

Summer 2019



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

Silver Club Memory Programs

Together, we make every moment matter.

Greetings from Silver Club!

We had a very rainy spring and I'm happy to report that the season finally took a turn to bringing us more sunshine! One benefit is that the Silver Club garden is thriving! If you get an opportunity, stop to smell and admire the flowers our members have enjoyed planting and caring for.

The Big Hearts for Seniors 14th annual event was an enormous success! It was a lively evening where hundreds gathered to raise funds for five community programs that serve older adults (including Silver Club). The event raised \$70,000 which is the most that this event has ever raised! Thank you to those that attended, donated and supported us for this event.

Sincerely,

Shannon Etcheverry, LMSW
Director, Silver Club
Memory Programs

TimeSlips Story Creation Fun

We've been having fun at Silver Club tapping into our creativity and imagination. Elaine Reed and Bri Broderick are certified trainers for the TimeSlips creative storytelling approach. They joined us on Tuesday, April 2 to guide us through the process. TimeSlips is an interactive method developed by Anne Hastings, that promotes creative engagement and imagination.

Elaine and Bri presented to the women's Elderberry Group first, and later that day joined Silver Club members. The same image was the inspiration for each group's story, but each came up with very different stories and insights using the same inspiration.

The TimeSlips process allows leaders to interpret and weave each part of the story together to create a finished product. This helps members tap into their creative side. Everyone has the capacity for creativity. There are no "wrong" answers or thoughts. Each person's insights are transcribed and shared with the group. It's was a very empowering process for the members.

Titles of stories created that day: Elderberry Club - "Girls Night Out; Everything We Love - Rebellious Women!, Rebels Without a Cause" Silver Club - "Happy Ending, Ohh lah lah, Welcome to Las Vegas". Elaine and Bri also joined us at when we visited the UMMA, using one of the Inuit pieces as inspiration - Silver Club Story title was "Surreal Alaska".

We look forward to many more adventures! The TimeSlips program was so much fun, lots of laughter, and creativity was flowing!



New Faces Around Silver Club

When you come to Silver Club for a visit, you'll notice a few new faces. Porchia Hardwick, Halley Douglas and Kathy Winchell have joined our team in the roles of Administrative Assistant and Activity Therapist. We are excited to have them onboard and looking forward to having them along with all our future ventures.



My name is Porchia Hardwick and I am the Administrative Assistant for Silver Club. I take care of the paperwork aspect of the program to try to make sure things run smoothly. Even though most of my work sits me in front of the computer, I do enjoy coming out of my office to interact with the club members. Overhearing their laughter from the daily activities makes you want to step out and be involved.



My name is Kathy Winchell and I am an Activity Therapist Associate for Silver Club. I graduated from EMU with a BS in Musical Therapy. I play piano, organ, clarinet and guitar. I'm pleased to be on staff for Silver Club. The club members are wonderful. I once had a member tell me that they really enjoy the music as it is uplifting.



My name is Halley Douglas I am an Activity Therapist Associate for Silver Club. I received my BFA in Painting from the Art Academy of Cincinnati, OH and then my MS in Art Therapy and Professional Counseling from Mount Mary University in Milwaukee, WI. I'm so happy to join the staff and club members. It is so much fun to sing, make art, garden and engage in all the other activities with everyone. I'm looking forward to all the upcoming adventures.



Big Hearts for Seniors 2019

Our 14th Big Hearts for Seniors (and 6th year presenting a film) was our best to date thanks to your generosity!

We welcomed over 450 attendees and raised over \$70,000! This compares to the past two year totals of \$30,000 and \$50,000.

We have received a lot of positive feedback. One person wrote: "I loved the movie – what a kind and loving family! I think the movie should be shown to an audience of young adults. We are all aging and this was an honest portrayal of a family who chose humor over tears." We hope everyone who was able to attend was left feeling a similar sense of respect and gratitude.

Please know your generosity is appreciated by all five programs and they will continue to strive to go above and beyond to serve older adults in our community.



"Thank You Silver Club!"

As I start this next chapter in my journey, I just wanted to take some time and thank everyone for making my experience here so memorable and educational. I am so fortunate that I had the privilege of meeting such extraordinary and kind staff who took me under their wing and gave me an experience I will never forget and always cherish. The most important part of my journey, however, was the lovely people that come every day to Silver Club. From the moderate program to the early stage I have had the privilege of meeting some of the most amazing people I have ever met. The members are what makes this program so unique and incredibly breathtaking. From Ann Arbor to Chelsea, I have been so incredibly enriched by the vast wealth of knowledge that these members have given me.

Thank you all,

Maryanne Connor
MSW Silver Club Intern

Leslie Science and Nature Center visit Silver Club to educate on birds of prey



Meet Our Staff and Volunteers

Staff: Halley Douglas, Shannon Etcheverry (Director), Jeanne Hagadone, Patricia Hall, Porchia Hardwick, Lyn Kelly, Jeanne Kero, Kalpana Kothari, Danni O'Brien, Kathi Tobey, Marianna Voica, Kathy Winchell

Volunteers: Susan Aramaki, Neal Captain, Tiffany Chen, Polly Connor, Erin Day, Jerry DePuit, Dorothy Doss, Zoe Finer, Alice Fishman, Lori Fithian, Stephanie Francalancia, Pat Grimes, Natalie Grossman, Charlie Goldberg, Samantha Guagliardo, Sara Holmes, Daniella Kay, Sara Keller, Jeanette & Rol Kibler & Stout, Rebecca Kline, Abhinaya Krishnaraj, Evan Luo, Jennifer Melinsky, Myrna Miller, Rachel Mount, Katie Munson, Roger Parker, Jacqui Roe, Gavin Shresta, Jennifer Steiner, Cathy Strachan, Randy Thackston, Jaya Thyagarajan, Gloria Van Alstine, Romeo and Juliet, Mariah, Mary Wisgerhof, Gabrielle Xilas, Heidi Yeager

Advisory Council: Julie DeLoria, Leslie Kamil, Clare Kolevar, Myrna Miller, Jacqueline Roe, Cathy Strachan, Julie Young



Silver Club Memory Programs
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

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An Opportunity to Support Silver Club

The goal at Silver Club is to always accept families in need, even if they are experiencing financial difficulties. We use a sliding-fee scale so that each family pays what it can afford. The balance comes from grants and assistance from a wide array of supporters.

We are so grateful to Silver Club families and friends for their generous support of our programs in whatever way they feel comfortable.

How You Can Help:

Be an ambassador – promote the Silver Club by referring families who are caring for a person with memory loss to our programs.

Volunteer – if you have time, there are many ways to help, including spending time with members during program hours, participating on Silver Club committees, or helping with special, time-focused projects.

Make a gift – the Silver Club relies significantly on public funding and contributions. “Gifts in kind” such as artwork, books and equipment make an immediate impact. The easiest way to make a monetary gift is through our online link:

<https://leadersandbest.umich.edu/find/#/give/basket/fund/367384>.

For more information about giving, contact us at (734) 998-9352.

Contact Information

Silver Club Memory Programs
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

Phone: (734) 998-9352

GerMedSilverClub@umich.edu

Www.facebook.com/SilverClubMemory

9:00 AM - 5:00 PM, Mon-Fri

Sponsors & Community Partners

Silver Club is primarily funded by donations and member fees. We are also supported by:

- U-M Geriatrics Center
- Area Agency on Aging 1-B
- Brookdale National Group Respite Program
- Friends of the U-M Hospital
- Medicaid Waiver Program
- Veterans Affairs