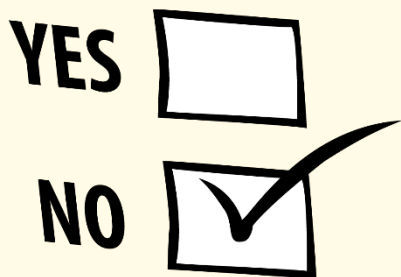


# Is It Worth It?

## Sleeve gastrectomies for people with BMI less than 35

### Old guidelines



*Procedure not indicated for those with BMI <35 guidelines set in 1991*

### New research



*Data showed BMI<35 cohort saw greater benefit from the surgery*

### Time to adjust?



*Waiting until patients hit BMI threshold means comorbidities compound*



Is it worth it to the patient and is it worth it as clinicians to pursue it? Based on metrics of disease resolution, the answer is yes.



**Oliver A. Varban, MD**  
Assistant Professor of Surgery  
February 20, 2020