

Winter 2019



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

Silver Club Memory Programs

Together, we make every moment matter.

Greetings from Silver Club!

The new year is a chance for us to reflect on 2018, while looking towards what 2019 will bring. The last few months Silver Club has had the opportunity for plenty of fun, philanthropy and friendship.

In October, Silver Club staff, volunteers, and member families participated in the Alzheimer's Association's Walk to End Alzheimer's. We partnered with the University of Michigan Geriatric Center and the Michigan Alzheimer Disease Center to raise funds for Alzheimer's research.

The months of November and December were busy and festive for Silver Club. We had numerous visitors including the Dexter Dulcimer Players, the Voices Valiant Choir, and a representative from Lodi Farms. It seems as though a week didn't go by without some kind of party! We immensely enjoyed the opportunity to come together and celebrate the season with our members and families. I wish everyone a happy New Year!

Sincerely,

Shannon Etcheverry, LMSW
Director, Silver Club Memory Programs



Silver Club Joined Michigan Med Team for 2018 Alzheimer's Association Walk

This year, Silver Club joined the Michigan Medicine Team (which included the Michigan Alzheimer's Disease Center and Social Workers from the Turner Geriatric Clinic) to participate in the Alzheimer's Association Walk to End Alzheimer's. The Walk took place on Sunday, Oct. 7th at Washtenaw Community College.

Silver Club walked a designated loop around campus to honor those affected by Alzheimer's disease. The walk began with the poignant Promise Garden ceremony.

Participants each received a special flower representing their promise to remember, honor, care and fight for those living with Alzheimer's disease and their caregivers.

Each color of the flowers represented the diverse motivations of the walkers (BLUE: I have Alzheimer's/dementia; YELLOW: I am supporting or caring for someone with Alzheimer's/dementia; PURPLE: I have lost someone to Alzheimer's/dementia; ORANGE: I support the cause and the Alzheimer's Association vision of a world without Alzheimer's).

Everyone walked the route together holding their 'Promise Flowers'.

It was a great day with thousands of participants supporting and representing the fight against this terrible disease. The Silver Club walkers were also joined again this year by one of the TheraPaws cuties, Robin, the wonder dog and his parents! It was truly an uplifting experience.

Please join the Silver Club in supporting the Walk to End Alzheimer's next year.

Chelsea Coffeehouse

With grant funding from the Brookdale National Group Respite Program, Silver Club will start a new Mild Memory Loss outreach group in Chelsea this winter. Using our long-standing Coffeehouse Wellness Seminar model, this group aims to provide a safe, positive, strength-based environment to allow participants to learn, share, and engage together. Based on camaraderie, mental exercise, memory techniques, and humor, this weekly program will offer a supportive peer community for those who are interested in a whole brain approach to living with cognitive change. We are excited to partner with the Chelsea Senior Center, who will be providing space for our weekly group to meet, as well as support any connections to the greater Chelsea area. Together, we hope to bring the experience of the Silver Club staff and programs, along with the local Chelsea Senior Center staff expertise, to provide a much-needed community resource. For more information about this group, please contact either the Silver Club Memory Loss Programs (734-998-9352) or the Chelsea Senior Center (734-475-9242).

Holiday Music and Visitors

This holiday season has been filled with much laughter, smiles and great music. In November, Roger, who is a former pastor in Tennessee, and his bride of over sixty years relocated to Michigan to be closer to their adult children. As a result of his move to Michigan, he now volunteers his musical talents with the Silver Club Programs. He plays the piano and sings with the members of Silver Club.

On December 11th, Silver Club was honored to have the Gabriel Richard High School choir come and visit with a beautiful set of songs. It was such a delight to have such an engaging intergenerational activity!

On December 12th the Dexter Dulcimers senior group came with their Dulcimer instruments and played an hour of Christmas music. Our club members enjoyed the songs and the beautiful sounds from the dulcimers.

On Tuesday, December 18th Donna, a volunteer at the Turner Senior Resource Center (TSRC) came to Silver Club with her fiddle and played for our members. It was wonderful to see the members dance and sing.

On December 19th, Beth Spencer, former director of Silver Club Programs, joined in the musical fun as well and visited with her choir, Voices Valiant, to sing Christmas carols. It was a delight to see our former Director back at Silver Club and providing such a lovely experience.

Thank you to everyone who participated with us this Holiday season!



The Dexter Senior Dulcimer Players

Silver Club's Colorful Holiday Project

This year, the Silver Club's December creative project was to glue together and paint a wooden birdhouse. The birdhouses were designed specifically for our members by Dick Beckman, retired Director of the Media Development Center at the University of Wisconsin. Mr. Beckman and his wife Luanne, live in Wisconsin in the Summer and Arizona in the Winter. Silver Club's Art Coordinator, Jeanne Kero, has been friends with the Beckmans for many years. The Silver Club staff and members are very grateful to Mr. Beckman for the carefully cut wood pieces he provided as well as all of the needed attachments (i.e. screws and wire).

Our Silver Club woodworkers included three women and six men. They worked very hard and were extremely proud of their birdhouses. According to Silver Club's, Jeanne Kero, "Building is not one of my skills, so I was saved from a big mistake by current Silver Club member, Frank, who has woodworking experience!"

Thank you to our volunteers, Jacqui Roe, Steve Manville, and staff member, Danni O'Brien. It took Silver Club members four sessions to complete the birdhouses, but once they were finished, the project turned out to be one of the most fun and rewarding art pieces!

We would like to thank Ace Barnes Hardware on Washtenaw Ave in Ann Arbor for their generous donation of paint. They helped make our birdhouses even more beautiful!



Meet Our Staff and Volunteers

Staff: Ashley Briskie, Lisa Chasse, Shannon Etcheverry (Director), Jeanne Hagadone, Patricia Hall, Lyn Kelly, Jeanne Kero, Kalpana Kothari, Danni O'Brien, Julie Skinner, Randy Thackston, Kathi Tobey, Marianna Voica

Volunteers: Susan Aramaki, Tiffany Chen, Polly Connor, Erin Day, Jerry DePuit, Dorothy Doss, Alice Fishman, Lori Fithian, Stephanie Francalancia, Pat Grimes, Sara Holmes, Sara Keller, Jeanette & Rol Kibler & Stout, Abhinaya Krishnaraj, Evan Luo, Jennifer Melinsky, Myrna Miller, Katie Munson, Roger Parker, Jacqui Roe, Gavin Shresta, Jennifer Steiner, Cathy Strachan, Randy Thackston, Jaya Thyagarajan, Gloria Van Alstine & Annie, Mariah, Mary Wisgerhof, Heidi Yeager

Advisory Council: Beverly Bagozzi, Julie DeLoria, Alice Fishman, Sara Holmes (Council Chair), Leslie Kamil, Jean Kelsey, Clare Kolevar, Myrna Miller, Jacqueline Roe, Cathy Strachan, Julie Young



Silver Club Memory Programs
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

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An Opportunity to Support Silver Club

The goal at Silver Club is to always accept families in need, even if they are experiencing financial difficulties. We use a sliding-fee scale so that each family pays what it can afford. The balance comes from grants and assistance from a wide array of supporters.

We are so grateful to Silver Club families and friends for their generous support of our programs in whatever way they feel comfortable.

How You Can Help:

Be an ambassador – promote the Silver Club by referring families who are caring for a person with memory loss to our programs.

Volunteer – if you have time, there are many ways to help, including spending time with members during program hours, participating on Silver Club committees, or helping with special, time-focused projects.

Make a gift – the Silver Club relies significantly on public funding and contributions. “Gifts in kind” such as artwork, books and equipment make an immediate impact. The easiest way to make a monetary gift is through our online link:

<https://leadersandbest.umich.edu/find/#/give/basket/fund/367384>.

For more information about giving, contact us at (734) 998-9352.

Contact Information

Silver Club Memory Programs
2401 Plymouth Road, Suite C
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Phone: (734) 998-9352

GerMedSilverClub@umich.edu

Www.facebook.com/SilverClubMemory

9:00 AM - 5:00 PM, Mon-Fri

Sponsors & Community Partners

Silver Club is primarily funded by donations and member fees. We are also supported by:

- U-M Geriatrics Center
- Area Agency on Aging 1-B
- Brookdale National Group Respite Program
- Friends of the U-M Hospital
- Medicaid Waiver Program
- Veterans Affairs