry (Director), Patricia Hall, Jeanne Kero, Kalpana Kothari, Danni O’Brien, Elaine Reed, Kathi Tobey, Marianna Voica, Cara Yonovitz

Volunteers: Jasmine Chang, Tiffany Chen, Polly Connor, Vanessa Dinh, Dorothy Doss, Alice Fishman, Lori Fithian, Stephanie Francalancia, Sara Holmes, Ramakrishnan Krishnan, Jennifer Melinsky, Myrna Miller, Katie Munson, Bianca Nelson, Jacqui Roe, Tammy Salo, Natalie Schafer, Jennifer Steiner, Cathy Strachan, Randy Thackston, Gloria Van Alstine & Annie, Mariah, Rubina Veerakone, Mary Wisgerhof, Heidi Yeager

Advisory Council: Beverly Bagozzi, Julie DeLoria, Alice Fishman, Sara Holmes (Council Chair), Leslie Kamil, Jean Kelsey, Clare Kolevar, Myrna Miller, Jacqueline Roe, Cathy Strachan, Julie Young

Silver Club Gardening Club

Welcome to the Silver Club gardening club! With Spring in the air, there is so much to be excited about. Last year, the Silver Club program planted a beautiful vegetable garden in our raised beds. We had tomatoes, zucchini, peppers cucumbers and a fresh herb garden. We are excited and looking forward to having another beautiful vegetable and herb garden this Spring and Summer!

In April, the life skills gardening club will put fresh soil in the garden and pull out the dead weeds while giving the soil some fresh nutrition. We are looking forward to a large portion of our herb garden from last year to re-germinate.

As we start to plan for our outdoor garden we will still be attentive to our indoor gardening cart. We will still have live plants that will be housed in the indoor gardening cart for the club members to maintain and enjoy throughout the summer months.

The garden club will seek donations of tomato plants, dirt, and different gardening plants from Home Depot and Lowes. We hope to share the “fruits of our labors” with all of the Silver Club members, families, and staff.

LIVES WELL LIVED

Celebrating the Secrets, Wit and Wisdom of Age

40 people.
3000 years of
collective life
experience.



A fundraiser benefiting



Ann Arbor Meals on Wheels
Housing Bureau for Seniors
Osher Lifelong Learning Institute
Silver Club Memory Programs
Turner Senior Wellness Program



Thursday, May 17th - Michigan Theater

Trailer, ticket & event information: www.med.umich.edu/geriatrics/bhs

6:15 Bidding ends for Silent Auction
6:30 Entertainment
7:00 Film & Discussion

Q&A with film director Sky Bergman

Event Emcee: Rob Reinhart, Acoustic Café
Honorary Chair: Victor J. Strecher, PhD, MPH
Director for Innovation & Social Entrepreneurship
University of Michigan School of Public Health

Check out the silent auction -
visit the BHS website!

VIP Reception & Movie \$60
5:30-6:15 p.m.

General Admission \$15
Doors open at 6:15 p.m.

Big Hearts for Seniors | 2401 Plymouth Rd. Suite C | Ann Arbor, MI 48105 | 734-998-9350



WHAT IS A LIFE WELL LIVED?

Lives Well Lived is a feature documentary film by Sky Bergman that celebrates the incredible wit and wisdom of adults 75 to 100 years old who are living their lives to the fullest. Encompassing over 3000 years of experience, forty people share their secrets and insights to living a meaningful life. Their intimate memories and inspiring personal histories will make you laugh, perhaps cry, but mostly inspire you.

To view more about “Lives Well Lived”, please visit www.lives-well-lived.com/



As we say hello to our new Director Shannon Etcheverry, we say goodbye to Kaity Sinke. Kaity was a valuable member of the Silver Club staff. She used her Master’s degree in Dance Therapy to bring new and exciting

classes to our club members. From yoga, to mediation, to creative movement groups, Kaity added an element of creativity and inclusivity for our club members. We are happy to report that Kaity is excitingly preparing for her upcoming July wedding and has a new position closer to where she and her new husband will live. Congratulations Kaity!



Silver Club Memory Programs
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

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An Opportunity to Support Silver Club

The goal at Silver Club is to always accept families in need, even if they are experiencing financial difficulties. We use a sliding-fee scale so that each family pays what it can afford. The balance comes from grants and assistance from a wide array of supporters.

We are so grateful to Silver Club families and friends for their generous support of our programs in whatever way they feel comfortable.

How You Can Help:

Be an ambassador – promote the Silver Club by referring families who are caring for a person with memory loss to our programs.

Volunteer – if you have time, there are many ways to help, including spending time with members during program hours, participating on Silver Club committees, or helping with special, time-focused projects.

Make a gift – the Silver Club relies significantly on public funding and contributions. “Gifts in kind” such as artwork, books and equipment make an immediate impact. The easiest way to make a monetary gift is through our online link:

<https://leadersandbest.umich.edu/find/#/give/basket/fund/367384>.

For more information about giving, contact us at (734) 998-9352.

Contact Information

Silver Club Memory Programs
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

Phone: (734) 998-9352

GerMedSilverClub@umich.edu

Www.facebook.com/SilverClubMemory

9:00 AM - 5:00 PM, Mon-Fri

Sponsors & Community Partners

Silver Club is primarily funded by donations and member fees. We are also supported by:

- U-M Geriatrics Center
- Ann Arbor Area Community Foundation
- Area Agency on Aging 1-B
- Brookdale National Group Respite Program
- Friends of the U-M Hospital
- Medicaid Waiver Program
- Veterans Affairs