Silver Club Memory Programs
@ Turner Senior Resource Center

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michmed.org/silver-club-memory

Silver Club is funded in part by the Federal Older Americans Act and Michigan Health Aging and Services Administration through the Area Agency on Aging 1-B. Silver Club complies with the terms and regulations of Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973. Reasonable accommodation will be provided upon request.

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OUR PROMISE

Silver Club promises a safe, stimulating environment for adults with memory loss to participate in activities, share stories, and have fun. The Silver Club’s unique approach offers caregivers the opportunity to recharge while their relative enjoys participating in music programs, creating art, and socializing with friends. Our innovative programming is tailored to each person’s needs and interests. Silver Club staff strive to provide a positive experience for members and their families. We live by our motto - “Together, we make every moment matter.”

PROGRAMS

Silver Club Programs are part of the University of Michigan Geriatrics Center. Prescreening is required for prospective members. All programs are held at Turner Senior Resource Center (TSRC) and cost is based on ability to pay.

Mild Memory Loss

We have several programs designed for adults with mild memory loss, mild cognitive impairment, or early stage Alzheimer’s disease. Each of these programs offers members an opportunity to keep their minds active by talking and learning with peers, playing engaging brain games, enjoying cultural outings, and learning about memory loss and coping strategies. Days and hours vary based on the program.

Moderate Memory Loss

Silver Club Day Enrichment Program is for adults with moderate memory loss. Members enjoy a variety of stimulating activities to help foster friendship and socialization, including:

- Live music
- Fitness
- Art
- Gardening
- Service projects
- Brain games
- Family-style meals
- Trivia
- Brain games
- Family-style meals
- Trivia

Days/Hours: Monday-Friday, 10:00am - 3:30pm

PROGRAM BENEFITS

- Shared, meaningful experiences between Silver Club members and caring staff
- Respite and peace of mind for Silver Club families while loved ones are in a safe and nurturing environment
- Program activities with students from area universities and high schools
- Program staff with a range of backgrounds including social work and the fine arts
- Assistance connecting with community resources to support members and their families including support groups, in-home care, and more

“From a caregiver’s perspective, Silver Club offers much more than respite. The staff gave me comfort, useful information, and feedback on my husband’s interactions while attending the program.” - Silver Club Family Member